# Comparison and Validation of Bioactive flavonoids by Reverse Phase High Performance Liquid Chromatography in *Crataegus* Species Related to Pharmaceutical *Crataegus* Product

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#### Agiel et al.: Comparison and Validation of Bioactive flavonoids in Crataegus Species

The use of *Crataegus* species for the treatment of cardiovascular ailments is widely distributed. Even then only a few species are included in the Pharmacopoeias. In this study bioactive flavonoids of Crataegus azarolus and Crataegus pallasii were identified and quantified in comparison with the well-known pharmaceutical product of Crataegus; Crataegutt® Tropfen using reverse phase-high performance liquid chromatography. The method developed is simple, fast, reliable and sensitive. In an attempt to reduce matrix effect prior to high performance liquid chromatography analysis, a novel approach is proposed as an efficient simple clean-up technique termed "indirect-dispersive liquid-liquid microextraction". Validation parameters of the method were calculated as follows: Limit of detection ranged from 0.4 to 3.4 mg/g and limit of quantitation from 1.3 to 11.3 mg/g, intraday and interday precision expressed as percentage relative standard deviation ranged from 1.0 to 2.8 and 1.5 to 4.3, respectively and r<sup>2</sup> values were above 0.9950 for all analytes. The relative recovery of all analytes was more than 98 %. Four predominate peaks were identified using certified standards as Vitexin 2"-O-rhamnoside, rutin, vitexin and hyperoside, with mass concentration (% w/w) in Crataegus azarolus as 4.4 %, 2.9 %, 1.7 % and 4.4 %, in Crataegus pallasii as 4.4 %, 2.6 %, 1.4 % and 4.8 % and in Crataegutt<sup>®</sup> Tropfen as 1.6 %, 1.0 %, 0.6 % and 0.4 % respectively. Thus, the values met the criteria of the United States Pharmacopeia and the European Pharmacopeia monographs. Our investigations postulate that *Crataegus azarolus* and *Crataegus pallasii* could be a good source for the production of *Crataegus* phytomediciness.

# Key words: *Crataegus azarolus, Crataegus pallasii*, reverse phase-high performance liquid chromatography, indirect dispersive liquid-liquid microextraction, Vitexin 2''-O-rhamnoside, rutin, vitexin, hyperoside

*Crataegus* species, known as "Hawthorn", are specially used for mild heart diseases. Flavonoids are the main constituents responsible for biological activities. The most important feature of *Crataegus* extracts is their positive inotropic effect. They increase the activation of the heart muscle cells, provide them a good feeding, regulate the blood flow and are coronary dilatators<sup>[1,2]</sup>. The main flavonoids in these extracts are hyperoside, vitexin, rutin and vitexin 2"-O-rhamnoside, in addition to Oligomeric Procyanidins (OPC)<sup>[3,4]</sup>. Therapeutic preparations from the leaves and flowering tops of *Crataegus* species have been used for the treatment of cardiovascular disorders since the first century A.D<sup>[5]</sup>. *Crataegus* products have been in use for at least 30 y and their safety and efficacy have been studied extensively<sup>[6,7]</sup>. Extracts prepared from some *Crataegus* species are documented in pharmacopeias as commercial extracts of standardized composition<sup>[8-11]</sup>. The chemistry and activities of the extracts obtained from *Crataegus* species, growing in Turkey have been investigated by one of us (AHM) significantly<sup>[12–24]</sup>. The herbal drug Crataegutt<sup>®</sup> Tropfen manufactured by

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Dr. W. Schwabe Pharmaceuticals GmbH and Co. KG, which is the standardized extract of the leaves and flowers of *Crataegus monogyna* (*C. monogyna*) and *Crataegus laevigata* (*C. leavigata*)<sup>[25,26]</sup> which is one of the most studied *Crataegus* products and used in the pharmaceutical market<sup>[6,27]</sup>.

