Development and Validation of HPLC-UV Method for the Estimation of Rebamipide in Human Plasma

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A simple, rapid, selective and sensitive reversed phase HPLC method was developed and validated for the determination of rebamipide from plasma. The drug was extracted with a mixture of chloroform and isopropyl alcohol. Rebamipide was measured in plasma using a validated HPLC method with UV detection at 280 nm. Chromatographic peaks were separated on a 5 µm C-18 silica column using a mixture of acetonitrile, water, methanol and acetic acid as a mobile phase. The chromatograms showed good resolution and no interference from plasma. The retention time of rebamipide and internal standard were approximately 4.9±0.3 min and 7.6±0.3 min, respectively. The mean recovery from human plasma was found to be above 91%. The method was linear over the concentration range of 10 to 500 ng/ml with coefficient of correlation (r²) 0.991. Both intra-day and inter-day accuracy and precision data showed good reproducibility. This method can be successfully applied to pharmacokinetic studies.

Two methods have been reported for the determination of rebamipide from plasma. The first method described by Shimizu and coworkers was based on use of HPLC with UV detection. The method was tedious and time consuming as it requires a two-step sample preparation procedure while the second method reported by Akamatsu and coworkers was based on HPLC with fluorimetric detection which is a modification of first method and employed a six port switching valve, a precolumn and was complex to use. Hence, an attempt was made to develop and optimize an alternative, simple, rapid and sensitive HPLC method for the estimation of rebamipide from plasma which can be applied to pharmacokinetic study.

MATERIALS AND METHODS

Rebamipide and carbamazepine were obtained from Macleods Pharmaceuticals, Mumbai and Dr. M. K. R. Drug Testing and Training Laboratory, Mumbai, respectively. HPLC grade chloroform, isopropyl alcohol, diethyl ether, methanol and acetonitrile were purchased from Qualigens, Mumbai. Analytical grade potassium dihydrogen phosphate and acetic acid were purchased from S. D. Fine Chemicals, Mumbai. Pooled drug free human plasma was purchased from K. E. M. blood fractionation centre, Parel, Mumbai.

Chromatographic conditions:
The HPLC system consisted of a Jasco–PU980 intelligent pump (Jasco Ltd., Japan), manual injector port with 50 µl loop (Rheodyne, USA), Jasco UV–Vis 975 intelligent
detector (Jasco Ltd, Japan). The wavelength of the detector was set at 280 nm. Detector output was quantified on Jasco–Borwin (Version 1.50) chromatography software with Hercules 2000 chromatography interface (Version 2.0). Separation was carried out on a Lichrospher® 100 C-18 250×4.6 mm i.d, 5 μm (Merck, Germany) using acetonitrile: water: methanol: acetic acid in the proportion of 37:61:1:1, v/v respectively as a mobile phase, at a flow rate of 1 ml/min. The mobile phase was filtered through nylon membrane filter (0.45 μm pore size, Pall Life Sciences, Mumbai) and ultrasonically degassed prior to use. Chromatography was carried out at room temperature (temperature was maintained at 20-24°C).

Preparation of standard solutions:
Stock solutions of rebamipide (0.5 mg/ml) and carbamazepine (internal standard) (1 mg/ml) were prepared in methanol. Further dilutions were carried out in methanol. Calibration standards were prepared freshly by spiking drug free plasma with rebamipide stock solution to give the concentrations of 1, 10, 25, 50, 100, 250, 500, 1000 and 2000 ng/ml.

Quality control standards:
Lowest quality control standards, median quality control standards and highest quality control standards were prepared by spiking drug free plasma with rebamipide to give solutions containing 10 ng/ml, 100 ng/ml and 500 ng/ml, respectively. They were stored at -20°C till analysed.

Sample preparation:
To 1 ml of calibration standard, internal standard (100 μl of 1 μg/ml) was added and vortexed for 1 min, followed by addition of 0.4 ml of phosphate buffer pH 7 and vortexed. The drug was extracted with 7 ml mixture of chloroform: isopropyl alcohol [95:5, v/v] by vortexing for 3 min followed by centrifugation at 2500 rpm/min on a cooling centrifuge for 15 min at 4°C. The organic phase was withdrawn and dried using nitrogen evaporator. To the residue 0.4 ml of diethyl ether was added and shaken for 5 to 10 s and the ether layer was discarded. The residue was reconstituted with 200 μl of mobile phase and 50 μl was injected onto the column.

Specificity:
A solution containing 100 ng/ml was injected onto the column under the optimized chromatographic conditions to demonstrate the separation of rebamipide from the impurities of plasma. The specificity of the method was checked for the interference from plasma.

Linearity range:
Quantitative analytical results are highly influenced by the quality of the calibration curve. Spiked concentrations were plotted against the peak area ratios of rebamipide to internal standards and the best fit line was obtained by linear regression analysis of the resultant curve. The linearity equation (y=mx+c) and the regression coefficient was calculated. Wide range calibration was initially investigated by injecting solutions containing 1.0-2000 ng/ml.

Recovery studies:
The recovery of rebamipide was determined by comparing the peak obtained from the area of the extracted calibration standards with the peak area of working standards of the respective concentration.

