Beta-Elemene Suppresses Metastasis of Human Esophageal Cancer Cell by Downregulating Heat Shock Protein 70/Mothers against Decapentaplegic Homolog 2 Pathway

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In this study, we tried to illuminate the role and underlying mechanism of beta-elemene in esophageal squamous cell carcinoma especially the metastasis. 3-(4, 5-dimethylthiazolyl-2)-2, 5-diphenyltetrazolium bromide assay was performed to determine the cytotoxicity of beta-elemene and its role in esophageal squamous cell carcinoma cell proliferation. Wound healing assay and transwell assays were used to elucidate the roles of beta-elemene on cell migration and invasion abilities of esophageal squamous cell carcinoma cells. Quantitative polymerase chain reaction and western blot assays were carried out to assess the messenger RNA and protein expression under beta-elemene treatment. Immunofluorescence staining was performed to detect the heat shock protein 70 expression regulated by beta-elemene. The heat shock protein 70 ectopic expression plasmid was used to perform the rescue experiments. In this study, we found that beta-elemene significantly inhibited the cell survival and cell proliferation and suppressed cell migration and invasion abilities of esophageal squamous cell carcinoma cells. Mechanistically, we observed that beta-elemene downregulated heat shock protein 70 expressions and reversed epithelial-mesenchymal transition. Furthermore, the studies also indicated that beta-elemene downregulated the phosphorylation of extracellular regulated kinase, mothers against decapentaplegic homolog 2 and mothers against decapentaplegic homolog 3 expression. In addition, we confirmed that ectopic expression of heat shock protein 70 not only promoted cell migration, epithelial-mesenchymal transition and mothers against decapentaplegic homolog 2 phosphorylation in esophageal squamous cell carcinoma cell line cells, but also reversed beta-elemene suppressed cell migration in TE-1 cells. Taken together, all results elucidated that beta-elemene suppresses metastasis of human esophageal squamous cell carcinoma by modulating the expression of heat shock protein 70 and the activation of extracellular regulated kinase and transforming growth factor beta signaling pathways at least partially.

Key words: Beta-elemene, immunofluorescence staining, heat shock protein 70, mothers against decapentaplegic homolog 2

Esophageal Squamous Cell Carcinoma (ESCC), one of the major histological subclasses of esophageal cancer in developing nations, is a malignancy connected with high mortality worldwide, which also have a high incidence and mortality rate in China¹². Multidisciplinary treatment choices for ESCC patients may select surgery, chemotherapy and radiotherapy scheme³. Unfortunately, due to its invasive, metastatic potential and poor response to chemoradiotherapy, the overall survival rate for 5 y on ESCC patients is approximately 10 %⁴. Therefore, it’s urgently requisite to unveil the progress of metastasis and seek more effective therapeutic methods or targets to treat ESCC, especially the metastatic one.

The Chinese anticancer medicine beta-elemene (β-elemene) is a nature monomer isolated from the Curcuma wenyujin and has been shown to exhibit anticancer activity in several cancer types, such as breast cancer⁵, non-small cell lung cancer⁶, ovarian cancer⁷, colorectal cancer⁸, glioblastoma⁹, renal cancer¹⁰, leukemia¹¹ and ESCC¹². For instance, β-elemene exhibits these anticancer effects by
assay to determine cell proliferation. The absorbance
and 96 h. After that, the cells are followed by the MTT
β-elemene (100 μg/ml, 150 μg/ml) for 24 h, 48 h, 72 h
for cell proliferation, TE-1 cells were incubated with
maximal inhibitory concentration (IC₅₀) values and
the MTT assay to determine cell survival rates. The
β-elemene was tested in 96 well plates by using the
GraphPad Prism software was calculated the half-
In the present study, we evaluated the effects of
β-elemene on the cell cytotoxicity, cell proliferation,
migration and invasion potentials of ESCC cells by using
3-(4, 5-dimethylthiazolyl-2)-2, 5-diphenyltetrazolium
bromide (MTT) assay, western blot assay, wound
healing assay, transwell assays. Our data suggested that
β-elemene suppresses metastasis of human ESCC by
modulating Heat Shock Protein 70 (HSP70)/mothers
against decapentaplegic homolog 2 (Smad2) pathways.
Our data thus indicate that β-elemene is possibly
an effective and a great promising agent for further
development to treat metastatic ESCC.