Reversed-Phase High Performance Liquid Chromatography (RP-HPLC) using C18 column with gradient elution of the mobile phase composition is the technique of choice for the identification and quantitation of phenolic compounds extracted from plant materials<sup>[28]</sup>. However, sample preparation prior to High Performance Liquid Chromatography (HPLC) analysis is an important step to avoid matrix interference and facilitate preconcentration of analytes present in low concentrations. Dispersive Liquid-Liquid Micro Extraction (DLLME) is a microextraction technique proposed for the first time by Rezaee<sup>[29]</sup> is primarily used for this purpose<sup>[30]</sup>. Since its introduction in 2006, DLLME has found wide prominence among scientists as an efficient sample preparation method prior to instrumental analysis, including HPLC, for minimizing matrix effect and preconcentrating of analytes<sup>[31]</sup>. In conventional DLLME, the analytes are extracted into a micro volume of a water-immiscible organic solvent, where they are preconcentrated. The analyte-rich extraction phase is separated from the mixture, evaporated to dryness and the analytes are reconstituted into a water-miscible solvent prior to RP-HPLC. To achieve an efficient sample clean-up of hydrophobic matrix components which might pose a potential interference on analytic peaks, Indirect Dispersive Liquid-Liquid Micro Extraction (IDLLME) was thought to be possible. In this method, hydrophobic interfering compounds were extracted into the organic solvent, whereas the analytes remain in the aqueous solution, which could be directly injected into RP-HPLC.

*Crataegus azarolus* L. is considered a medicinal and edible wild plant in Cyprus<sup>[32,33]</sup> and is one of the *Crataegus* species inscribed in the European Pharmacopeia. Numerous research has been carried out to determine phenolic compounds in *C. azarolus* by different HPLC methods<sup>[34-38]</sup>. In Libya, *Crataegus pallasii* grows in Bata area of El-merj city and is the only *Crataegus* species in Libya that has survived diverse environmental conditions. It is traditionally used by Libyans to improve cardiac functions<sup>[39]</sup>.

In this study, RP-HPLC-Diode Array Detector (RP-HPLC-DAD) method is reported for the first time

on two non-investigated species of Crataegus; C. azarolus growing in Cyprus and C. pallasii growing in Libya. The analytical method was developed for the identification and determination of the most important bioactive flavonoids in C.azarolus and C.pallasii in comparison with the phytopharmaceutical product of Crataegus, Crataegutt<sup>®</sup> Tropfen drops to evaluate the possibility of other species for the production of Crataegus derived pharmaceutical products that meet the requirements of the pharmacopeias. Experimental parameters influencing the chromatographic efficiency of the method were optimized, which included the mode of elution, type and composition of the mobile phase, column temperature and flow rate. Validation parameters of the method were expressed in terms of linearity, accuracy, sensitivity and precision.

# MATERIALS AND METHODS

### Plant materials and phytopharmaceutical product:

*C. azarolus* L. samples were collected on 26.3.2018 at Cengizköy, North Cyprus and deposited at the Near East University Herbarium, voucher number NEUN 6899. Samples of *C. pallasii* Griseb were collected on 23.3.2018 in El-merj, Bata area, authenticated by Dr. Mohammed Nuri Abuhadra and placed at the Herbarium of the Faculty of Science, Botany Department, University of Tripoli, Libya, voucher number: D6831131. Crataegutt<sup>®</sup> Tropfen, a *Crataegus* derived phytopharmaceutical drug, was obtained in 2018 from Marien Apotheke in Saarlouis, Germany.

### Chemicals and apparatus:

For the extraction of the plant material, leaves and flowers were ground using commercial blender WARING® CB15V (USA) and extracted with ethanol which was purchased from Merck chemicals (Germany). Ethyl acetate, n-hexane and toluene were obtained from Sigma-Aldrich GmbH. E102 from Bor-Kim (Turkey). The rotatory evaporator was purchased from Buchi Heating mantle MTOPS Labortechnik AG (Switzerland). Lyophilization was carried out with Martin Christ Gefriertrocknungsanlagen GmbH. For the HPLC analysis, all reagents were of analytical grade. HPLC grade Acetonitrile (ACN) was purchased from VWR Prolabo Chemicals (USA). Absolute ethanol 99.9 % was purchased from Tekkim Kimya San (Turkey). Phosphoric acid was obtained from Millipore (USA) and chloroform was from BDH Prolabo<sup>®</sup> VWR European economic community. Deionized (DI) water (18.2 MQcm) was obtained using Purelab Ultra Analytic (ELGA Lab Water, UK). The Standard compounds Hyperoside and vitexin were obtained from HWI Pharma Services GmbH. Rutin were ordered from sigma life science. The authentic standard vitexin 2"-O-rhamnoside was purchased from Sigma-Aldrich (France). A digital ultrasonic bath from Bandelin Sonrex (Germany) was used for sonication. Centrifugation was performed with Hettich Eba 20 centrifuge and vortex was performed on a Heidolph Reax top vortex (Germany). Eppendorf micropipette from Sigma-Aldrich (USA). Filtration of all solutions and samples was carried out before use *via* vacuum filtration through 0.20  $\mu$ m regenerated cellulose membrane filters obtained from Whatman (Germany) and 0.22  $\mu$ m sterile nylon syringe filters from Chromfil (China). Degassing was performed through sonication.

