Correlation Analysis between the Level of Coagulation Function and Osteonecrosis of Femoral Head

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To explore the correlation analysis between the level of coagulation function and osteonecrosis of femoral head is the main objective of the study. Osteonecrosis of femoral head is the end point of the disease process due to inadequate blood flow and osteonecrosis of bone tissue and later in the disease, femoral head collapse, arthritis or even hip replacement surgery may be required. Therefore, it is called avascular necrosis of femoral head and is a common and intractable disease in orthopedics clinic. According to statistics, there are about 7.5~10 million patients with osteonecrosis of femoral head in our country and the number of new cases is up to 300 000 every year. It is seen mostly in people aged 30-50 y and about half involve bilateral femoral heads. Its pathogenesis is influenced by many factors and complex mechanisms, and osteonecrosis of femoral head is most commonly caused by trauma, corticosteroid and alcohol use, but is also associated with blood metabolic disorders and coagulation disorders. To evaluate the relationship between prothrombin time, activated partial thromboplastin time, thrombin time and fibrinogen levels in patients with osteonecrosis of femoral head. Prothrombin time, activated partial thromboplastin time and fibrinogen levels were independent risk factors for the development of osteonecrosis of femoral head and all of them were risk factors; that is, the lower the prothrombin time and activated partial thromboplastin time levels, the higher the fibrinogen level and the higher the risk of osteonecrosis of femoral head occurrence.

Key words: Coagulation function, femoral head, necrosis, logistic regression analysis

Osteonecrosis of Femoral Head (ONFH) is the end point of the disease process due to inadequate blood flow and osteonecrosis of bone tissue and later in the disease, femoral head collapse, arthritis or even hip replacement surgery may be required. Therefore, it is called Avascular Necrosis of Femoral Head (AVNFH) and is a common and intractable disease in orthopedics clinic^[1,2]. According to statistics, there are about 7.5~10 million patients with ONFH in our country and the number of new cases is up to 300 000 every year. It is seen mostly in people aged 30-50 y and about half involve bilateral femoral heads. Its pathogenesis is influenced by many factors and complex mechanisms, and ONFH is most commonly caused by trauma, corticosteroid and alcohol use, but is also associated with blood metabolic disorders and coagulation disorders^[3,4]. Often it is divided into traumatic and nontraumatic factors; the former is mainly caused by hip trauma, which results from acute mechanical disruption of the blood supply to the femoral head^[5]; whereas for the latter non-traumatic ONFH, many hypotheses have been proposed that hormonal and other etiologies lead to hypertrophy of marrow adipocytes, an increase in bone marrow pressure and ultimately intravascular coagulation and thromboembolism within the microcirculation, resulting in osteonecrosis^[6]. Previous studies have shown that in patients with non-traumatic ONFH, the occurrence and development process are closely related to the metabolism of blood lipids, blood diseases, blood cell levels, coagulation disorders, etc.,^{[7-} ^{10]} while apart from these common causes of ONFH, there are some unexplained studies on the relationship between idiopathic ONFH and coagulation function have rarely been reported, so the coagulation indices in this subset of patients with idiopathic ONFH were studied with intergroup contrast and are reported below.

MATERIALS AND METHODS

General data:

Through the hospital electronic medical record system, 224 patients with ONFH who met the diagnostic, inclusion and exclusion criteria of this study were selected as the experimental group from June 2019 to June 2021 in the Department of Osteoarthritis, the Northern Jiangsu People's Hospital. A total of 243 consecutive hospitalized femoral neck fracture patients during the same period were selected as the control group. In the experimental group, there were 94 males and 130 females, aged 28-88 y, with a mean age of 65.31 ± 10.76 y. In the control group, there were 64 males and 179 females, aged 51-98 y, with a mean age of 75.39±9.63 y. The inclusion criteria (met simultaneously) includes the diagnostic criteria were based on the diagnostic criteria of ONFH proposed by Professor Zhao Dewei^[2]; fulfilled the above diagnostic criteria and age ≥ 18 y. Exclusion criteria ≥ 18 y. Exclusion criteria: patients patients with chronic diseases (hematological diseases, chronic kidney disease, chronic hepatitis, cirrhosis, thrombotic disease, and cancer); history of alcohol abuse (average consumption of pure alcohol ≥400 g per week during drinking period); history of steroid use; history of hip infection, tuberculosis, congenital hip dysplasia; history of anticoagulant use such as aspirin, warfarin, clopidogrel and low molecular weight heparin calcium within 1 w prior to blood draw; patients with femoral neck fractures whose disease duration was greater than 3 w; those had been operated for this ONFH or femoral neck fracture prior to testing; those whose basic information and coagulation indicators were missing; those patients had both ONFH and femoral neck fracture; there was a clear history of trauma to the ipsilateral hip in the patient with ONFH.