MATERIALS AND METHODS

Cell culture:
The human ESCC cell line (TE-1) (TCHu 89) was
purchased from the cell bank of type culture collection
of Chinese Academy of Sciences (Shanghai, China)
and cultured in Dulbecco's modified eagle medium
(DMEM) (Gibco) supplied with 100 μg/ml of
streptomycin (Gibco), 100 U/ml of penicillin (Gibco)
and 10 % fetal bovine serum (FBS) (Hyclone) in a
humidified incubator with an atmosphere of 5 % (v/v)
CO₂ at 37°C.

Cell viability and proliferation assay:
The cell viability of ESCC TE-1 cells treated with
β-elemene was tested in 96 well plates by using the
MTT assay. In brief, the TE-1 cells were seeded into 96
well plates at a density of 5000 cells/well and allowed
to attach overnight. After that, β-elemene was added
with variable concentrations in medium. The TE-1
cells were exposed to β-elemene for 24 h followed by
the MTT assay to determine cell survival rates. The
GraphPad Prism software was calculated the half-
maximal inhibitory concentration (IC₅₀) values and
for cell proliferation, TE-1 cells were incubated with
β-elemene (100 μg/ml, 150 μg/ml) for 24 h, 48 h, 72 h
and 96 h. After that, the cells are followed by the MTT
assay to determine cell proliferation. The absorbance
of each sample was read at 570 nm using a microplate
reader (Molecular device).

Wound healing assay:
The TE-1 cells were seeded into 6 well culture plates
and allowed to 100 % confluence in full growth medium.
Then the cells were starved for overnight in serum-free
medium. A plastic pipette tip was used to generate a
clean wound area. The cell debris was removed by
washing with Phosphate Buffered Saline (PBS) and
the TE-1 cells were allowed to migrate in serum-free
DMEM medium with β-elemene (100 μg/ml) for 24,
48 and 72 h. The images of the wound healing process
were photographed by an Olympus microscope.

In vitro migration and invasion assays:
For the migration assay, the transwell (8 μm pore size
with poly-carbonate membrane, Corning) were used
according to the manufacturer’s protocols. The TE-1
cells were seeded into the upper chambers using serum-
free DMEM medium. The lower compartment was
placed in 24 cell plate filled with DMEM medium with
15 % FBS as a chemoattractant. After incubation for
24 h, the cells remaining in the upper chamber were
removed by cotton swab and the cells at the bottom
of the insert were fixed with iced methanol, stained in
0.5 % crystal violet and counted under a microscope
(Olympus). The results were averaged over three
independent experiments. For invasion assays, the
inserts were pre-coated with Matrigel (BD) before the
cells were added and the following steps are the same
as migration assay.

RNA isolation and quantitative polymerase chain
reaction (qPCR):
Total RNA was isolated from the TE-1 cell lines by
using the Trizol reagent (Invitrogen) according to the
manufacturer’s protocols. Complementary DNA
synthesis of messenger RNA (mRNA) was performed
using Moloney Murine Leukemia Virus (M-MLV)
reverse transcriptase (Promega Corporation) according
to the manufacturer’s protocols. The relative expression
levels of E-cadherin, N-cadherin, vimentin and Snail
mRNA were evaluated using qPCR with a SYBR
green PCR master mix (Applied Biosystems) and
calculated using the 2-ΔΔCt method by normalizing with
β-actin. The PCR reaction was performed in ABI7300
PCR thermocycle instrument and the thermocycling
conditions were as follows: 95°C for 10 min, 45 cycles
of 95°C for 15 sec and 60°C for 1 min. All reactions were
performed in triplicate and the primer sequences are
listed in Table 1.
Western blotting:
The TE-1 cells were lysed in Radioimmunoprecipitation Assay (RIPA) buffer containing phosphatase and protease inhibitor cocktail (Sigma) for protein extraction. After electrophoresis on 12 % or 15 % Sodium Dodecyl-Sulfate Polyacrylamide Gel Electrophoresis (SDS-PAGE), proteins were transferred onto Polyvinylidene Fluoride (PVDF) membranes. The membranes were blocked with 5 % milk and followed by incubation with primary antibodies against E-cadherin (CST, No. 14472), N-cadherin (ProteinTech, No. 22018-1-AP), vimentin (CST, No. 5741), beta-catenin (β-catenin) (CST, No. 8480), HSP70 (CST, No.4873), extracellular regulated kinase (ERK) (ProteinTech, No.20874-AP), Smad2 (CST, No.5339), Smad3 (CST, No.9523), phosphorylated form of ERK (p-ERK) (CST, No.4370), phosphorylated Smad2 (p-Smad2) (CST, No.18338) and phosphorylated Smad3 (p-Smad3) (CST, No.9520) at 4°C overnight. The Horseradish Peroxidase (HRP) conjugated secondary antibody was added and allowed to incubate for 1 h and then nuclei were stained with 4',6-Diamidino-2-Phenylindole Dihydrochloride (DAPI) (1 μg/ml). Fluorescent images were taken with an Olympus fluorescent microscope.

