

# Antiproliferative Activity of the Chinese Medicinal Compound, Delisheng, Compared With Rg3 and Gemcitabine in HepG2 Cells

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Wang, *et al.*: The Effect of DLS on HepG2

Delisheng consists of radix ginseng, radix astragali, venenum bufonis and mylabris. It has been reported that delisheng inhibits the proliferation of adenocarcinoma cells and stimulates their apoptosis. Delisheng can also enhance the body's immunity and induce the redifferentiation of carcinoma cells. Delisheng inhibited the proliferation of HepG2 cells in MTT assay and promoted apoptosis more effectively in contrast to the active components of ginseng extract, Rg3 and gemcitabine. It is possible that Rg3 has an important role in delisheng because they all could regulate the cell cycle, apoptosis and expression of endostatin and VEGFR-2. Delisheng caused the cell cycle to arrest at the S phase, while gemcitabine blocked the cells at the G0/G1 phase in cell cycle analysis. Consequently, the apoptosis rate of the HepG2 cell line can be increased significantly by delisheng in combination with gemcitabine, compared with the single drug. The expression of the procaspase proteins, caspase protein, and dr5 detected by Western blot were increased while bcl-2 and survivin decreased in the delisheng group, compared with controls. The observations suggest that the delisheng induced apoptotic effect might be closely related to the mitochondrial apoptosis pathway, and the death receptor signaling pathway.

**Key words:** Apoptosis, Delisheng, HepG2 cell, proliferation, traditional Chinese medicine

Hepatocellular carcinoma (HCC) is a highly malignant tumour of the digestive system. At present, its incidence is increasing in the world, and it is a major health concern worldwide because of its high morbidity and mortality, and a poor prognosis<sup>[1]</sup>. Potential curative treatments for HCC include hepatic resection, local ablative therapies, systemic treatment and liver transplantation<sup>[2]</sup>. Surgery is the most effective treatment, but unfortunately it is feasible in only 10-20% of patients, because a majority of HCC patients present at advanced or unresectable stages of the disease. Even for those eligible for surgical resection, the postoperative recurrence rate can be as high as 50% in 2 years. Chemotherapy could be an option as an alternative to improve the prognosis of HCC. In general, however patients with HCC do not respond well to chemotherapy, and get no survival benefits<sup>[3-6]</sup>. In addition, for some intermediate and terminal patients, the tolerable doses

of chemotherapy are quite low, because of impaired liver function and other complications. As a result, systemic chemotherapy for HCC has been quite ineffective. Moreover, there are very few therapeutic drugs against HCC. Therefore, finding a new method or drug which has better efficiency and lower toxicity will make a significant contribution to the treatment of HCC patients.

Fortunately, traditional Chinese medicines have been shown to have a marked therapeutic effect against many types of cancers such as esophageal cancer<sup>[7]</sup>, lung cancer<sup>[8]</sup>, hepatocellular cancer<sup>[9]</sup> and colonic carcinoma<sup>[10]</sup>. They have gained wide acceptance as a safe, palliative and effective treatment in China because of their unique advantages<sup>[11,12]</sup>. Delisheng (DSL), as a multicomponent antitumour drug, is the first traditional Chinese drug which gains the second kind of new drug certificate in China. DSL is composed of radix ginseng, radix astragali, venenum bufonis and mylabris. It has been reported that DSL has a strong inhibitory effect on the growth

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of some carcinoma cell lines<sup>[13,14]</sup>. Furthermore, it can also stimulate immunity, augment the effects of surgery, chemotherapy or radiotherapy, and improve the clinical symptoms and quality of life in patients with late-stage HCC<sup>[15,16]</sup>. As DSL is attractive as a natural product for medicinal use, increasing attention is being paid to its scientific evaluation and its possible molecular mechanisms.

