

Antioxidant and Lipoxygenase Inhibitory Activity of the Kino of *Eucalyptus citriodora*

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In the present study, antioxidant activity, total phenolic and flavonoid content, and 15-lipoxygenase inhibitory activity of ethanol extract and its ethyl acetate, n-butanol and aqueous fractions of *Eucalyptus citriodora* kino were evaluated. The antioxidant activity was determined using 2,2-diphenyl-1-picrylhydrazyl and 2,2'-azino-bis(3-ethylbenzothiazoline-6-sulfonic acid) methods. The IC₅₀ values of the ethanol extract were 5.11±0.13, 2.72±0.08 and 25.86±1.81 µg/ml in the 2,2-diphenyl-1-picrylhydrazyl, 2,2'-azino-bis(3-ethylbenzothiazoline-6-sulfonic acid) methods and the 15-lipoxygenase assay, respectively. Total phenolic and flavonoid content of the ethanol extract were 490.77±1.95 mg catechin equivalents/g and 21.81±0.23 mg quercetin equivalents/g, respectively. Solvent partition of the ethanol extract yielded ethyl acetate, n-butanol and aqueous fractions. Among the three fractions, the ethyl acetate fraction showed the highest total phenolic and flavonoid contents, which were 575.87±3.92 mg catechin equivalents/g and 34.57±0.30 mg quercetin equivalents/g, respectively. This fraction also showed the strongest free radical scavenging activity in the two methods used as well as inhibitory activity against 15-lipoxygenase, with IC₅₀ values of 4.67±0.09, 2.57±0.06 and 14.67±0.93 µg/ml, respectively. These findings revealed that high antioxidant and lipoxygenase inhibitory activity of *Eucalyptus citriodora* kino might be due to high phenolic and flavonoid content. These results showed that *Eucalyptus citriodora* kino could be a potential source of natural antioxidants and lipoxygenase inhibitors which could be used to prevent free radical and lipoxygenase mediated diseases.

Key words: *Eucalyptus citriodora*, kino, antioxidant, phenolic content, flavonoid content, lipoxygenase

It is well known that free radicals are associated with many diseases, including cancer, autoimmune disorders, cataract formation, rheumatoid arthritis, cardiovascular and neurodegenerative diseases. Antioxidants can scavenge free radicals and prevent oxidative stress-related diseases^[1]. Lipoxygenases are dioxygenases that can catalyse the formation of corresponding hydroperoxides from polyunsaturated fatty acids that are responsible for a variety of conditions such as inflammation, atherosclerosis, neuronal disorders and tumor^[2]. Studies have shown that polyphenolic compounds can inhibit lipoxygenase activity^[3]. Plants produce a significant amount of antioxidant compounds, including polyphenols. Such compounds can prevent the oxidative stress-related diseases caused by free radicals^[4].

Many species of eucalyptus were used in folk medicine for the treatment of various medical conditions. For instance, hot water extracts of dried leaves of *Eucalyptus citriodora* are traditionally used as analgesic, antiinflammatory and antipyretic remedies

for symptoms of respiratory infections such as cold, influenza and sinus congestion^[5]. Many species of eucalyptus produced kino, a reddish-brown resinous material in response to injury or disease^[6]. Eucalyptus kinos have shown to be antioxidant, liver protective, antiviral and antimicrobial and these were also used internally to treat diarrhoea, dysentery, wounds, ulcers, infections, cough, cold and influenza^[7,8]. The main constituents of eucalyptus kino are mostly polyphenolic compounds, including tannins, flavonoids, anthocyanidins, lignans and other phenolic compounds^[8,9].

E. citriodora, a tree native to Australia, is widely grown in different parts of the world and is commonly cultivated in Taiwan. The kino of this plant has been

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Accepted 12 July 2018

Revised 18 December 2017

Received 23 March 2017

Indian J Pharm Sci 2018;80(5):955-959

discovered as a botanical origin for propolis^[10,11]. Phytochemical studies on *E. citriodora* kino have described the isolation and characterization of triterpenoids, phenolics and flavonoids^[12,13]. Cytotoxic effect on human hepatoma HepG2 cells^[14], and antiproliferative activity and apoptosis induction of *E. citriodora* kino in melanoma B16F10 cells have been investigated^[15]. *E. citriodora* kino was reported to be rich in polyphenolic compounds, which might contribute to antioxidant and lipoxygenase inhibitory activity. To the best of our knowledge, the antioxidant and lipoxygenase inhibitory activity of *E. citriodora* kino have not been investigated. Therefore, the aim of this study was to evaluate the antioxidant and lipoxygenase inhibitory activity of *E. citriodora* kino.