Plasmid construction and transfection:
The coding sequences of human HSP70 mRNA were synthesized and digested with type II site-specific deoxyribonuclease restriction enzyme (HindIII) and Restriction Endonuclease (EcoRI) and subcloned into plasmid cloning DNA (pcDNA) 3.1 vector. The integrity of the respective plasmid constructs was confirmed by DNA sequencing. The plasmid was incubated with lipofectamine 2000 reagent (Invitrogen) for 20 min at room temperature to form complex and transfection was carried out at 37°C for 24 h.

Statistical analysis:
All statistical analyses were performed using GraphPad Prism 5.0 (GraphPad Software, Inc., La Jolla, CA, USA). All data are expressed as the mean±Standard Deviation (SD) from atleast 3 independent experiments. Statistical significance was determined using two-sided Student's t test and p<0.05 (*) was considered significantly change.

RESULTS AND DISCUSSION
β-elemene inhibited human ESCC TE-1 cell growth. β-elemene is classified as sesquiterpene and its chemical structure was shown in fig. 1A. At first, MTT assay was performed to investigate the cytotoxicity of β-elemene in human ESCC cell line TE-1. As shown in fig. 1B, the results showed that 24 h treatment of β-elemene significantly suppressed TE-1 cell survival in a dose-dependent manner, although low dose of β-elemene (40 and 80 μg/ml) slightly promoted cell survival. Additionally, the cell proliferation of TE-1
under β-elemene treatment was detected also by MTT assay. As shown in fig. 1C, the data revealed that 100 μg/ml or 150 μg/ml β-elemene could significantly inhibit TE-1 cell proliferation, especially after 48 h treatment. Therefore, these results demonstrated that β-elemene exerted remarkably cytotoxicity in TE-1 cell by inhibiting cell growth.

β-elemene suppressed the cell migration and invasion in TE-1 cells. To examine the effect of β-elemene on cell migration and invasion abilities in ESCC, wound healing and transwell assays were utilized. As illustrated in fig. 2A and fig. 2B, we found that 100 μg/ml β-elemene significantly slowed the rate of TE-1 cells into the wounded area compared to the control group at 24 h, 48 h and 72 h. On other hand, cell migration potential under β-elemene treatment was determined using the transwell without Matrigel. As illustrated in fig. 2C and fig. 2D, we demonstrated that 100 μg/ml β-elemene dramatically decelerated the migrated cells into the bottom of the insert area compared to the control group at 24 h. In addition, as also shown in fig. 2C and fig. 2D, using the transwell assays with Matrigel, we found that 100 μg/ml β-elemene prominently reduced the cell invasion into the bottom of the insert area compared to the control group at 24 h. Therefore, these results illuminated that β-elemene noticeably suppressed both cell migration and invasion abilities of TE-1 cells.

β-elemene reversed Epithelial-Mesenchymal Transition (EMT) and decreased HSP70 expression in TE-1 cells were investigated. EMT is a key initiate step for cancer metastasis and plays an important role in cancer migration and invasion. To investigate the underlying mechanisms of the role of β-elemene on ESCC, the expression of EMT-related biomarkers under β-elemene treatment were analyzed by qPCR and western blot assays. As shown in fig. 3A, using the qPCR assay, we found that β-elemene noticeably upregulated epithelial marker E-cadherin and downregulated the mesenchymal markers vimentin, N-cadherin and EMT-related transcription factor snail on mRNA level. Furthermore, as shown in fig. 3B and fig. 3C, using the western blot assay, we certified that β-elemene obviously upregulated epithelial marker E-cadherin, downregulated the mesenchymal marker vimentin, but no statistical difference on N-cadherin and β-catenin. More interestingly, β-elemene significantly suppressed the expression of HSP70 at both mRNA and protein levels (fig. 3A-3C). Moreover, the date of immunofluorescence assay also indicated that β-elemene inhibited HSP70 expression in TE-1 cells (fig. 3D). Therefore, these results confirmed that β-elemene reversed EMT and markedly decreased HSP70 expression in TE-1 cells. However, whether HSP70 was involved in the role of β-elemene and EMT remains to be further illuminated.