Limit of quantitation:
In order to estimate limit of quantitation, a drug free blank plasma sample was extracted and injected six times and analysed as described under optimized chromatographic conditions. The noise level was then determined. The limit of quantitation for rebamipide was determined [signal-to-noise ratio=10].

Precision and accuracy:
Intra-day precision and accuracy was determined by analyzing quality control standards (10, 100 and 500 ng/ml) five times a day randomly, inter-day precision and accuracy was determined from the analysis of each quality control standards (10, 100 and 500 ng/ml) once on each of five different days.

Stability studies:
The stability of rebamipide was determined by measuring concentration change in control samples over time. The plasma control samples were stored in polypropylene plasma tubes at -20°C. Stability was tested by subjecting the plasma controls to three freeze-thaw cycles and storage for 24 h at room temperature.

RESULTS AND DISCUSSION
Under the chromatographic conditions employed, the sample showed sharp peaks of drug and internal standard with good resolution. The retention time of the drug was found to be 4.9±0.2 min and the retention time of the internal standard was 7.5±0.3 min (fig. 2). The method developed was validated for specificity, intra-day and inter-day accuracy and precision, linearity and stability as per USFDA guidelines (http:// www.fda.gov/cder/guidance/index.html accessed on Dec 2003). The results of validation
Specificity of the method was proven by the absence of interfering peaks near the retention time of the drug as well as the internal standard (fig. 3). The calibration function (Peak area ratio Vs concentration) was linear over working range of 10-500 ng/ml with six point calibration used for quantitation by linear regression. The regression equation for the analysis was \( Y = 0.0047X - 0.1028 \); with coefficient of correlation \( r^2 \) 0.991.

The recovery \((n=5)\) was found to be above 91\% at all concentration (Table 1). The intra-day and inter-day precision of the method showed % C.V. in between 0.88 and 5.21 and the intra-day and inter-day accuracy of the method was found to be in between 97 to 105\% for the quality control samples (Table 2). The limit of quantitation was found to be 10 ng/ml. At such concentration the inter-day precision was 1.3 and the accuracy was 95.93\%. Plasma control samples of rebamipide were found to be stable for at least one month (Table 3).

**TABLE 1: MEAN PERCENT RECOVERIES OF REBAMIPIDE AND INTERNAL STANDARD FROM PLASMA**

<table>
<thead>
<tr>
<th>Concentration of rebamipide (ng/ml)</th>
<th>Mean percent recovery±S.D. ((n=5))</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Rebamipide Internal standard (100 ng/ml)</td>
</tr>
<tr>
<td>10</td>
<td>91.2±1.52 96.13±3.60</td>
</tr>
<tr>
<td>100</td>
<td>93.42±3.20 95.83±3.26</td>
</tr>
<tr>
<td>250</td>
<td>92.89±2.86 96.62±2.89</td>
</tr>
<tr>
<td>500</td>
<td>93.46±2.00 96.12±2.65</td>
</tr>
</tbody>
</table>

The tables gives mean percent recovery, calculated from five samples at each of the concentrations mentioned \((n=5)\) along with their standard deviation (±SD).

Rebamipide is soluble in methanol and hence, standard solutions were prepared in methanol. To develop suitable chromatographic conditions, initially pure sample of rebamipide was used. Chromatograms of four different concentrations of rebamipide were studied using Lichrosphere and ODSextrasil column at maximum absorption i.e., 280 nm.

The proportion of acetonitrile in the mobile phase was optimized to 37\%. A slight increase or decrease in concentration of acetonitrile resulted in the drug peak merger with the plasma peak or, increased the retention time from 4.9 min to 7.2 min, respectively. The ODSextrasil column showed tailing. However, in case of Lichrosphere a small peak base broadening was seen which was overcome by the addition of 1\% of methanol to mobile phase. Hence, Lichrosphere column was selected for analysis. The use of 1\% glacial acetic acid in non-buffered mobile phase improved the peak shape and detection down to 10 ng/ml. Hence the mobile phase finally optimized to the mixture of acetonitrile: water: methanol: acetic acid in the proportion of 37:61:1:1, v/v, respectively.

The extraction of rebamipide was based on liquid-liquid extraction technique. Various solvents systems were tried for recovery studies. The maximum recovery was obtained with a mixture of chloroform: isopropyl alcohol \((95:5, v/v)\) at pH 7. Hence, chloroform:isopropyl alcohol mixture was used for the extraction of drug from plasma. The extraction was carried out in one simple step, which was followed by diethyl ether cleanup step, which
removed interferences due to plasma and yielded cleaner chromatograms.

Five drugs were attempted for selection as internal standard. Carbamazepine showed good resolution and extractability under optimized chromatographic conditions; hence, carbamazepine was selected as the internal standard. The others drugs tried were found to be overlapping with retention time of rebamipide under the optimised chromatographic conditions.

Once the method was developed and optimized, validation for specificity, linearity, limit of quantitation, accuracy and precision were carried out. The recovery and stability of rebamipide from plasma were determined. Thus the analytical method developed for the quantitative determination of rebamipide from plasma was simple, rapid, specific sensitive, accurate and precise. Hence, the method is quite suitable to detect the drug from plasma samples of human volunteers.

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REFERENCES