### Green Synthesis, Characterization, *In Vitro* Cytotoxicity and Antioxidant Activity of Stem Extract Mediated Gold Nanoparticles from *Tinospora Cordifolia*

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Koliyote et al.: Tinospora cordifolia mediated synthesis of Gold nanoparticle, characterization, activity

The aim of this study was to investigate the ability of *Tinospora cordifolia* mediated synthesis of gold nanoparticle at room temperature and to study the properties of the nanoparticles thus produced. The synthesized nanoparticles were characterized and investigated by ultraviolet-visible spectroscopy spectrophotometry, high-performance thin-layer chromatography screening, Fourier transform infrared, transmission electron microscope, scanning electron microscope, X-ray diffraction, zeta potential, in vitro cytotoxicity test and antioxidant activity. Ultraviolet-visible spectrum of the aqueous medium containing, gold nanoparticles showed a peak at 546 nm. The hexagonal shaped nanoparticles were well dispersed with particle size ranging from 30-60 nm, that were confirmed by transmission electron microscope and scanning electron microscope respectively. Fourier transform infrared showed shift in position and intensity of the peaks. High-performance thin-layer chromatography screening showed that even after forming gold nanoparticles, it retains most of its phytochemical constituents. In vitro stability studies have confirmed that gold nanoparticles are stable in biological fluids at physiological pH and also in salt solutions. X-ray diffraction studies confirmed crystalline nature of the synthesized nanoparticles. Zeta potential value of the synthesized gold nanoparticles is -29 mV at 25° showing good stability of nanoparticles. From *in vitro* cytotoxicity test it is seen that gold nanoparticles formed are biocompatible. In vitro antioxidant study showed that 2,2-diphenyl-1-picrylhydrazyl activity increased in a dose dependent manner. The potential of this biosynthesized nanoparticles for the development of value-added products can be used to a good advantage in drug delivery.

Key words: Gold nanoparticle, *Tinospora cordifolia*, high-performance thin-layer chromatography, toxicity, antioxidant activity

Synthesis of Gold Nanoparticles (GNP) has fascinated the scientific community due to their unique potential in therapeutics, biomedical diagnostics and numerous technological applications<sup>[1]</sup>. Several physical and chemical methods have been used for conventional GNP synthesis. Most of these methods use costly and hazardous chemical reagents<sup>[2]</sup> as reducing and capping agent which remain in the colloidal gold solution rendering the GNP inappropriate for biological applications. Greener substrate such as fungi, yeast, bacteria, virus, algae have also been successfully reported in the synthesis of GNP<sup>[3-</sup> <sup>5]</sup>. Green synthesis of GNPs using plant extract is recommended as an eco-friendly alternative

to biological and chemical methods that reduces the maintenance of septic environment and eliminates the generation of toxic byproducts<sup>[6]</sup>. Plant mediated synthesis of GNP is gaining more importance owing to its simplicity, environmental healthy protocol, rapid rate of synthesis of nanoparticles with good control over their sizes and forms, as well as their optical properties and biocompatibility<sup>[7]</sup>. Recently there have been a

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lot of reports on synthesis of GNP using different plant parts like *Hibiscus rosa-sinensis* leaves<sup>[8]</sup>, *Eleutherococcus senticosus* stem<sup>[6]</sup>, *Gnidia glauca* flower<sup>[4]</sup>, *Dillenia indica* fruit<sup>[1]</sup>, *Acalypha indica* weed<sup>[9]</sup>, *Mimosa tenuiflora* bark<sup>[10]</sup>, *Acorus calamus* rhizome extract<sup>[11]</sup>.

Tinospora cordifolia which belongs to Menispermaceae family is a large, deciduous, climbing shrub, found throughout India and also in Sri Lanka, Bangladesh, Nepal and China<sup>[12,13]</sup>. It is also known as Giloy (in Hindi), Guduchi (in Sanskrit) and Moonseed plant (in English). It is one of the most important herbs of Ayurveda, designated as Rasayana, recommended to enhance general body resistance, rejuvenator activity with wide ranging health benefits, hence included in wide range of Ayurvedic products<sup>[14,15]</sup>. It contains alkaloids, diterpenoid lactones, glycosides, steroids, saponins, sesquiterpenoid, phenolics, aliphatic compounds and polysaccharides<sup>[16]</sup>. It has been used to treat fever, jaundice, dengue, gout, skin diseases, diabetes and rheumatoid arthritis<sup>[17,18]</sup>.

The main goal of the present study was the facile green synthesis of GNP using the Hydroalcoholic (HA) stem extract of the medicinally important herb Guduchi. The synthesized GNPs were characterized using Ultraviolet-Visible (UV-Vis) spectroscopy, Transmission Electron Microscope (TEM), Scanning Electron Microscope (SEM), Selected Area Electron Diffraction (SAED), Energy Dispersive X-ray (EDS), Fourier Transform Infrared (FTIR), High-Performance Thin-Layer Chromatography (HPTLC), X-Ray Diffraction (XRD) and zeta potential. The antioxidant efficacy of the synthesized GNP was assessed in vitro against 2, 2-diphenyl-1-picrylhydrazyl (DPPH) and compared with the stem extract. Further, MTT test in which 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) reagent is used, is an *in vitro* test to assess the efficacy of synthesized GNP and compared with the stem extract for its biocompatibility.