Fig. 1: β-elemene inhibited human esophageal cancer cell growth in vitro. (A) Chemical structure of β-elemene; (B) Cytotoxicity of β-elemene on human esophageal cancer cell TE-1; (C) β-elemene inhibited human esophageal cancer cell proliferation. The TE-1 was incubated in the indicated concentrations of β-elemene for 24 h, 48 h 72 h and 96 h. Cell viability was determined by MTT assay. Each point represents the mean of the data of three independent experiments, *p<0.05; **p<0.01 vs. control. (●) 0 μg/ml; (●) 100 μg/ml; (●) 150 μg/ml
Fig. 2: Low dosage of β-elemene suppressed human esophageal cancer cell migration and invasion. (A) Representative images of wound healing processes of TE-1 cells treated with β-elemene (100 μg/ml) for 24 h, 48 h and 72 h; (B) Quantitative analysis of cell migration rate of wound healing assay. The data are presented as the mean±SD of three independent experiments; (C) Representative images of transwell migration and invasion assays of TE-1 cells treated with β-elemene (100 μg/ml) for 24 h; (D) Quantitative analysis of migrated and invaded cell of transwell assay. The data are presented as the mean±SD of three independent experiments. Each point represents the mean of the data of three independent experiments, *p<0.05; **p<0.01 vs. control. (     ) 0 μg/ml; (   ) 100 μg/ml

Fig. 3: β-elemene reversed human esophageal cancer cell EMT and decreased HSP70 expression. TE-1 cells were cultured in the presence of β-elemene (100 μg/ml) for 24 h, (A) RT-qPCR analysis of E-cadherin, N-cadherin, vimemtin and snail mRNA expression level; (B) Western blot analysis of E-cadherin, N-cadherin, vimemtin, β-catenin and HSP70 expression level, β-actin was used as a loading control; (C) Quantitative analysis expression of proteins in B. The data are presented as the mean±SD of three independent experiments, *p<0.05; **p<0.01 vs. control; (D) Immunofluorescent images of HSP70. The HSP70 was recognized by red fluorescence conjugated antibody HSP70-AF594 and nuclei were stained with DAPI. The data are derived from one of the three independent experiments.
β-elemene inhibited phosphorylation of ERK, Smad2 and Smad3. Increasing evidences have reported that HSP70 was involved in the activation of Mitogen-Activated Protein Kinases (MAPK)/ERK and transforming growth factor beta (TGF-β) signaling pathways[20-23]. To further confirm whether β-elemene induced HSP70 inhibition influenced the activation of these two signaling pathways, western blot assay was performed. As shown in (fig. 4A and fig. 4B), the results declared that β-elemene dramatically inhibited phosphorylation of ERK Smad2 and Smad3, suggesting that β-elemene treatment inactivated both MAPK/ERK and TGF-β signaling.

Ectopic expression of HSP70 reversed β-elemene-suppressed cell migration in TE-1 cells. Next, to prove the function of HSP70 in role of β-elemene in ESCC metastasis, HSP70 overexpression plasmid was constructed and transfection was performed in TE-1 cells to overexpress HSP70. As expected, the transwell assays manifested that the ectopic expression of HSP70 significantly promoted the cell migration of TE-1 cells (fig. 5A and fig. 5B). In addition, as shown in fig. 5C and fig. 5D, we found that overexpression of HSP70 prominently downregulated epithelial marker E-cadherin and upregulated the mesenchymal markers vimentin, but play a weak role in N-cadherin expression. Moreover, overexpression of HSP70 induced phosphorylation of Smad2 without affecting phosphorylation of ERK and Smad3 (fig. 5E and fig. 5F). Furthermore, the data of transwell assays without Matrigel, we enunciated that overexpression of HSP70 reversed β-elemene-suppressed cell migration in TE-1 cells (fig. 6A and fig. 6B). Therefore, the results illustrated that β-elemene-suppressed cell migration in TE-1 cells by suppressing EMT and inactivating TGF-β/SMAD2 signaling pathway in a HSP-70 independent manner at least partially.