#### Preparation of samples and standards:

An extraction protocol procedure was carried out to prepare the ethyl acetate extract of C. azarolus and C. pallasii with some modifications<sup>[23]</sup>. Leaves and flowering tops of both species were shade dried. After drying, samples were ground and 25.0 g were weighed and extracted by soxhlet apparatus with 96.0 % ethanol for 6 h. After washing the total ethanolic extract with n-hexane and toluene, the ethyl acetate fraction was evaporated to dryness in a rotary evaporator, freezedried and stored in a dry place until analyzed by RP-HPLC-DAD. To prepare the sample solution, 25.0 mg of ethyl acetate extract was weighed and the IDLLME procedure was carried out to reduce the matrix effect by adding 4.5 ml of DI water to the extract and sonicating the mixture for 5 min. Next, 500 µl ACN (as a disperser solvent), 100 µl of chloroform (as an extractant for interferences) and 100 µl of phosphoric acid were added. The solution was vortexed for 1 min and centrifuged for 1 min at 6000 rpm. The organic phase containing the interferences was discarded and the aqueous phase was directly injected into HPLC for analysis.

To prepare the appropriate concentrations for calibration curves, 1.0 ( $\pm 0.01$ ) mg of each standard was weighed and dissolved in ethanol in an HPLC vial to obtain a 1000 mg/l stock solution of individual standards, which were stored at a temperature of 4° until use. Intermediate stock solutions containing 100 mg/l were freshly prepared in ethanol.

The Crataegutt<sup>®</sup> Tropfen sample was prepared from 1.0 ml of the crude syrup and diluted to 10 ml with ethanol to make a 10 % (v/v) solution. The solution was filtered and injected into HPLC after appropriate dilution.

#### Instrumentation and chromatographic conditions:

Chromatographic separations were performed using an HPLC instrument (Agilent Technologies 1200 series, USA) equipped with a quaternary pump, a solvent degasser system, an automatic injector, a column oven and a Diode Array Detector (DAD). Chemstation software (Rev. B.03.01, Agilent Technologies, USA) was used for evaluating the chromatograms. An ACE-C8 column (4.6 mm internal diameter (ID)×25 cm, 5  $\mu$ m) was used for separation of the analytes by maintaining a column temperature of 20°. The mobile phase consisted of water (A) and ACN (B) using a gradient elution program of 20 % B at 0 min to 60 % B at 12 min at a flow rate of 0.8 ml/min. The wavelength was selected and monitored at 264 nm for hyperoside and 342 nm for the other analytes, which corresponded to their maximum absorption wavelengths and the injection volume was set at 20 µl.

### **Method validation:**

The HPLC-DAD validation method was based on Association of Official Analytical Collaboration (AOAC) guidelines. Analytical figures of merit were used to determine the linearity, sensitivity, precision and accuracy of the method. The linearity of the method was evaluated by performing standard-addition calibration graphs by spiking known concentrations of the standards into samples of *C. azarolus*, *C. pallasii* and Crataegutt<sup>®</sup> Tropfen drops and plotting the peak area *vs*. concentrations of standard solutions within the concentration range of 0-25.0 mg/l, with each measurement repeated three times (n=3).

Standard addition calibration curves were also used to evaluate the sensitivity of the method by calculating the Limits of Detection (LOD), using the equation 3.3  $S_b/m$  and Limits of Quantification (LOQ) using the equation 10  $S_b/m$ , where  $S_b$  is the standard deviation of the Y-intercept of the regression lines and m is the slope of the regression equation curve.