In this study, we confirmed that DSL inhibits the proliferation of the HepG2 cell line. We then compared the role of DSL, and the active components of ginseng extract, Rg3 and gemcitabine (GEM), in cell cycle, apoptosis and expression of VEGFR-2 and endostatin (ES). We demonstrated that both Rg3 and DSL have effects on these processes but the latter is more powerful, and cannot be substituted by Rg3. DSL blocked the cells in the S phase, while GEM arrested the cells in the G0/G1 phase. Consequently, DSL combined with GEM could strengthen its capability against cancer. Moreover, molecular analysis of the apoptosis pathway revealed that the expression of dr5, pro-caspase and caspase proteins increased, while the level of bcl-2 and survivin decreased. These observations indicated that DSL induces apoptosis most likely via both mitochondrial and death receptor pathways.

## MATERIALS AND METHODS

The human hepatoma cell line HepG2 was cultured in RPMI 1640 with 10% fetal bovine serum and 2 mM L-glutamine (Gibco/BRL). The effects of DSL (Zhengbang Pharmaceutical Company, Beijing, P.R. China), Rg3 (Fusheng Nature Pharmaceutical Company, Dalian, P.R. China) and GEM (Haosen Pharmaceutical Company, Jiangsu, P.R. China) were evaluated according to previously described method<sup>[10]</sup>. The  $IC_{50}$  was calculated using the SPSS 13.0 software to standardise drug administration in the following experiments. 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) was purchased from Sigma, St Louise, MO, USA. Mouse monoclonal antibodies against human ES, VEGFR-2, caspase-3, caspase-8, caspase-9, dr5, bcl-2, and surviving were purchased from Santa Cruz Biotechnology Inc., Texas, USA.

### MTT cell viability assay:

Cells were seeded in 96 well plates at 1000 cells per well in 200  $\mu$ l of medium the day before the experiment. DSL, Rg3 and GEM were added to the

cells at the indicated concentrations (DSL: 3.125, 6.25, 12.5, 25, 50 and 100  $\mu$ g/ml; Rg3: 5, 10, 20, 40, 80 and 160  $\mu$ g/ml; GEM: 0.158, 0.316, 0.625, 1.25, 2.5 and 5  $\mu$ g/ml). Cell growth was assayed at 24, 48 and 72 h after drug treatment, by aspirating half of the medium (100  $\mu$ l) and adding an equal volume of fresh medium containing MTT (1 mg/ml). Cells were incubated further at 37 $^{\circ}$ , 5% CO<sub>2</sub> for 4 h, and 150  $\mu$ l of dimethyl sulphoxide (DMSO, Sigma, USA) was added to each well, followed by mixing at room temperature for 10 min. The absorbance of the supernatant was measured at 570 nm using a Multifunction microplate reader (POLARstarOPTIMA, BMG, Germany). The inhibition of cell viability was calculated by the formula, %inhibition=[1-(A570 nm/A'570 nm)] $\times$ 100, where A570 nm is from the treated cells and A'570 nm is from the untreated cells. Each experiment was repeated at least three times.

### Cell cycle analysis:

Cells were treated by drugs (DSL 25  $\mu$ g/ml, Rg3 80  $\mu$ g/ml and GEM 2.5  $\mu$ g/ml) for 24 h. After 24 h intervention by drugs, treated and untreated cells ( $1\times 10^6$ ) were collected and washed with PBS, then fixed in 75% alcohol for 30 min at room temperature. The cells were washed three times with cold PBS, and resuspended in 1 ml PBS containing 40  $\mu$ g propidium iodide (PI, Sigma) and 100  $\mu$ g RNase A (Sigma), and incubated at 37 $^{\circ}$  for 30 min. Samples were analysed for DNA content using a FACScalibur<sup>TM</sup> instrument (BD Immunocytometry Systems, San Jose, CA). Each experiment was repeated at least three times.