Methods:

The patients who were admitted to the Department of Osteoarthritis from June 2019 to June 2021 with "Aseptic necrosis of the femoral head" as the admission diagnosis were retrieved through the Hospital Information System (HIS) system of the Northern Jiangsu People's Hospital and the basic information such as age, gender, cause of disease and the tested coagulation index were collected from the medical records of all study subjects: Activated Partial Thromboplastin Time (APTT), Prothrombin Time (PT), Fibrinogen (FIB) and Thrombin Time (TT). The above indicators were collected by venous blood sampling at about 8:00 a.m. after fasting for 10 h and the coagulation indicators were detected by Sysmex-2100 automatic coagulometer. The final data were collected by 2 postgraduate students by a two person dual machine built Excel sheet and proofread by the software.

Statistical processing:

The data were analyzed by Statistical Package for the Social Sciences (SPSS) 26.0. Measurement data were tested for normality by the D'Agostino test and normally distributed indexes were expressed as Mean±Standard Deviation (SD) and comparisons between groups were made by the independent samples t-test and comparisons among multiple groups were made by univariate Analysis Of Variance (ANOVA). The count data were expressed as percentage (%) and the comparison between groups was performed using chi square test. p<0.05 was considered statistically significant.

RESULTS AND DISCUSSION

Comparison of each index between groups was observed. Between the two groups, age, PT, APTT, TT and FIB followed a normal distribution by normal test and after t-test, we found that the experimental group had significantly lower age (p<0.05), PT and APTT levels (p < 0.05) and FIB levels (p < 0.05) than the control group, while there was no significant difference in TT levels between the two groups (p>0.05). The difference in gender and history of previous hypertension between the two groups was statistically significant (p < 0.05), where the percentage of males in the experimental group was significantly higher and the prevalence of history of hypertension was significantly lower than that of the control group, while there was no significant difference in the distribution of whether the two groups were smoking, drinking or not and had history of diabetes mellitus (p>0.05) (Table 1).

Univariate analysis identified PT, APTT and FIB as risk factors for the development of ONFH (Odds Ratio (OR) \geq 1, p<0.05). Further dividing the PT, APTT, TT and FIB levels into four classes, binary logistic regression analysis was performed and found that the risk of developing ONFH in the TT16. 10-17.00 group and 17.00-17.80 group was 1.907 times of <16.1 group (OR=1.907, 95 % Confidence Interval (CI): 1.087-2.014, p<0.001), 1.541 times (OR=1.541, 95 % CI: 1.062-1.965, p=0.016); the risk of developing ONFH in the FIB \geq 4.15 group, 3.50-4.15 group was 3.293 times of <2.96 group (OR=3.293, 95 % CI: 2.782-5.917, p<0.001), 2.092 times (OR=2.092, 95 % CI: 1.528-2.191, p<0.001); the risk of developing ONFH in the PT 12.50-13.00 group and 13.00-13.70 group was 1.772 times of <12.5 group (OR=1.772, 95 % CI: 1.079-2.079, p<0.001), 1.648 times (OR=1.648, 95 % CI: 1.005-1.894, p=0.034); the risk of APTT developing ONFH in the 34.00-37.10 group and 37.10-40.60 group was 1.808 times of <34.00 group (OR=1.808, 95% CI: 1.341-2.012, p<0.001), 1.483 times (OR=1.483, 95 % CI: 1.104-1.569, p=0.008), that is the lower the PT and APTT level, the higher the FIB level, the more likely it was to develop ONFH (OR>1, p<0.05) and the effect of TT on ONFH occurrence was not significant (p>0.05) (Table 2).

