Efficacy of Apixaban *vs.* Low Molecular Weight Heparin in Hip Arthroplasty and their Influence on Coagulation Function and Postoperative Deep Vein Thrombosis

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This research compared the efficacy of apixaban and low molecular weight heparin in patients undergoing hip arthroplasty and their influence on coagulation function and postoperative deep vein thrombosis. We enrolled 114 patients undergoing hip arthroplasty and assigned them into control group (n=50) and research group (n=64) treated with low molecular weight heparin and apixaban, respectively. The coagulation function which included platelets, prothrombin time, activated partial thromboplastin time, incidence of postoperative deep vein thrombosis, levels of deep vein thrombosis and their associated serum markers like c-reactive protein, d-dimer, homocysteine, and their safety were evaluated and compared between the two groups. The results showed no significant differences in pre- and post-treatment platelets, prothrombin time, activated partial thromboplastin time between research group and control group. The research group was observed with statistically lower postoperative deep vein thrombosis and overall complication rates, as well as lower c-reactive protein, d-dimer and homocysteine levels compared before and after treatment. The results show that although apixaban has no significant effect on blood coagulation in patients undergoing hip arthroplasty. It can effectively prevent postoperative deep vein thrombosis while significantly inhibiting c-reactive protein, d-dimer and homocysteine event thrombosis while significantly inhibiting c-reactive protein,

Key words: Apixaban, low molecular weight heparin, hip arthroplasty, coagulation function, deep venous thrombosis, therapeutic effect

Hip Arthroplasty (HA) is a surgical operation for hip joint injuries, which mainly uses prostheses to replace the damaged hip joint completely or partially in order to achieve the therapeutic purpose^[1]. This surgical procedure has been applied to multiple medical settings such as hip pain, joint stiffness, hip fracture, and hip osteoarthritis, exerting a significant improvement effect on patients' hip function, quality of life, low back pain and hip pain^[2-4]. According to epidemiological statistics, the number of patients undergoing HA is increasing by about 20 % with at least 1 million HA surgeries performed worldwide each year^[5,6]. Although HA plays a certain role in pain relief and joint function recovery, there are inevitable postoperative complications and persistent injuries, which hinder the recovery efficacy of patients with this surgical method^[7]. Therefore, it is necessary to find effective counter measures for the above problems to ensure the restoration effect of this surgical approach, which is of great clinical significance for improving the efficacy of patients.

Venous Thromboembolism (VTE), an inducement that leads to increased risk of death and treatment cost, is a common complication after HA^[8]. This event generally includes postoperative Deep Vein Thrombosis (DVT) and pulmonary embolism, with the risk varying widely from 1 %-2 % to 60 % due to population heterogeneity and differences in treatment and diagnosis^[9]. VTE refers to abnormal blood flow that may be related to factors such as blood hypercoagulability^[10]. Therefore, it is crucial to give anticoagulants to patients undergoing HA. Apixaban (API) is an orally activated coagulation Factor X (FXa) inhibitor that can be used in a variety of thromboembolic diseases and is also currently used in HA to deal with DVT and other adverse

events^[11]. As an anticoagulant for HA patients, it has a series of advantages, such as predictable pharmacokinetics and pharmacodynamics, few drug-food interactions, and relatively wide treatment window^[12]. Russell et al.^[13] reported that API can significantly reduce the incidence of DVT after total hip/knee arthroplasty, with a better preventive effect than enoxaparin. Besides API, Low Molecular Weight Heparin (LMWH) is also the standard drug which is used to prevent DVT^[14]. Previous studies have shown that LMWH has more advantages in terms of safety and effectiveness than unfractionated heparin, with strong anticoagulant and anti-inflammatory effects, few adverse reactions and high bioavailability^[15]. It can play an antithrombotic role by improving coagulation function and reducing the injury of vascular endothelial cells related to thrombosis^[16]. This paper primarily compares the curative effect of API vs. LMWH in the treatment of patients undergoing HA and their influence on coagulation function and postoperative DVT, aiming to provide new insights for DVT prevention after HA.