### Apoptosis:

Following treatment by drugs (DSL 25  $\mu$ g/ml, Rg3 80  $\mu$ g/ml and GEM 2.5  $\mu$ g/ml) for 24 h, apoptotic cells in the population were detected using the AnnexinV-FITC apoptosis Detection KIT I (Pharmingen, San Diego, CA), according to the manufacturer's instructions. Briefly, cells were washed twice with cold cell staining buffer, and then cells were resuspended in Annexin V binding buffer at a concentration of  $1\times 10^6$  cells/ml. Annexin V-FITC (5  $\mu$ l) and 7-AAD viability staining solution (5  $\mu$ l) were added in 100  $\mu$ l cell suspension in a 5 ml test tube. Cells were gently vortexed and incubated for 15 min at room temperature (25 $^{\circ}$ ) in the dark. 400  $\mu$ l of Annexin V binding buffer was added to each tube, and cells were analysed by flow cytometry with proper machine settings.

### Immunohistochemical staining:

The immunohistochemical staining (IHC) was performed as per the reported procedure<sup>[17]</sup>. Briefly, a layer of appropriate size glass coverslips were placed in 24-well plates, and  $1 \times 10^4$  cells were seeded in the wells. After treatment by drugs (DSL 25  $\mu\text{g/ml}$ , Rg 3 80  $\mu\text{g/ml}$  and GEM 2.5  $\mu\text{g/ml}$ ) for 24 h, the cells were fixed with 4% polyoxymethylene. Following quenching endogenous peroxidase with 3%  $\text{H}_2\text{O}_2$  in methanol for 15 min, the cells were incubated for 30 min using block buffer (3% bovine serum albumin (BSA) and 0.1% Triton-100). The cells were then incubated overnight at 4° with mouse monoclonal antibodies against human ES, VEGFR-2, caspase-3, caspase-8, caspase-9, dr5, bcl-2 and survivin in 1:200 dilution. The next day, the cells were incubated with secondary antibody for 2 h at room temperature. The bound secondary antibody was visualised by the activity of the horseradish peroxidase conjugate using 3,3-diaminobenzidine tetrahydrochloride (Sigma, UK) as a substrate. The cells were counter-stained with hematoxylin. For semiquantitative evaluation of the IHC by Image-Pro Puls (IPP) 5.1 image analysis software, 20 random visual fields were examined using the LeicaQ550cw image analysis system (Germany).

### Western blotting:

After treatment by drugs (DSL 25  $\mu\text{g/ml}$ , Rg3 80  $\mu\text{g/ml}$ , GEM 2.5  $\mu\text{g/ml}$ ) for 24 h, the cells were lysed in the RIPA buffer (50 mM Tris-Cl, pH 7.4, 150 mM NaCl, 1 mM  $\text{MgCl}_2$ , 0.5% NP-40, 1 mg/ml BSA, 0.1 mM PMSF). The untreated cells were used as controls. Protein concentrations in the cell extracts were determined using the BCA Protein Assay reagents (Pierce Biotechnology, Rockford, USA), according to the manufacturer's instructions. Samples were separated by SDS-10% polyacrylamide gel electrophoresis, and were electroblotted onto polyvinylidene difluoride membranes. Membranes were probed with monoclonal mouse antibodies against human pro-caspase-3, pro-caspase-8, pro-caspase-9, bcl-2, survivin and  $\beta$ -actin protein at appropriate dilutions, followed by incubation with horseradish peroxidase-conjugated secondary antirabbit or antimouse IgG antibody (Sigma, USA). Blots were developed using an enhanced chemiluminescence system (Roche, Basel, Switzerland).

### Statistical analysis:

Data was reported as means $\pm$ SD. The paired *t*-test was used for statistical analysis and  $P < 0.05$  was considered statistically significant.