Multivariate analysis of coagulation function and the occurrence of ONFH after age correction were compared. After age adjustment, PT, APTT, TT and FIB were found to be independent influences on the occurrence of ONFH as PT (OR=1.124, 95 % CI: 1.027, 1.146, p=0.007), APTT (OR=1.432, 95 % CI: 1.135, 1.928, p=0.039), TT (OR=1.016, 95 % CI: 1.006, 1.079, p=0.041), FIB (OR=1.392, 95 % CI: 1.128, 1.719, p=0.002). For male, PT, APTT, TT and FIB were independent influencing factors for the occurrence of ONFH, as PT (OR=1.176, 95 % CI: 1.085, 1.391, p=0.003), APTT (OR=1.216, 95 % CI: 1.045, 1.992, p=0.031), TT (OR=1.035, 95 % CI: 1.002, 1.086, p=0.011), FIB (OR=1.351, 95 % CI: 0.945, 1.933, p=0.009). For female, PT, APTT and FIB were independent influencing factors for the occurrence of ONFH, as PT (OR=1.107, 95 % CI: 1.015, 1.165, p=0.024), APTT (OR=1.015, 95 % CI: 1.003, 1.029, p=0.002), TT (OR=1.011, 95 % CI: 0.875, 1.168, p=0.882), FIB (OR=1.403, 95 % CI: 1.078, 1.825, p=0.012) (Table 3).

TABLE 1: THE BASIC CLINICAL CHARACTERISTICS BETWEEN THE TWO GROUPS

	Total	Control group	Experimental group	U value/T value/χ² value	p value
Number of cases	467	243	224		
Age	70.56±11.35	75.39±9.63	65.31±10.76	-10.679	<0.001
Gender	467	243	224	12.714	<0.001
Male	158 (33.8 %)	64 (26.3 %)	94 (42.0 %)		
Female	309 (66.2 %)	179 (73.7 %)	130 (58.0 %)		
PT	13.06±1.28	13.19±1.37 high	12.92±1.18	-2.277	0.023 (0.01 <p<0.05)< td=""></p<0.05)<>
APTT	37.33±5.46	37.88±6.29 high	36.74±4.33	-2.295	0.022 (0.01 <p<0.05)< td=""></p<0.05)<>
ТТ	17.10±1.84	17.24±1.76	16.95±1.91	-1.739	0.083 (>0.05)
FIB	3.57±1.00	3.47±1.06 low	3.97±0.92	2.165	0.003 (<0.01)
Hypertension	467	243	224	9.841	0.002(<0.01)
Yes	225 (48.2 %)	134 (55.1 %) high	91 (40.6 %)		
None	242 (51.8 %)	109 (44.9 %)	133 (59.4 %)		
Diabetes mellitus	467	243	224	0.201	0.654(>0.05)
Yes	47 (10.1 %)	23 (9.5 %) low	24 (10.7 %)		
None	420 (89.9 %)	220 (90.5 %)	200 (89.3 %)		
History of alcohol consumption	467	243	224	0.179	0.672 (>0.05)
Yes	15 (3.2 %)	7 (2.9 %) low	8 (3.6 %)		
None	452 (96.8 %)	236 (97.1 %)	216 (96.4 %)		
Smoking history	467	243	224	0.381	0.537 (>0.05)
Yes	26 (5.6 %)	12 (4.9 %) low	14 (6.3 %)		
None	441 (94.4 %)	231 (95.1 %)	210 (93.8 %)		