MATERIALS AND METHODS

General information:

This research enrolled 114 patients undergoing HA between December 2018 and December 2021, and assigned them into 2 groups, control group (n=50) and research group (n=64) treated with LMWH and API, respectively, based on the drug therapy they received.

On an average, patients in the control group were aged (56.94 ± 7.66) y, with a ratio of male to female of 27:23 while the data in the research group was 32:32 and (57.81 ± 8.94) y, respectively. The two groups showed no significant difference in general data (p>0.05), with clinical comparability.

This research was conducted strictly adhering to the declaration of Helsinki, has obtained approval from the Ethics Committee of Qingpu Branch of Zhongshan Hospital affiliated to Fudan University Shanghai, as well as informed consent from all the patients.

Eligibility criteria:

The patients who met the study indications, patients who underwent HA surgery for the 1st time with smooth operation, and those whose

communication and cognitive ability were normal, have been included in this study.

Similarly, those patients with coagulation dysfunction, malignant tumors, vital organ dysfunction, allergy to API or LMWH and patients who had mental illness or communication disorders were excluded.

Treatment:

Both the groups were given routine symptomatic treatment and supportive treatment according to their conditions.

Patients in the control group were given the 1st dose of enoxaparin (Yubo Biological Co., Ltd., E0180000) at 12 h after surgery with a subcutaneous injection of 5000 IU, followed by a daily subcutaneous injection of 5000 IU for 5 w. While, patients in the research group were treated with API tablets (Hubei Youngxin Pharmaceutical Technology Co., Ltd., JX20140275) 12 h after surgery, 2.5 mg/time, twice a day, for 5 consecutive w.

Measurement indicators:

Coagulation function: Blood samples were collected before and 3 d after surgery to measure Platelets (PLT), Prothrombin Time (PT) and Activated Partial Thromboplastin Time (APTT) with a CA1500 coagulometer produced by Sysmex Shanghai Ltd.

Postoperative DVT incidence rate: The incidence of postoperative DVT in both groups was recorded and calculated. The diagnostic criteria of DVT were observed. It was observed that the lumen cannot be completely closed after venous compression; no echo or low echo in the lumen and no or little blood flow signal in local veins was seen. Doppler showed no blood flow or no change in blood flow spectrum with respiration.

DVT-associated serum parameters: Before and after 3 d of surgery, C-reactive Protein (CRP) was measured using Enzyme-Linked Immunosorbent Assay (ELISA), while D-Dimer (D-D) and Homocysteine (Hcy) were detected by an automatic coagulation analyzer.

Safety: The incidence of adverse events like gastrointestinal reactions, increased incision bleeding, abnormal liver function, eosinophilia, and thrombocytopenia were recorded in both the groups.

Statistical analysis:

In this study, statistical software Statistical Package for Social Sciences (SPSS) 19.0 version was used for data analysis. The number of patients/ percentage (n/%) and mean±Standard Error of the Mean (SEM) were used to represent the counting data and quantitative data, respectively. Chi-square (χ^2) test was used for inter-group comparisons of counting data. The measurement data between 2 groups were compared by t-test, and by paired t-test before and after treatment where p<0.05 was the significant.

RESULTS AND DISCUSSION

Baseline data of patients undergoing HA was studied, for which characteristics like gender, mean age, Body Mass Index (BMI), disease type, HA type, course of disease, span of hospital stay, etc. were compared between groups and found no statistical differences (p>0.05) (Table 1).

Coagulation function in patients undergoing HA was compared. We examined coagulation indicators in both groups to study the impact of API and LMWH on coagulation function of patients undergoing HA. The pre- and post-treatment PLT of the control group were (2.42 ± 0.72) 10⁹/l and (2.38 ± 0.63) 10⁹/l, vs. (2.38 ± 0.77) 10⁹/l and (2.12 ± 0.55) 10⁹/l in the research group, respectively. The pre- and post-treatment PT were (11.87 ± 2.73) s and (12.62 ± 2.53) s in the control group while (10.74 ± 2.74) s and (11.69 ± 2.65) s in the research group, respectively. The pretreatment APTT levels of the control and research groups were (26.40±4.55) s and (26.86±4.00) s, respectively, while the post-treatment levels were (28.28±5.01) s and (27.18±5.24) s, respectively. The above data revealed no significant differences in PLT, PT, and APTT between and within the groups before and after treatment (p>0.05) (fig. 1).