## RESULTS

### DSL blocked HepG2 cells in S phase:

The sensitivity of HepG2 cell lines to DSL, Rg3 and GEM was investigated using the MTT assay (fig. 1) after treatment for 24 h (fig. 1a), 48 h (fig. 1b) and 72 h (fig. 1c). When drug concentrations and the time of incubation were increased, cell inhibition ratios in all groups increased. The  $\text{IC}_{50}$  values for DSL, Rg3 and GEM were approximately 25, 80 and 2.5  $\mu\text{g/ml}$ , respectively. DSL and Rg3 both cause the cell cycle to arrest at the S phase. The data in Table 1 show that the percentage of cells arrested in the S phase is higher when they are treated with DSL, compared to that when treated with Rg3 ( $P < 0.05$ ). By contrast, there were more cells in the G0/G1 phase after GEM treatment. Consequently, GEM blocked HepG2 cell proliferation at the G0/G1 phase.

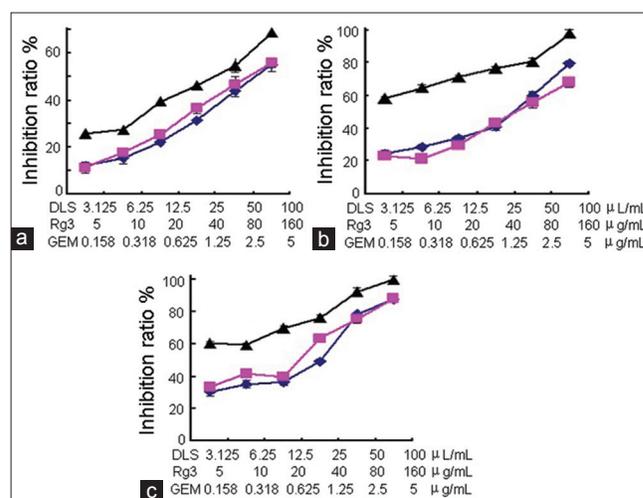
### DSL induced the apoptosis of HepG2 cells:

DSL, Rg3 and GEM induced cell apoptosis compared with controls (fig. 2). The average

**TABLE 1: THE EFFECTS OF DRUG ON CELL CYCLE PROGRESSION**

Cell cycle	G0/G1	S	G2/M
Control	53.4 $\pm$ 2.27	26.92 $\pm$ 1.64	19.68 $\pm$ 1.86
DSL	26.9 $\pm$ 1.32	57.78 $\pm$ 1.68*	15.31 $\pm$ 1.28
Rg3	34.1 $\pm$ 2.03	48.7 $\pm$ 1.57*	17.2 $\pm$ 2.54
GEM	74.31 $\pm$ 2.08*	13.91 $\pm$ 2.18	11.78 $\pm$ 1.52

Percentage of cells in the different phases of the cell cycle. Each experiment was repeated three time (\* $P < 0.05$ )



**Fig. 1: Drug sensitivities of HepG2 cells measured by the MTT assay.** Cell viability following treatment with DSL(- $\blacktriangle$ -), Rg3(- $\blacksquare$ -) and GEM (- $\blacklozenge$ -) for 24 (a), 48 (b), or 72h (c). The dose- and time-dependent effects of the indicated drugs on cell proliferation are presented as the percentage inhibition of cell viability. Data represent as means $\pm$ SD of three experiments (\* $P < 0.05$ ).

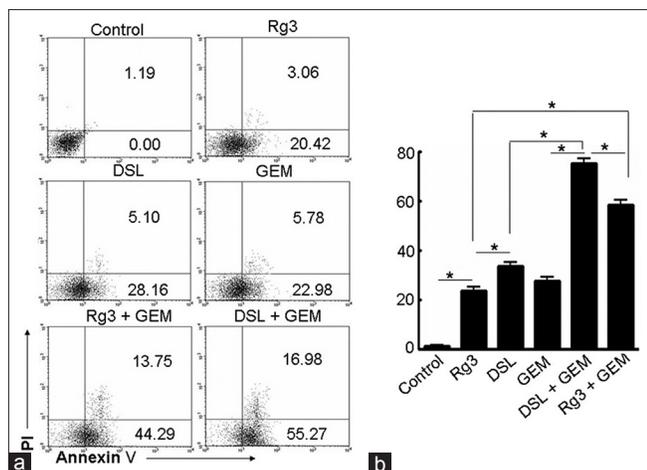


Fig. 2: Cell apoptosis was analysed by Annexin V staining. (a) Apoptosis in cells treated with different drug was detected by annexin V staining. Numbers in the images indicate the percentage of cells. Control means untreated HepG2 cells. (b) Quantification of the apoptotic cell population in A. Data represent the average of three experiments. Bars, means $\pm$ SD (\* $P$ <0.05).