A	Total		Male		Female	
Age	OR (95 % CI)	p value	OR (95 % CI)	p value	OR (95 % CI)	p value
TT	0.914 (0.824-1.013)	0.087				
<16.1	1.0		1.0		1.0	
16.10-17.00	1.907 (1.087-2.014)	<0.001	1.874 (1.135-2.003)	<0.001	1.912 (1.372-2.104)	0.004
17.00-17.80	1.541 (1.062-1.965)	0.016	1.472 (1.037-1.736)	0.041	1.465 (1.129-1.694)	0.032
≥17.80	0.966 (0.866-1.079)	0.142	0.915 (0.772-1.086)	0.311	1.011 (0.875-1.168)	0.882
FIB	1.221 (1.017-1.465)	0.033				
<2.96	1.0		1.0		1.0	
2.96-3.50	1.248 (0.863-1.815)	0.382	1.153 (0.549-1.924)	0.413	1.026 (0.834-1.528)	0.603
3.50-4.15	2.092 (1.528-2.191)	<0.001	2.051 (1.369-2.293)	0.007	1.314 (0.906-2.036)	0.129
≥4.15	3.293 (2.782-5.917)	<0.001	3.513 (1.945-6.304)	<0.001	3.027 (1.708-6.359)	<0.001
PT	1.039(1.019-1.179)	0.026				
<12.50	1.0		1.0		1.0	
12.50-13.00	1.772 (1.079-2.079)	<0.001	1.764 (1.029-1.905)	<0.001	1.912 (1.487-2.039)	<0.001
13.00-13.70	1.648 (1.005-1.894)	0.034	1.464 (1.008-1.659)	0.045	1.382 (1.005-1.520)	<0.001
≥13.70	0.974 (0.827-1.146)	0.747	0.976 (0.685-1.391)	0.893	0.967 (0.803-1.165)	0.724
APTT	1.262 (1.130-1.995)	0.025				
<34.00	1.0		1.0		1.0	
34.00-37.10	1.808 (1.341-2.012)	<0.001	1.910 (1.277-1.945)	<0.001	1.912 (1.462-2.205)	0.014
37.10-40.60	1.483 (1.104-1.569)	0.008	1.170 (1.003-1.239)	0.003	1.574 (1.104-1.711)	0.023
≥40.60	0.972 (0.935-1.009)	0.139	0.916 (0.845-0.992)	0.031	0.985 (0.943-1.029)	0.502

TABLE 2: BINARY LOGISTIC REGRESSION ANALYSIS BETWEEN THE LEVEL OF COAGULATION FUNCTION (CONTINUOUS VARIABLE) AND THE OCCURRENCE OF OFNH

TABLE 3: MULTIVARIATE ANALYSIS OF COAGULATION FUNCTION AND THE OCCURRENCE OF ONFH AFTER AGE CORRECTION

Variable	Total		Male		Female	
Variable	OR (95 % CI)	p value	OR (95 % CI)	p value	OR (95 % CI)	p value
PT	1.124 (1.027-1.146)	0.007	1.176 (1.085-1.391)	0.003	1.107 (1.015-1.165)	0.024
APTT	1.432 (1.135-1.928)	0.039	1.216 (1.045-1.992)	0.031	1.015 (1.003-1.029)	0.002
TT	1.016 (1.006-1.079)	0.041	1.035 (1.002-1.086)	0.011	1.011 (0.875-1.168)	0.882
FIB	1.392 (1.128-1.719)	0.002	1.351 (0.945-1.933)	0.009	1.403 (1.078-1.825)	0.012

Multivariate analysis between the level of coagulation function and the occurrence of ONFH after multivariate correction was shown here. After adjustment for age, smoking, drinking, hypertension and history of diabetes mellitus, the PT, APTT, TT and FIB were found to be independent predictors of the development of ONFH, with the PT (OR=1.030, 95 % CI: 1.007, 1.11, p=0.0043), APTT (OR=1.164, 95 % CI: 1.092, 1.204, p=0.015, 95 % CI: 1.164, 1.092, 1.204, p=0.015), TT (OR=1.106, 95 % CI: 1.021, 1.145, p=0.021) and FIB (OR=1.372, 95 % CI: 1.104, 1.704, p=0.004). For male, PT, APTT, TT and FIB were independent influencing