Incidence of postoperative DVT in HA patients was observed. In the control group, the patients of femoral, popliteal and gastrocnemius vein thrombosis and embolism were 1, 2, 5, and 0, respectively; it can be seen that the cases of gastrocnemius vein thrombosis were the most frequent, followed by popliteal vein thrombosis and femoral vein thrombosis. In the research group, femoral, popliteal, and gastrocnemius vein thrombosis and embolism were found in 0, 2, 0, and 0 patients, respectively, with popliteal vein thrombosis being the most commonly found adverse event. The research group presented statistically lower incidence rates of femoral, popliteal and gastrocnemius vein thrombosis, embolism, and obviously lower total DVT incidence than the control group (3.13 % vs. 16.00)%) (p<0.05) (Table 2).

Univariate analysis of of the occurrence postoperative DVT in patients undergoing HA was observed. In order to understand the underlying factors influencing the development of postoperative DVT in patients undergoing HA, we performed a univariate analysis. All the 114 patients undergoing HA were regrouped to a DVT group (n=10) and a non-DVT group (n=104) according to the occurrence of DVT after surgery. Univariate analysis showed that gender, average age, disease type, type of HA, course of disease, and span of hospital stay did not have any significant effect on the development of DVT after HA (p>0.05), while BMI had a significant impact on postoperative DVT in patients undergoing HA (p=0.009) (Table 3).

Factors	Control group (n=50)	Research group (n=64)	χ²/t	Р
Gender (male/female)	27/23	32/32	0.18	0.672
Average age (years)	56.94±7.66	57.81±8.94	0.548	0.585
BMI (kg/m²)	25.93±3.44	26.11±3.68	0.267	0.79
Disease type (femoral neck fracture/femoral head necrosis/osteoarthritis)	40/7/3	47/12/5	0.67	0.715
Type of HA (total HA/hemiarthroplasty)	39/11	49/15	0.033	0.856
Course of disease (d)	40.92±9.60	40.13±12.68	0.366	0.715
Span of hospital stay (d)	12.12±2.25	12.47±2.48	0.778	0.438

TABLE 1: BASELINE DATA OF PATIENTS UNDERGOING HA (n, mean±SEM)



Fig. 1: Effects of API and LMHW on coagulation indices in patients undergoing HA, (A): PLT in patients; (B): PT in patients and (C): APTT in patients

Note: p>0.05, there was no significant statistical difference in the PLT, PT and APPT levels between and within the two groups before and after treatment

(🔤): Control group and (📼): Research group

TABLE 2: EFFECTS OF API AND LMWH ON THE INCIDENCE OF POSTOPERATIVE DVT IN PATIENTS UNDERGOING HA, n (%)

Categories	Control group (n=50)	Research group (n=64)	χ²	Р
Femoral vein thrombosis	1 (2.00)	0 (0.00)	-	-
Popliteal vein thrombus	2 (4.00)	2 (3.13)	-	-
Gastrocnemius vein thrombosis	5 (10.00)	0 (0.00)	-	-
Embolism	0 (0.00)	0 (0.00)	-	-
Total	8 (16.00)	2 (3.13)	5.815	0.016