The method precision or reproducibility was expressed as Percentage Relative Standard Deviation (% RSD) at all concentrations of the analytes with intraday and interday precision and expressed as RSD of a series of measurements within the same day and different days respectively. To evaluate the accuracy of the method, addition-recovery tests were carried out by spiking samples of *C. azarolus*, *C. pallasii* and Crataegutt<sup>®</sup> Tropfen drops, with known concentrations of the standard of the analytes at three concentration levels (5.0, 10.0 and 15.0 mgl<sup>-1</sup>). The Percentage Relative Recoveries (% RR) were calculated. All analyses were carried out in triplicates.

Using single variable Analysis Of Variance (ANOVA), the p-values of the concentration of each analyte between pairs of selected samples of *C. azarolus*, *C. pallasii* and Crataegutt<sup>®</sup> Tropfen drops were compared.

# **RESULTS AND DISCUSSION**

Crataegus (hawthorn) is one of the most outstanding medicinal plants in phytotherapy and has been recently a topic of concern in the treatment of disease-related mainly to the cardiovascular system. Pharmacologically active metabolites are reported to be present in *Crataegus* extracts which are responsible for its activity namely flavonoids; hyperoside, vitexin, rutin and vitexin 2"-O-rhamnoside<sup>[12-24]</sup>. Therefore, phytopharmaceuticals intended to be produced from Crataegus species are standardized for the concentrations of these active metabolites according to that mentioned by the official pharmacopeias<sup>[8–11]</sup>. Since the interest in herbal medicine has been growing worldwide which has raised the international trade of herbal medicine and attracted pharmaceutical companies in commercializing herbal drugs, many international companies have taken over the production of drugs from Crataegus species. Various pharmaceutical dosage forms have been introduced into the international market from Crataegus, most well-known is Crataegutt<sup>®</sup> Tropfen the standardized extract of the leaves and flowers of C. monogyna and C. leavigata, manufactured by Dr. W. Schwabe Pharmaceuticals GmbH and Co. KG<sup>[25,26]</sup>. Therefore, this study aimed to develop a simple, fast, sensitive, accurate and reliable RP-HPLC-DAD analytical method for the identification and determination of the most important bioactive flavonoids from C. azarolus and C. pallasii in comparison with Crataegutt® Tropfen drops in a step to evaluate the possibility of other Crataegus species to produce Crataegus-derived pharmaceutical products that will meet the requirements of the pharmacopeias.

Optimisation of chromatographic conditions was carried out using a One-Factor-At-a-Time (OFAT) approach<sup>[40,41]</sup>. Short-chain aliphatic stationary phases (i.e., C4 and C8) were considered for preliminary experiments. A gradient scan using both columns with a mobile phase consisting of ACN and water over the range of 0 % to 100 % (v/v) ACN within 20 min revealed that C8 was more suitable for separation. Compared

with methanol, ACN showed a better resolution and separation efficiency and hence, the latter was selected as the optimum mobile phase (fig. 1A). Preliminary experiments also revealed that isocratic elution was not possible. Optimum baseline resolution was obtained using a gradient composition starting from 20 % ACN to a final composition of 60 % ACN in water (fig. 1B). An optimum gradient time of 12 min was chosen based on peak efficiency and resolution (fig. 1C). The influence of column temperature was examined within the range of 15°-35°; optimum resolution and retention time were obtained at 20° for all analytical peaks (fig. 1D). Hence, this temperature was kept constant in subsequent experiments. The effect of flow rate was evaluated by plotting the corrected peak area against the flow rate. The effect was variable for the major peaks but there was a correlation between the analytical peaks having a maximum at 0.8 ml/min (fig. 1E). Optimum chromatographic conditions are summarized in Table 1.

Initial chromatograms showed elevated baselines due to the matrix effect posing a risk for error in quantitation especially when the analytes were present at low concentrations near the LOQ. IDLLME was developed for the first time to overcome this problem. In this method, potential matrix constituents, which would interfere with the analytical peaks were extracted into the organic extraction phase, i.e., chloroform, while the analytes remained in the aqueous phase. The baselines obtained in both cases were compared. It was found that IDLLME was an efficient sample clean-up method, which significantly reduced the matrix effect as shown in fig. 2.