factors for the occurrence of ONFH, as PT (OR=1.383, 95 % CI: 1.024, 1.622, p=0.013), APTT (OR=1.216, 95 % CI: 1.140, 1.998, p=0.046), TT (OR=1.013, 95 % CI: 1.007, 1.092, p=0.023), FIB (OR=1.300, 95 % CI: 0.894, 1.890, p=0.016). For female, PT, APTT and FIB were independent influencing factors for the occurrence of ONFH, PT (OR=1.021, 95 % CI: 1.006, 1.098 p=0.025). APTT (OR=1.106, 95 % CI: 1.032, 1.122, p=0.029), TT (OR=0.913, 95 % CI: 0.771, 1.081, p=0.292), FIB (OR=1.318, 95 % CI: 1.003, 1.731, p=0.047) (Table 4).

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After adjusting for gender, age, whether they smoked, whether they drank alcohol, whether they had a history of hypertension and diabetes mellitus, PT, APTT and FIB were found to be independent risk factors for the development of ONFH and for different gender, PT, APTT and FIB levels remained independent risk factors for the development of ONFH (Table 5). Predictive value of PT, APTT and FIB for the occurrence of ONFH was compared. The area under the curve (AUC) for PT, APTT, FIB, PT+APTT, PT+FIB, APTT+FIB, PT+APTT+FIB were 0.555, 0.577, 0.602, 0.609, 0.646, 0.656, 0.660, respectively, all were statistically significant (p<0.05), where PT+APTT+FIB has the highest AUC, which is better than other combinations of detection (Table 6).

TABLE 4: MULTIVARIATE ANALYSIS BETWEEN THE LEVEL OF COAGULATION FUNCTION AND THE OCCURRENCE OF ONFH AFTER MULTIVARIATE CORRECTION

Variable	Total		Male		Female	
Variable	OR (95 % CI)	p value	OR (95 % CI)	p value	OR (95 % CI)	p value
PT	1.030 (1.007-1.117)	0.043	1.383 (1.024-1.622)	0.013	1.021 (1.006-1.098)	0.025
APTT	1.164 (1.092-1.204)	0.015	1.216 (1.140-1.998)	0.046	1.106 (1.032-1.122)	0.029
тт	1.106 (1.021-1.145)	0.021	1.013 (1.007-1.092)	0.023	0.913 (0.771-1.081)	0.292
FIB	1.372 (1.104-1.704)	0.004	1.300 (0.894-1.890)	0.016	1.318 (1.003-1.731)	0.047

TABLE 5: MULTIVARIATE ANALYSIS BETWEEN THE LEVEL OF COAGULATION FACTORS AND THE OCCURRENCE OF ONFH AFTER MULTIVARIATE CORRECTION

Variable	Total				
Variable	OR (95 % CI)	p value			
PT	1.023 (1.004-1.117)	0.030			
APTT	1.118 (1.030-2.908)	0.043			
TT	0.934 (0.827-1.055)	0.271			
FIB	1.361 (1.095-1.691)	0.005			

TABLE 6: PREDICTIVE VALUE OF PT, APTT AND FIB FOR THE OCCURRENCE OF ONFH

ltomo	Total			
Items	AUC (95 % CI)	p value		
РТ	0.555 (0.501-0.609)	0.040		
APTT	0.577 (0.525-0.629)	0.004		
FIB	0.602 (0.569-0.670)	<0.001		
PT+APTT	0.609 (0.557-0.662)	<0.001		
PT+FIB	0.646 (0.595-0.696)	<0.001		
APTT+FIB	0.656 (0.606-0.705)	<0.001		
PT+APTT+FIB	0.660 (0.611-0.710)	<0.001		

Pathogenesis of ONFH was discussed below. An intergroup comparison of coagulation indicators in patients with ONFH was performed and results were shown here. The two indicators, PT and APTT, were lower in the experimental group than in the control group. The FIB indicator was higher than that of the control group and the difference had statistical significance (p < 0.05). This indicates that ONFH is characterized by significant differences in coagulation (PT, APTT, FIB) indicators, which coincides with a previous study reported by Huitian et al.[11]. Several current studies have demonstrated abnormalities in coagulation in hormonal ONFH and alcoholic ONFH^[12,13]. As to the role played by coagulation function in it, it is currently inconclusive. But even in the absence of hormonal and alcohol effects, there are studies indicating that there is still a correlation between coagulation abnormalities and the presence of ONFH^[14]. Common coagulation functions include APTT, PT, FIB and TT indicators.