percent of apoptotic cells treated with DSL, GEM, and Rg3 were 33.26, 28.76, and 23.48%, respectively ( $P$ <0.05) (fig. 2a). Thus, the rate of apoptosis is higher in the DSL group than in the Rg3 and GEM groups. It is important to note that the percent apoptotic cells increased to 58.04% in the presence of both Rg3 and GEM. The percentage of apoptotic cells increased to 72.25% when the cells were treated with a combination of DSL and GEM (fig. 2a). The analysis of the percentage of apoptotic cells induced by different condition (fig. 2b) confirmed that DSL combined with GEM enhanced the antitumour activity of DSL.

#### Expression of ES and VEGFR-2 in HepG2 by immunohistochemistry:

IHC analysis demonstrated that vascular endothelial growth factor receptor (VEGFR-2) was down-regulated in DSL group and Rg3 group compared to control, while ES levels were higher in DSL- and Rg3-treated cells (fig. 3). The expression of VEGFR-2 decreased in the GEM group, although the expression of ES was not significantly different between the GEM group and control. Positive staining for VEGFR-2 was observed in both, cell membrane and cytoplasm. ES was detected predominantly in the cytoplasm (fig. 3a). Further analysis showed that the level of VEGFR-2 was lower (fig. 3c) while the level of ES was higher (fig. 3b) in the DSL group than that in the Rg3 and GEM groups. When the drugs were combined, however, the expression of VEGFR-2 and

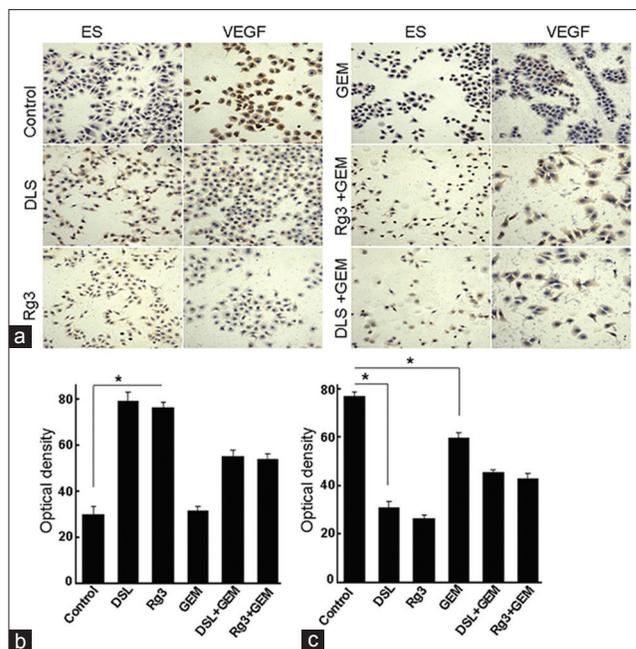


Fig. 3: The expression of ES and VEGFR-2 in HepG2 examined by immunohistochemistry.

(a) HepG2 cells treated with different drugs were stained for ES and VEGFR-2. Cells were counter-stained with hematoxylin, and were photographed under a microscope. The brown point in the picture is positive signal and the control is HepG2 cells without drug treatment. (b) ES and (c) VEGFR-2 are the analysis of the data in A. Positive signals were quantified using Image-Pro Puls 5.1, and were compared for statistical significance. Data represent the average of three experiments. Bars, means  $\pm$  SD (\* $P$ <0.05;  $n$ >3).

ES did not change significantly in comparison with monotherapy.