Method validation was based on AOAC guidelines<sup>[42]</sup>. Standard-addition calibration graphs were plotted by spiking known concentrations of the standards, vitexin 2"-O-rhamnoside, rutin, vitexin and hyperoside into the samples of C. azarolus, C. pallasii and Crataegutt® Tropfen drops and plotting the peak area in the y-axis vs. concentrations of standard solutions within the range of 0-25.0 mgl<sup>-1</sup> in the x-axis, with each measurement repeated three times. The method showed good linearity with coefficients of determination  $(r^2)$  more than 0.9950 in the range of the concentrations studied. The method also revealed good sensitivity by using standard addition calibration curves to calculate the limits of detection LOD and LOQ which ranged from 0.4 to 3.4 mgg<sup>-1</sup> and from 1.3 to 11.3 mgg<sup>-1</sup>, respectively. The precision of the method was expressed as % RSD at all concentrations of the analytes with intraday and interday precisions ranging from 1.0 to 2.8 and from



#### Fig. 1: Optimisation of chromatographic conditions

Note: Note: A: Effect of organic solvent type in the mobile phase on separation, B: Effect of the initial (i) and final (ii) concentration of ACN in the mobile phase on separation, C: Effect of gradient time on separation, D: Effect of column temperature on separation, E: Effect of flow rate on corrected peak area.

#### **TABLE 1: OPTIMUM CHROMATOGRAPHIC CONDITIONS**

Variable	Optimum condition					
Column	ACE5-C8, 4.6 mm ID×25 cm (5 μm)					
Detector/wavelength	DAD, 264 nm for hyperoside and 342 nm for the other analytes, bandwidth: 16 nm					
Injection volume (µl)	20					
Mobile phase	(A) H <sub>2</sub> O: (B) ACN, 20 % B at 0 min to 60 % B at 12 min					
Temperature	20°					
Flow Rate (ml/min)	0.8					
	$P = \begin{pmatrix} 800 \\ 600 \\ 400 \\ 400 \\ 0 \end{pmatrix} \begin{pmatrix} (a) \\ 200 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\ 0 \\$					

4 Retention time (min)

#### Fig. 2: Effect of IDLLME on the baseline

Note: a: before IDLLME; b: after IDLLME; Peak 1: vitexin 2"-O-rhamnoside; Peak 2: rutin, Peak 3: vitexin and Peak 4: hyperoside

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1.5 to 4.3 respectively, which indicate good precision of the method. The method showed high accuracy based on the relative recovery of the analytes shown to be more than 98 % by spiking known concentrations of the standards (5.0, 10.0 and 15.0 mgl<sup>-1</sup> into a fixed amount of samples of *C. azarolus*, *C. pallasii* and Crataegutt<sup>®</sup> Tropfen drops. Method validation parameters are indicated in Table 2.

The chromatograms showed four peaks which were identified as vitexin 2"-O-rhamnoside, rutin, vitexin and hyperoside by comparing their retention times and the Ultraviolet (UV) spectra with those obtained with the standard compounds (fig. 2 and fig. 3). *C. azarolus* showed the highest concentration for rutin (2.9 %) and

vitexin (1.7 %), *C. pallasii* with a concentration of (2.6 %) and (1.4 %) respectively. Whereas *C. pallasii* revealed the highest concentration of hyperoside (4.8 %) to *C. azarolus* (4.4 %). In consideration with the *Crataegus* phytomedicine Crataegut<sup>®</sup> Tropfen, all analytes were in a lower concentration as compared with *C. azarolus* and *C. pallasii* (1.6 %, 1.0 %, 0.6 % and 0.4 %). These results are consistent with that of other researchers on *Crataegus* species in that hyperoside was the main constituent in addition to rutin, vitexin 2"-*O*-rhamnoside and vitexin<sup>[23]</sup>. While, following the USP Monographs 2009, the standardized extract of *Crataegus* leaf and flowers is required to contain not less than 0.6 % of C-glycosylated flavones, expressed