2,2-Diphenyl-1-picrylhydrazyl (DPPH), 2,2'-azinobis(3-ethylbenzothiazoline-6-sulfonic acid) (ABTS), Folin-Ciocalteu reagent, 6-hydroxy-2,5,7,8-tetramethylchroman-2-carboxylic acid (Trolox), (+)-catechin, quercetin, potassium persulfate and other chemicals were purchased from Sigma-Aldrich (Steinheim, Germany). 15-Lipoxygenase (type I, from soybean) and linoleic acid were purchased from Sigma (St. Louis, MO). UV spectra were obtained on a Cary 50 UV/Vis spectrophotometer.

E. citriodora kino was collected in May 2009 in Yung Kang, Tainan, Taiwan, and was identified at the Department of Biology, National Cheng Kung University. A voucher specimen (CNUNP0605) was deposited in the Natural Product Laboratory of Department of Medicinal Chemistry, Chia Nan University of Pharmacy and Science.

The dried powder of *E. citriodora* kino (520 g) was extracted with 1.5 l of 95 % ethanol for 6 d at room temperature. After filtration, the residues were further extracted twice under the same condition. The filtrates were combined and evaporated to dryness under reduced pressure. The dried residue (455 g) was suspended in water and extracted with ethyl acetate (EtOAc) and *n*-butanol (*n*-BuOH), and water successively. The EtOAc, *n*-BuOH and aqueous extracts were separately combined and evaporated to dryness under reduced pressure. Three dried fractions, EtOAc (263 g), *n*-BuOH (132 g) and aqueous (58 g) were obtained.

The total phenolic and flavonoid content of the ethanol extract and its three fractions was analysed. These were also tested in the DPPH and ABTS assays to determine free radical scavenging potential. The ability

of the ethanol extract and its three fractions to inhibit 15-lipoxygenase activity was also evaluated.

Total phenolic content was measured using Folin-Ciocalteu's phenol (FCP) reagent according to the method of Singleton *et al.*^[16] with minor modification and calculated using (+)-catechin as standard. For preparation of a calibration curve, 50 µl of (+)-catechin (0-1000 µg/ml) in ethanol was mixed with 900 µl of 2% Na₂CO₃ solution. The reaction mixture was vortexed thoroughly and incubated at room temperature for 2 min and then 50 µl of 50 % FCP reagent (previously diluted with distilled water) was added. After incubation at room temperature for 30 min, the absorbance was measured at 760 nm. The samples (50 µl, 1000 µg/ml) were mixed with the same reagent as described above. After 30 min of incubation, the absorbance was measured at 760 nm. All measurements were done in triplicate and the values were expressed as means±SD. The total phenolic content of the sample was calculated on the basis of the standard curve of (+)-catechin and expressed as milligrams of (+)-catechin equivalent per gram of dry sample.

Total flavonoid content was measured according to the method of Yen *et al.*^[17] and calculated using quercetin as standard. For preparation of a calibration curve, after 500 µl of quercetin (0-100.0 µg/ml) was mixed with 500 µl of 1 % 2-aminoethyl-diphenylborate solution, the absorbance was measured at 404 nm. The samples (500 µl, 1000 µg/ml) were mixed with the same reagent and the absorbance of the mixture was measured at 404 nm. All measurements were done in triplicate and the values were expressed as means±SD. Total flavonoid content of samples was calculated on the basis of the standard curve of quercetin and expressed as milligrams of quercetin equivalent per gram of dry sample.

DPPH radical scavenging activity was measured according to the method of Mensor *et al.*^[18] with minor modification. A solution of 1 mM DPPH in ethanol was prepared. The DPPH solution was diluted with ethanol to an absorbance of 0.90 at 517 nm, then 100 µl of sample was mixed with 900 µl of DPPH solution. The reaction mixture was vortexed thoroughly and allowed to stand in the dark at room temperature for 30 min. The absorbance of the mixture was measured at 517 nm. Trolox was used as reference compound. All measurements were done in triplicate and the values were expressed as means±SD. The capability of the sample to scavenge the DPPH radical was calculated using the following Eqn., DPPH radical scavenging

activity (%) = $[(A_c - A_s)/A_c] \times 100$, where A_s and A_c were absorbance at 517 nm of the reaction mixture with sample and control (containing DPPH solution without sample), respectively.