#### Immunohistochemistry profiling of apoptosis-related protein expression in HepG2 cell treated or untreated by DSL:

Intense staining for caspase-3, caspase-8 and caspase-9 was observed in cells treated with DSL, compared to the untreated control cells. In parallel, the expression of bcl-2 was lower than in control cells. Importantly, dr5 was expressed at a high level in the DSL treated cells group, while survivin was down-regulated (fig. 4). Caspase-3, caspase-8, caspase-9, and bcl-2 proteins were expressed both in the cell membrane and in the cytoplasm, but the levels in the cytoplasm were higher. Survivin protein was detected in cytoplasm, while dr5 was located mainly in the cell membrane (fig. 4a).

#### The expression of pro-caspase-3, pro-caspase-8, pro-caspase-9, dr5, bcl-2 and survivin in HepG2 cells, with or without DSL treatment:

We also examined by western blot the zymogens of caspase, dr5, bcl-2 and survivin. DSL treatment

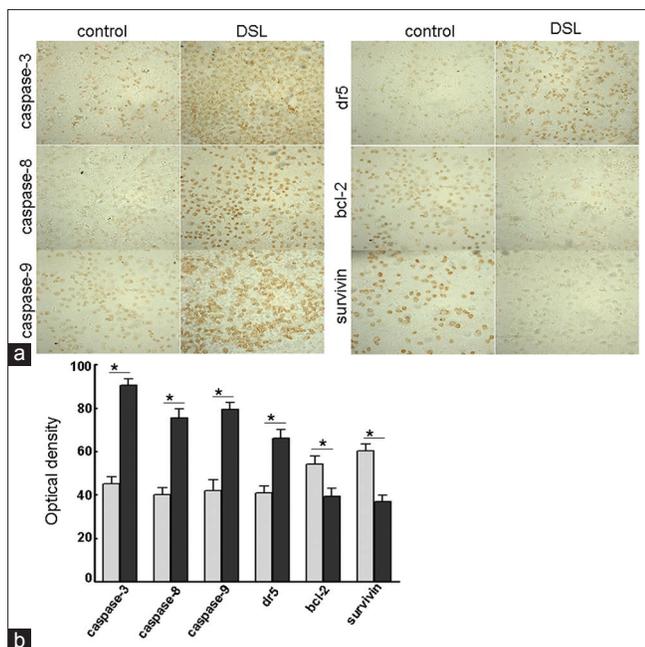


Fig. 4: Immunohistochemistry profiling of apoptosis-related protein expression in HepG2 cell treated or untreated by DSL.

(a) Representative staining results are shown for caspase-3, caspase-8, caspase-9, bcl-2 and survivin. Cells were not counter-stained. (b) Quantitative analysis of the data in A, using Image-Pro Puls 5.1. Data represent the average of three experiments. Bars indicate means  $\pm$  SD (\* $P$  < 0.05;  $n$  > 3). ■ Control; ■ DSL

induced the expression of procaspase-3, procaspase-8, procaspase-9 and dr5 and caused a decrease in the expression of survivin and bcl-2 (fig. 5).

## DISCUSSION

Hepatocellular carcinoma (HCC) is the sixth most common cancer in the world in terms of incidence, accounting for approximately 630 thousand new cases per year; in addition, HCC is the third most common cause of cancer death. The standard treatment in the early stages of the disease, such as surgical resection, local ablation and liver transplantation, are able to cure a proportion of patients, but most cases of HCC present in advanced stages, precluding the use of such treatments with curative intent. In these advanced stages, systemic treatments are commonly used. Unfortunately, chemotherapy with conventional cytotoxic agents, such as doxorubicin, cisplatin, and capecitabine, is ineffective and does not seem to modify the natural history of disease. Traditional Chinese medicines have been used clinically for more than 5000 years in China and Asia. There is abundant evidence that traditional Chinese medicine has a marked effect on the treatment of several diseases, including tumours<sup>[11,12]</sup>. DSL is a common