Fig. 4: β-elemene inhibited the phosphorylation of ERK, Smad2 and Smad3. TE-1 cells were cultured in the presence of β-elemene (100 μg/ml) for 24 h. (A) Western blot was used to detect the phosphorylation of ERK, Smad2 and Smad3, β-actin was used as a loading control; (B) Quantitative analysis expression of proteins in A. The data are presented as the mean±SD of three independent experiments, *p<0.05; **p<0.01 vs. control.
Fig. 5: Ectopic expression of HSP70 promoted cell migration, EMT and Smad2 phosphorylation in TE-1 cells. TE-1 cells transfected with control vector or HSP70-expressing vector for 24 h. (A) Representative images of transwell migration assays; (B) Quantitative analysis of migrated cell of transwell assay. The data are presented as the mean±SD of three independent experiments, **p<0.01 vs. control; (C) Western blot analysis of HSP70, N-cadherin, vimentin and E-cadherin expression level, β-actin was used as a loading control; (D) Quantitative analysis expression of proteins in C. The data are presented as the mean±SD of three independent experiments, **p<0.01 vs. control; (E) Western blot analysis of ERK, Smad2, Smad3, p-ERK, p-Smad2 and p-Smad3 expression level, β-actin was used as a loading control; (F) Quantitative analysis expression of proteins in E. The data are presented as the mean±SD of three independent experiments, *p<0.05 vs. control

Fig. 6: Ectopic expression of HSP70 reversed β-elemene-suppressed cell migration in TE-1 cells. (A) Representative images of transwell migration assay of TE-1 cells that transfected with control vector or HSP70 expressing vector with or without treated with β-elemene (100 μg/ml) for 24 h; (B) Quantitative analysis of migrated cell of transwell assay in A. The data are presented as the mean±SD of three independent experiments, **p<0.01 vs. control
Metastasis is generally the predominant obstacles in therapy of human cancer, including ESCC which have advanced metastatic ability at first time diagnosis\(^5\). In this study, we investigated the anticancer effect of β-elemene on human ESCC. Here, we found that β-elemene dramatically suppressed ESCC TE-1 cell viability, proliferation and restraining cell migration and invasion abilities. Mechanistically, our data revealed that β-elemene suppressed the EMT and downregulated HSP70 expression. Recent studies showed that HSP70 had molecular chaperone, cytoprotective, anti-inflammatory and anti-apoptotic properties\(^{20,24,25}\). Moreover, the studies also revealed that the HSP70 basal level was higher in some types of malignancies and that it has been classified as a bad prognosis element\(^{26-28}\). Although the research about the expression and biological role of HSP70 in esophageal cancer are relatively limited, it has been reported higher levels of HSP70 was detected in esophageal cancer compared with normal tissues\(^{29}\). Compliance with these parts of evidence, our results indicated that overexpression of HSP70 could significantly promote cell migration, EMT and Smad2 phosphorylation in ESCC cells.

Cancer cell motility, including invasion and migration, is one of multi-step processes of metastasis\(^{30}\). In this study, we illuminated that β-elemene noticeably suppressed ESCC cell migration and invasion, while overexpression of HSP70 prominently increased ESCC cell migration and reversed β-elemene blocked cell migration. Furthermore, the studies declared that EMT was also closely correlated with tumor metastasis\(^{30,31}\). In this study, we demonstrated that β-elemene markedly upregulated epithelial marker E-cadherin, downregulated the mesenchymal marker vimentin, while overexpression of HSP70 remarkably downregulated epithelial marker E-cadherin and upregulated the mesenchymal markers vimentin, N-cadherin.

Subsequently, it has been well documented that MAPK/ERK and TGF-β signaling pathways take part in progression of many cancers including ESCC progression\(^{32-34}\). To further understand the anti-metastatic mechanism of β-elemene, we analyzed the phosphorylation of Smad-2 and Smad-3 by western blot. The results showed that β-elemene remarkably inhibited phosphorylation of Smad2 and Smad3, while overexpression of HSP70 induced phosphorylation of Smad2 without affecting phosphorylation of Smad3.

Finally, we found that downregulation of phosphorylated ERK was involved in the β-elemene inhibited ESCC metastasis. However, the overexpression of HSP70 did not influence the phosphorylation of ERK.

To conclude, we acknowledged in our study that β-elemene suppresses metastasis of human ESCC by modulating HSP70/Smad2 pathway. It could be a promising anti-metastasis strategy for ESCC treatment. However, there were still some limitations to be an effective agent in metastatic ESCC treatment. In our follow-up study, we will do more research about in vivo experiments and ESCC patients are requirement to develop our current findings.

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**Conflicts of interest:**

The authors declared no conflict of interest.

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