TABLE 3: UNIVARIATE ANALYSIS OF THE OCCURRENCE OF POSTOPERATIVE DVT IN PATIENTS UNDERGOING HA

Factors	DVT group (n=10)	Non-DVT group (n=104)	χ²/t	Р
Gender (male/female)	6/4	53/51	0.298	0.585
Average age (<60/≥60) years	3/7	56/48	3.221	0.073
BMI (<28/≥kg/m²)	4/6	81/23	6.903	0.009
Disease type (femoral neck fracture/ femoral head necrosis/osteoarthritis)	5/3/2	82/16/6	4.797	0.091
Type of HA	7/3	81/23	0.322	0.57
Course of disease (<45/≥45) d	5/5	70/34	1.214	0.271
Span of hospital stay (<12/≥15) d	5/5	76/28	2.362	0.124

Similarly, serum markers associated with DVT in patients undergoing HA was observed. We examined DVT-related serum parameters in the two groups. The pre- and post-treatment CRP levels were (34.34±3.23) mg/l and (28.50±2.84) mg/l in the control group while (33.96±4.46) mg/l and (22.33 ± 2.84) mg/l in the research group, respectively. The pre-treatment D-D levels of the control and research groups were (451.60±42.23) μ g/l and (455.18±46.24) μ g/l, respectively, while the post-treatment levels were (358.97 ± 35.02) μ g/l and (290.30±31.92) μ g/l, respectively. The pre- and post-treatment Hcy levels in the control group were $(17.12\pm2.03) \mu mol/l$ and (13.98 ± 2.25) μ mol/l, respectively, vs. (16.66±2.40) μ mol/l 29

and (10.20 \pm 2.09) µmol/l in the research group. Through comparison, we found similar CRP, D-D and Hcy levels in the two groups before treatment (p<0.01). After treatment, the three serum markers decreased significantly in both groups (p<0.01), and were even lower in the research group (p<0.01) (fig. 2).

There was no significant difference in CRP levels between the two groups of patients undergoing HA before treatment (p>0.05), but the CRP level in the research group significantly reduced compared with the control group after treatment (p<0.05).

The level of D-D was not statistically significant between the two groups of patients undergoing HA

before treatment (p>0.05). After treatment, the D-D level in the research group significantly reduced, compared with the control group (p<0.05).

The Hcy levels of two groups of patients undergoing HA, showed no statistical significance before treatment (p>0.05), but the Hcy level in the research group significantly reduced compared with the control group after treatment (p<0.05).

Furthermore, safety of the patients undergoing HA was studied. We evaluated the safety of both groups of patients to analyze the impact of two interventions on patient safety. The results showed that the number of cases of gastrointestinal reactions, increased incision bleeding, abnormal liver function, eosinophilia, and thrombocytopenia in the research group was 1, 1, 1, 0, and 0, respectively, with a total incidence of 4.68 %, while that in the control group was 2, 2, 2, 1, and 1, respectively, with a total incidence of 16.00 %. By comparing the incidence rates of all these adverse reactions and the overall incidence were determined to be markedly lower in the research group than in the control group (p<0.05) (Table 4).

HA, which is a surgical treatment commonly used in orthopedics to treat hip diseases such as femoral neck fracture, femoral head necrosis, and osteoarthritis, can relieve joint pain, dysfunction and improve patients' quality of life^[17]. The risk of post-HA DVT is 40 %-60 %, which not only induces unbearable pain in patients, but also increases the hospitalization time and brings a heavy medical burden to them^[18]. Hence, giving anticoagulants to patients to prevent DVT after HA is very important.

API, an oral antithrombotic preparation, comparable to enoxaparin is suitable for both knee replacement and HA patients, effectively reducing the incidence of DVT and the risk of postoperative bleeding^[19,20]. Enoxaparin, is a kind of LMWH that can only be administered subcutaneously, can inhibit FXa by binding to antithrombin, thus playing an antithrombotic role^[21]. Enoxaparin has been shown to reduce the incidence of postoperative symptomatic DVT in patients without increasing major bleeding events^[22]. Our research results showed non-significant differences in PLT, PT and APTT between groups before and after treatment, similar to the results of Dong *et al.*^[11], suggesting that API and LMWH have similar anticoagulant effects on patients. Besides, the research group (3.13 %) had a markedly lower incidence rate of femoral, popliteal and gastrocnemius vein thrombosis as well as embolism than the control group (16.00 %), indicating a better preventive action of API against DVT than LMWH, which is consistent with the findings of Jiang et al.^[23]. According to Aryal et al.^[24], API is advantageous over LMWH in the prevention of thrombosis in patients undergoing knee replacement or HA, mainly manifested in a lower incidence of DVT, which may be associated with the lower risk of bleeding of the former.