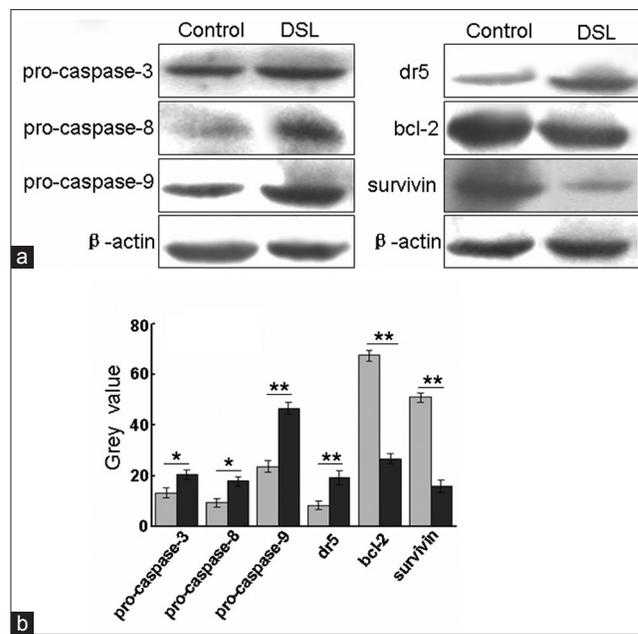


Fig. 5: The expression of pro-caspase-3, pro-caspase-8, pro-caspase-9, dr5, bcl-2, and survivin in HepG2 cells, with or without DSL treatment.

Cell lysates were prepared from HepG2 cells treated with DSL or untreated. (a) Western blotting analysis was performed to detect the expression of the indicated proteins, with  $\beta$ -actin as a reference control. (b) Quantification and summary of the apoptotic cell population in 5a. ■ Control; ■ DSL

Chinese medicinal compound, whose composition includes radix ginseng, radix astragali, venenum bufonis, and mylabris. Analysis of many clinical reports has shown that DSL can be used in patients who are unwilling to or cannot accept surgery, chemotherapy or radiotherapy<sup>[13,14]</sup>. Moreover, DSL can reinforce the immunity of patients, and augment the effects of surgery, chemotherapy or radiotherapy. The mechanisms of action of DSL, however, are still unclear.

We have found that DSL can inhibit cell proliferation in a dose- and time-dependent fashion. Although DSL has potential advantages, its irritation of veins has hampered its application in clinical practice. Panaxoside, is one of the active components of ginseng extract and has caused widespread concern in the last two decades. Recent studies have shown that ginsenosides (Rg3, RH2) are the main antitumour agents in ginseng extract<sup>[18-22]</sup>. Some studies have demonstrated that Rg3 could not only induce tumour cells differentiation, but also inhibit tumour growth and promote apoptosis of tumour cells<sup>[23,24]</sup>. Therefore, we estimated the role of DSL and Rg3 in inhibiting the growth of carcinoma cells *in vitro*. To our surprise, both Rg3 and DSL regulate the cell cycle

and apoptosis. The percentage of cells treated by DSL or Rg3 in the S phase is significantly higher than that of control, which suggests that both DSL and Rg3 induce the HepG2 cells to start their cell cycle, but block them in the S phase. The data, however, showed that the rate of apoptosis in the DSL group is 33.26%, but that in the Rg3 group is 23.48%, demonstrating DSL is more powerful in inducing apoptosis. Cui *et al.*<sup>[14]</sup> reported that DSL could increase the expression of ES in HepG2. We also found that the expression of ES is upregulated and the expression of VEGFR-2 is downregulated in HepG2 cells treated with DSL or Rg3, compared to controls. These observations confirm that Rg3 has some antitumour effect. It is possible that Rg3 is one of major active constituents of DSL, but DSL is a more powerful activator because of synergism with other components in the complex mixture.