Analytes								
Paramater	Vitexin2"-O-rhamnoside	Rutin	Vitexin	Hyperoside				
Regression <sup>a</sup> equation	y=49.5 (±0.66) x+611.21(±9.93)	y=26.9 (±0.13) x+636.26 (±2.0)	y=26.5 (±0.24) x+552.8 (±3.59)	y=43.04 (±0.41) x+476.3 (±6.20)				
r²	0.9970	0.9970	0.9990	0.9980				
LOD <sup>b</sup>	1.0	0.4	2.2	3.4				
LOQ <sup>c</sup>	3.3	1.3	7.3	11.3				
% RSD <sup>d</sup> (intraday)	2.8	1.0	2.5	1.9				
% RSD <sup>d</sup> (interday)	3.2	1.5	4.3	3.0				
Relative Recovery % RRAddec $(mgl^{-1})$	1							
5	100.73±1.02	00.09±0.13	98.95±1.50	99.40±0.85				
10	98.21±2.55	99.53±0.67	98.91±1.55	99.95±0.07				
15	98.67±1.90	99.75±0.35	99.48±0.74	101.62±2.28				

Note:  $Peak area=slope (\pm SD) \times (Analyte (mgl-1))+intercept (\pm SD): Limit of detection (mgg<sup>-1</sup>): Limit of quantitation (mgg<sup>-1</sup>): Percentage relative standard deviation, n$ 



Fig. 3: Peak characterization in the crude extracts

Note: a: Crataegus pallasii, b: Crataegutt<sup>®</sup> trophen, c: Crarategus azarolus, d: Vitexin 2''-O-rhamnoside, e: Rutin, f: Vitexin, g: Hyperoside

as vitexin and not less than 0.45 % of O-glycosylated flavones expressed as hyperoside<sup>[8]</sup>. On the other hand, the European Pharmacopoeia 2008 states that the standardized hawthorn leaf and flower extract is required to contain at least 0.8 % to 3.0 % of flavonoids expressed as hyperoside<sup>[10]</sup>. Consonantly, with these requirements and comparing with the quantitative results obtained in this study related to the herbal product Crataegutt<sup>®</sup> Tropfen, the ethyl acetate extract of C. azarolus and C. pallasii met the criteria stated by the pharmacopeias. In addition, statistical analysis was carried out to compare the concentration levels of the analytes between the ethyl acetate extracts of C. azarolus, C. pallasii and phytomedicine Crataegutt® Tropfen. Using single variable ANOVA, the p-values of the concentration of each analyte between pairs of selected samples were compared as shown in Table 3. In general, p<0.05 for all comparisons indicates that there is a significant difference in the concentration of each analyte between the samples except for vitexin 2"-O-rhamnoside where p>0.005 indicates no significant difference between the pair of Crataegus

species. The Percentage Mass concentration (% w/w) of the four analytes; vitexin 2"-O-rhamnoside, rutin, vitexin and hyperoside found in *C. azarolus*, *C. pallasii* and Crataegutt<sup>®</sup> Tropfen are given in Table 3 and fig. 4.

Recently, certain studies have also has been carried out to evaluate the effectiveness of herbal remedies in comparison to conventional drugs<sup>[43,44]</sup>. This study has been conducted in search of a new source of crude drug material to produce Crataegus-derived phytomedicine. A fast, simple, reliable and sensitive RP-HPLC-DAD method was proposed for the determination of the most important bioactive flavonoids in two non-investigated species of Crataegus, C. azarolus growing in Cyprus and C. pallasii growing in Libya in comparison with the phytomedicine Crataegutt<sup>®</sup> Tropfen. A novel, rapid and less solvent-consuming approach which could be applicable as a reference to other research including Crataegus extracts, based on DLLME with modifications termed "indirect-dispersive liquidliquid microextraction" efficiently and significantly reduced matrix effect. The results obtained revealed that the percentage concentration of the flavonoids;

Concentration (% w/w)						
Sample	Vitexin 2''-O-rhamoside	Rutin	Vitexin	Hyperoside		
C. azarolus	4.4±0.08	2.9±0.03	1.7±0.07	4.4±0.23		
C. pallasii	4.4±0.08	2.6±0.05	1.4±0.02	4.8±0.12		
Crataegutt® Tropfen	1.6±0.05	1.0±0.07	0.6±0.02	0.4±0.02		



 Fig. 4: Percentage content of analytes ( ): Crataegus azarolus; ( ): Crataegus pallasii; ( ): Crataegutt® tropfen

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vitexin 2"-O-rhamnoside, vitexin, rutin and hyperoside in *C. azarolus* and *C. pallasii* met the criteria set by the Pharmacopoeias recommended for preparations containing standardized extract of *Crataegus* flowers and leaves.

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# **Conflict of interests:**

The authors have no conflict of interest to report.

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