Fig. 2: Effects of API and LMWH on DVT-related serum parameters in patients undergoing HA, (A): CRP in patients; (B): D-D in patients and (C): Hcy in patients

Note: **p<0.01, (🔤): Control group and (🗖): Research group

TABLE 4: EFFECTS OF API AND LMWH ON THE SAFETY OF PATIENTS UNDERGOING HA, n (%)	
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Categories	Control group (n=50)	Research group (n=64)	χ²	р
Gastrointestinal reactions	2 (4.00)	1 (1.56)	-	-
Increased incision bleeding	2 (4.00)	1 (1.56)	-	-
Abnormal liver function	2 (4.00)	1 (1.56)	-	-
Eosinophilia	1 (2.00)	0 (0.00)	-	-
Thrombocytopenia	1 (2.00)	0 (0.00)	-	-
Total	8 (16.00)	3 (4.68)	4.120	0.042

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In order to further explore the potential risk factors affecting the development of DVT in patients undergoing HA, we conducted a relevant univariate analysis, which found that BMI had a significant impact on the development of DVT in patients undergoing HA, ≥ 28 kg/m² which significantly increased the risk of DVT in such patients. Obesity has also been shown to be a risk factor for DVT after HA in several studies^[25,26], that seems similar to our findings. This is closely related to factors such as increased operation time, more limited postoperative mobility, ineffective mechanical prophylaxis, and excessive secretion of procoagulant inflammatory markers in obese patients^[27]. Shaka et al.^[28] further reported that although the mortality rate of obese patients undergoing HA surgery was comparable to that of non-obese patients, the morbidity rate and the risk of perioperative complications were higher.

On the other hand, we evaluated the effects of both the treatments on DVT-related serum parameters to analyze the potential molecular mechanism of the two treatment modalities in the prevention of DVT. CRP, D-D and Hcy levels in the research group decreased after treatment and were significantly lower compared with the control group, indicating that API may play an anti-DVT role by inhibiting the secretion of CRP, D-D and Hcy, with a more potent inhibitory effect on these DVT-related indicators than LMWH. Finally, we assessed the safety of both the groups in terms of adverse events such as gastrointestinal reactions, increased incision bleeding, abnormal liver function, eosinophilia and thrombocytopenia. The results showed that the overall incidence of adverse reactions in patients undergoing HA with API intervention were significantly lower (4.68 % vs. 16.00 %), indicating that API was well tolerated.

The uniqueness of this study is to comprehensively analyze the clinical efficacy and safety of API and LMWH in the treatment of patients with HA from the perspectives of blood coagulation, incidence of postoperative DVT, DVT related serum indices and incidence of adverse reactions. It is confirmed that API has a more prominent positive effect on the prevention of DVT and other adverse reactions after HA, which may be related to the strong inhibition of this therapy on DVT-related serum indicators such as CRP, D-D and Hcy, providing a reliable basis and new insights for the postoperative management of patients undergoing HA. But still, there are some limitations. First of all, as it is a small single-center research, there may be information bias in the samples collected that may have some influence on the universality of the research results. Further, we have not analyzed the risk factors of DVT in patients undergoing HA, which can be supplemented to provide certain guidance for the prevention of postoperative DVT. The future studies will focus on the above mentioned limitations for supplementary analysis.

To sum up, although API has no significant effect on blood coagulation in patients undergoing HA, compared with LMWH it can significantly reduce the incidence of postoperative DVT, and decrease levels of DVT associated serum parameters such as CRP, D-dimer, Hcy, with a significantly lower incidence of adverse reactions, which deserves clinical popularization.

Conflict of interests:

The authors declared no conflict of interest.

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