DSL can increase the body's immunity, augment the effects of surgery, chemotherapy or radiotherapy, and improve the clinical symptoms and the quality of life of patients. Thus, DSL is usually combined with various chemotherapy drugs. GEM is a deoxycytidine analogue, with cycle-specific drug features. Experiment with pancreatic carcinoma and lung cancer confirmed that GEM depresses cell growth<sup>[25-27]</sup>. According to our study, GEM could inhibit the proliferation and induce the apoptosis of HepG2 cells. Interestingly, DSL causes cells to be arrested in the S phase, while cell populations of G0/G1 phase prevail following treatment with GEM. The target of GEM is known to be the cell populations in the DNA synthesis stage<sup>[28]</sup>. Thus, we thought that if the DSL is combined with GEM, the resulting antiproliferative effect would be stronger; this was indeed observed in our experiments. The percentage of cell apoptosis is 33.26% when the cells are treated with DSL alone, while the rate increases to 72.25% when the cells are treated with DSL combined with GEM. This combination, however, did not affect the expression of VEGFR-2 and ES in HepG2 cells, most likely because GEM does not regulated the expression of VEGFR-2 and ES in these cells. These observations indicate that the combination of DSL and GEM may be of significant value. Nevertheless, the DSL/GEM combination may not be useful in suppressing angiogenesis.

Consistent with our study, a number of investigations have shown that DSL can induce apoptosis. The

molecular mechanisms of apoptosis induced by DSL are not clear. Classic apoptosis pathways include the intrinsic mitochondrial pathway, and the extrinsic death receptor-mediated pathway. The extrinsic pathway is triggered by the activation of death receptors in response to an extracellular signal, which initiates the chain activation of the caspases<sup>[29]</sup>. Firstly, the dimerisation of caspases-8 and -10 were promoted by increasing the local concentration of procaspase monomers<sup>[30]</sup>, followed by the cleavages of the zymogens of caspases-3, -6, or -7. The caspase cascade can also be activated by the so called mitochondria-dependent pathway<sup>[31]</sup>. In response to the apoptotic stimuli, the permeability of the mitochondrial membrane increases, and the mitochondria release a series of molecules, including cytochrome C. In the cytosol, the association of cytochrome C with the adaptor protein Apaf-1 and several procaspase-9 molecules gives rise to the formation of the apoptosome. Caspase-9 is thus able to recruit and activate caspase-3<sup>[32]</sup>, which is an effector of both pathways.

We analysed the critical molecules in the two apoptosis pathways, namely caspase-3, caspase-8, caspase-9, pro-caspase-3, pro-caspase-8, pro-caspase-9, and dr5. It is surprising that DSL not only regulates the expression of proteins involved in the extrinsic pathway (death receptor dr5 and caspase-8), but also a protein in the intrinsic pathway (caspase-9). Based on these observations, we propose that the apoptosis of HepG2 cells induced by DSL is regulated by both apoptosis pathways, but not by either of them alone. The expression of caspase-3 and zymogens of caspase, including pro-caspase-3, pro-caspase-8 and pro-caspase-9, were increased substantially over the control, confirming our presumption. Several studies have shown that the intrinsic and extrinsic pathways are not mutually exclusive<sup>[33]</sup>. It is reported the regulation of the mitochondrial apoptotic pathway is governed by the bcl-2 protein family<sup>[34,35]</sup>. Survivin inhibits apoptosis by blocking the activation of effector caspases in both the extrinsic and intrinsic pathways of apoptosis. The high expression of survivin in HCC is significantly higher than that in adjacent cirrhosis tissues and normal tissues<sup>[36]</sup>. DSL reduced the levels of bcl-2 and survivin in HepG2 cells. Thus, DSL might effect apoptosis by the regulating the expression of apoptosis proteins, including bcl-2 and survivin.

In summary, DSL inhibited the proliferation and promoted the apoptosis of HepG2 cells, partly through the action of Rg3. Our results indicate that a better therapeutic effect could be obtained by the combination of DLS and GEM. They also illuminate the mechanisms of apoptosis induced by DSL; this may help us in the development of new approaches to the therapy of HCC.

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