ABTS scavenging activity was measured according to the method of Re *et al.*^[19] with a minor modification. The ABTS radical was produced through the reaction between 7 mM ABTS and 2.45 mM potassium persulfate in water. This solution was stored in the dark for 24 h before use. This ABTS solution was diluted with ethanol to an absorbance of 0.70 at 734 nm and equilibrated at 30°, then 100 µl of sample or trolox solution in various concentration was mixed with 900 µl of diluted ABTS solution. After reaction at 30° for 6 min, the absorbance at 734 nm was measured. Appropriate solvent blank was run in each assay. Trolox was used as reference. All measurements were done in triplicate and the values were expressed as means±SD. The capability of the sample to scavenge the ABTS was calculated using the following Eqn., ABTS radical scavenging activity (%) = $[(A_c - A_s)/A_c] \times 100$, where A_s and A_c are absorbance at 734 nm of the reaction mixture with sample and control (containing ABTS solution without sample), respectively.

15-Lipoxygenase enzyme activity was measured according to the method of Lyckander and Malterud^[20] with a minor modification. Borate buffer (200 µl, pH 9.0) was added to 50 µl of different concentrations of samples along with positive control quercetin and enzyme (500 µl, 400 units/ml in borate buffer). Samples and quercetin were added as DMSO solutions. After incubation of the test solution for 4 min, 250 µl linoleic acid was added and the change in the absorbance was measured for 60 s at 234 nm. The enzyme solution was kept in ice and controls were measured at intervals throughout the experimental periods to ensure that the enzyme activity was constant. All measurements were done in triplicate and the values were expressed as means±SD. Quercetin, a well-known inhibitor of 15-lipoxygenase was employed as a reference compound^[20]. The capability of the sample to inhibit the 15-lipoxygenase was calculated using the following Eqn., 15-lipoxygenase inhibitory activity (%) = $[(A_c - A_s)/A_c] \times 100$, where A_s and A_c are absorbance at 234 nm of the reaction mixture with sample and control (containing enzyme solution without sample), respectively.

All data were recorded as means±standard deviation (SD) and were obtained from experiments repeated at

least three times. Analysis of variance was performed by ANOVA procedures. Significant differences between means were tested by Duncan's multiple range test at a level of $p < 0.05$.

Total phenolic and flavonoid content of ethanol extract and its three fractions of *E. citriodora* kino were shown in Table 1. The EtOAc fraction exhibited the highest total phenolic and flavonoid content, which was 575.87±3.92 mg catechin equivalents/g and 34.57±0.30 mg quercetin equivalents/g, respectively.

DPPH and ABTS radical scavenging activities of ethanol extract and its three fractions of *E. citriodora* kino were shown in a dose-dependent manner and expressed as IC_{50} values. The ethanol extract, EtOAc, *n*-BuOH and aqueous fractions exhibited scavenging activity against DPPH with IC_{50} values of 511±0.13, 4.67±0.09, 5.48±0.1 and 11.75±0.16 µg/ml, respectively. Among them, the EtOAc fraction showed the highest DPPH scavenging activity than reference compound trolox (IC_{50} 4.92±0.11 µg/ml; fig. 1). The ethanol extract, EtOAc, *n*-BuOH and aqueous fractions exhibited scavenging activity against ABTS with IC_{50} values of 2.72±0.08, 2.57±0.06, 2.82±0.11, and 6.73±0.12 µg/ml, respectively. Among them, the EtOAc fraction showed the highest ABTS scavenging activity (fig. 2). Ethanol extract, EtOAc and *n*-BuOH fractions showed higher ABTS scavenging activity than reference compound trolox (IC_{50} 3.07±0.09 µg/ml).

15-Lipoxygenase assays of ethanol extract and its three fractions of *E. citriodora* kino were shown in a dose-dependent manner and expressed as IC_{50} values. The ethanol extract, EtOAc, *n*-BuOH and aqueous fractions exhibited inhibitory activity against 15-lipoxygenase with IC_{50} values of 25.86±1.81, 14.67±0.93, 47.45±2.25 and 103.56±4.19 µg/ml, respectively. Among them, the EtOAc fraction showed the highest 15-lipoxygenase inhibitory activity (fig. 3).