PT refers to the addition of excess tissue thromboplastin and calcium ions to platelet poor plasma and the conversion of prothrombin to thrombin, resulting in the time required for plasma coagulation. PT assay is a sieving test to check the function of the body's extrinsic coagulation system with and without disorders, while APTT refers to the observation of the time required for plasma coagulation by adding APTT reagent to the examined plasma. APTT is the most sensitive and commonly used screening test for measuring the endogenous coagulation system. PT, APTT and FIB in this study were all found to be risk factors for ONFH after adjusted and unadjusted multivariate analysis. Whether male or female patients with PT, APTT and FIB remain risk factors for ONFH, regarding the pathogenic mechanism of ONFH caused by abnormalities in the indexes of PT, APTT and FIB, it is believed that the following aspects can be considered: Abnormalities in the coagulation indexes of PT and APTT can indirectly respond to abnormalities in the coagulation factors. Some studies have demonstrated that ghrelin levels were significantly lower and von Willebrand factor (vWF), Plasminogen Activator Inhibitor 1 (PAI-1) and C-reactive protein (CRP) levels were significantly higher in patients with non-traumatic ONFH. Plasma levels of ghrelin, vWF and PAI-1 were changed in patients with non-traumatic ONFH. Ghrelin combined with vWF may be involved in the pathogenesis of nontraumatic ONFH^[15]. vWF is a von Willebrand factor and its role in addition to mediating platelet activated aggregation, can also bind to antihemophilic factor (FVIII), which protects it from degradation and factor FVIII is a major factor involved in the endogenous coagulation process, the increase of which can lead to a relative shortening of APTT, an increased probability of forming thrombus and an increased risk of ONFH. Yet another study showed that thrombotic Factor V Leiden (FVL) mutations are commonly associated with hip osteonecrosis^[16] and that the coagulation factor V, a protein factor in the coagulation process that sits at the intersection of the extrinsic and intrinsic coagulation pathways, is able to accelerate and promote prothrombin activation and thrombin generation. The mutant gene, FVL, is formed when the Factor V gene is mutated. FVL combats the active effects of thrombin Activated Protein C (APC), which leads to abnormal blood coagulation, thrombophilia and hypercoagulability, and finally to ONFH^[17,18]. Studies have compared the degree of reduction in thrombosis and fibrinolysis between patients with idiopathic and secondary osteonecrosis and showed that inherited thrombotic factor VIII and low fibrinolytic Lipoprotein (a) (LP (a)) were more common in patients with idiopathic osteonecrosis. High factor VIII, FVL heterozygosity and resistance to APC (all inherited thrombophilias) are more common in patients with secondary osteonecrosis. Inherited thrombophilia and decreased fibrinolysis are risk factors for idiopathic and secondary ONFH^[19]. FIB also known as coagulation factor I, is a major protein in the coagulation process, which is the most abundant coagulation factor in plasma, the main physiological function is to directly participate in the coagulation process *in vivo* as a coagulation factor. Starklint *et al.*^[20] found fibrin thrombi in areas of osteonecrosis and FIB was enzymatically converted to fibrin and then fibrin thrombi by thrombin, thus also indirectly reflecting the role of coagulation abnormalities in ONFH.

In summary, ONFH is closely related to coagulation function and coagulation disorders may participate in the mechanism of its occurrence and development, which should be paid more attention in the clinic. However, because the sample size of this study was relatively small, the conclusions need to be further investigated.

Conflicts of interest:

The authors declared no conflict of interest.

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