TABLE 1: TOTAL PHENOLIC AND FLAVONOID CONTENT OF ETHANOL EXTRACT AND ITS THREE FRACTIONS OF EUCALYPTUS CITRIODORA KINO

Fractions	Total phenolic content (mg CE/g)	Total flavonoid content (mg QE/g)
Ethanol extract	490.77±1.95	21.81±0.23
Ethyl acetate	575.87±3.92	34.57±0.30
<i>n</i> -Butanol	379.92±3.20	2.37±0.04
Aqueous	205.66±1.29	0.60±0.04

Values are means±SD of three experiments. CE: catechin equivalents, QE: quercetin equivalents

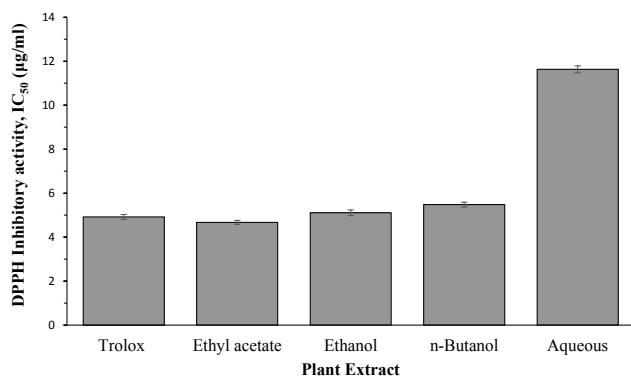


Fig. 1: IC₅₀ of ethanol extract and three fractions of *Eucalyptus citriodora* kino in DPPH assay
DPPH inhibitory activities of the extract and the three fractions were expressed as IC₅₀ (µg/ml). Values are means±SD of three experiments.

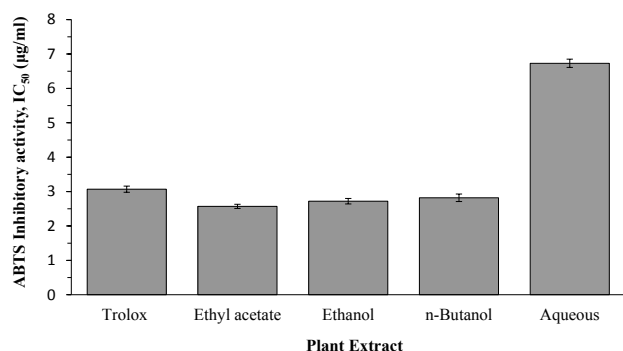


Fig. 2: IC₅₀ of ethanol extract and three fractions of *Eucalyptus citriodora* kino in ABTS assay
ABTS inhibitory activities of the extract and the three fractions were expressed as IC₅₀ (µg/ml). Values are means±SD of three experiments

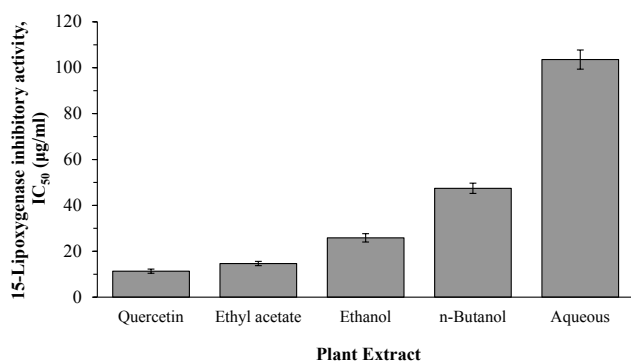


Fig. 3: IC₅₀ of ethanol extract and three fractions of *Eucalyptus citriodora* kino in the 15-Lipoxygenase assay
15-Lipoxygenase inhibitory activities of the extract and the three fractions were expressed as IC₅₀ (µg/ml). Values are means±SD of three experiments

Results showed that all extracts were able to scavenge DPPH and ABTS free radical and inhibit 15-lipoxygenase. The EtOAc fraction showed the highest total phenolic and flavonoid content, antioxidant and lipoxygenase inhibitory activity. This finding revealed that the DPPH and ABTS free radical

scavenging and lipoxygenase inhibitory activity of ethanol extract and its three fractions were highly correlated to their phenolic and flavonoid content. Polyphenols, flavonoid and other phenolic compounds, can act as electron donors and can react with DPPH and ABTS free radical and convert them to more stable products^[21]. Polyphenols can inhibit lipoxygenase by chelating the iron of the active site of the lipoxygenase and/or by reducing the ferric form of the enzyme to an inactive ferrous form^[22-24]. Therefore, the results obtained in the present study clearly indicated that the *E. citriodora* kino could be a potential source of natural antioxidants and lipoxygenase inhibitors, which could be used to prevent free radical and lipoxygenase-mediated diseases.

Acknowledgements:

The authors thank Prof. Chang-Sheng Kuoh, Department of Biology, National Cheng Kung University, for authentication of the plant material.

Financial support and sponsorship:

Nil.

Conflicts of interest:

There are no conflicts of interest.

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