### MATERIALS AND METHODS

#### Chemicals and reagents:

Hydrogen tetrachloroaurate (III) (HAuCl<sub>4</sub> 3H<sub>2</sub>O, 99.98 %), was used as a gold precursor, Bovine serum albumin and 1,1-Diphenyl-2-picrylhydrazyl was purchased

from Sigma-Aldrich (St. Louis, MO, USA). 3-[4,5-dimethylthiazol-2-yl]-2, 5-diphenyltetrazolium bromide, dimethyl sulphoxide were purchased from Himedia, India. All of the reagents were of analytical quality.

#### Preparation of *Tinospora cordifolia* stem extract:

Fresh stem of *Tinospora cordifolia* were collected from Mumbai, India and authenticated by Dr. Rajendra D. Shinde Director of Blatter Herbarium St. Xaviers College, Mumbai (Specimen number P/D/2868/2018). Fresh stems were cut into small pieces, washed with water and dried in tray drier at 50° for a mo. The dried stems were milled to a coarse powder, 1 kg of the dried powder was extracted with HA solvent by maceration at room temperature. The rotavap was used to remove the alcohol from the filtered HA extract and the aqueous extract was dried to a semisolid mass which was stored in a refrigerator at 4° for further studies. For the rest of the work Distilled Water (DW) was used.

#### Synthesis of GNP:

1 mM Gold Chloride Solution (GCS) (fig. 1A) and 1.25 % of HA extract (fig. 1B) was prepared in DW. Filtered extract and GCS was mixed in 1:9 ratio and kept on a magnetic stirrer at 400 rpm for 3 h at room temperature for synthesis of GNP. The change in the colour of the solution from brown colour to violet colour indicated the reduction of Au<sup>3+</sup> ions to Au<sup>0</sup>. The formation of violet colored solution confirmed the formation of GNP (fig. 1C). The solution was centrifuged at 10 000 g for 15 min<sup>[9,19]</sup>. Supernatant was discarded and pellets were washed with DW. Centrifugation and washing step was repeated thrice for better separation of any biological entities in the GNP<sup>[8]</sup>. Finally the GNP pellets (fig. 1D) were dried at 37° and stored for further studies<sup>[2]</sup>.

# Qualitative chemical evaluation and HPTLC fingerprint analysis:

The extract thus obtained and the synthesized GNP were qualitatively evaluated for the presence of various phytochemical constituents like alkaloid, glycoside, saponin, reducing sugars, steroids, tannins and flavonoids. Further HPTLC fingerprint analysis was also carried out on the HA extract of *Tinospora cordifolia* and the GNP with solvent system Toluene:Chloroform:Ethanol (4:4:1 v/v) and 10 % methanolic sulphuric acid as detecting agent using CAMAG HPTLC system consisting of linomat V spotting and scanner 3. The chromatogram obtained was studied under 254 nm and 366 nm<sup>[20,21]</sup>.

#### **Characterization of GNP:**

The formation of GNP was confirmed by measuring the UV-VIS spectrum, the most confirmatory tool for the detection of surface plasmon resonance property is by doing UV-VIS spectral analysis using JASCO V-630 Spectrophotometer in the range of 450-650 nm. The dried GNP sample was used for further characterization<sup>[22]</sup>. The bio reduction compounds responsible for the reaction were determined using FTIR. FTIR spectrum of Tinospora cordifolia extract and GNP were recorded using BRUKER AL-PHA FTIR spectrophotometer. Number of significant bands was observed in the region of 500-4250 cm<sup>-1</sup>. To characterize the size and shape of the synthesized GNP, TEM images were obtained using Philips CM 200 operated at an accelerating voltage of 200 kv. The specimen was suspended in distilled water ultrasonically. 2-3 drops of the suspension was deposited onto carbon coated copper grid. After removal of excess solution with filter paper it was finally dried under InfraRed (IR) lamp. To characterize the size and surface morphology of the synthesized GNP, SEM analysis was done using JEOL JSM-7600F FEG-SEM operating at accelerating voltage of 30 kv. Compositional analysis on the sample was carried out by EDS attached with SEM. The sample was prepared by placing a drop of very fine suspension of nanoparticles in water over a copper tape which was pasted on the stub made of brass. This was then dried under IR lamp. The stub was platinum coated to ensure high conductivity. To determine the structure of synthesized GNP, powder XRD spectroscopy was done. The data was recorded using XPERT-PRO diffractometer instrument operating at a voltage of 45 kv and current of 40 mA with Cu K $\alpha$  radiation ( $\lambda$ =1.5406 Å) in the region of 2 $\theta$  from 10-80°. To study the stability of synthesized GNP Zeta-potential measurement was done with a Zetasizer Nano ZS (Malvern Instrument) in a disposable cell at 25°. The assessment was carried out at a pH of 7.26±0.13 to mimic physiological pH.

#### Effect of pH on biosynthesis of GNP:

In this study 10 ml 1 mM GCS was adjusted to pH 2,4,6,8 and 10 to which 1 ml of 1.25 % HA extract was added and kept overnight at room temperature without stirring<sup>[23]</sup>.

## *In vitro* stability studies of synthesized GNP using *Tinospora cordifolia*:

*Tinospora cordifolia* gold nanoparticle was tested in the presence of 10 % NaCl, 0.9 % NaCl, 0.5 % Bovine Serum Albumin (BSA), and at various pH of 2, 4, 6, 8, 10 respectively<sup>[24]</sup>. Typically, 2 ml of GNP solution was added to 2 ml of 10 % NaCl, 0.9 % NaCl, 0.5 % BSA and for the effect of pH, 4 ml of the GNP solution was adjusted to varying pH in the range of 2, 4, 6, 8 and10 and incubated for 30 min and 24 h. The stability and identity of the GNP were measured by visual observation and recording UV-VIS spectra after 30 min and 24 h.

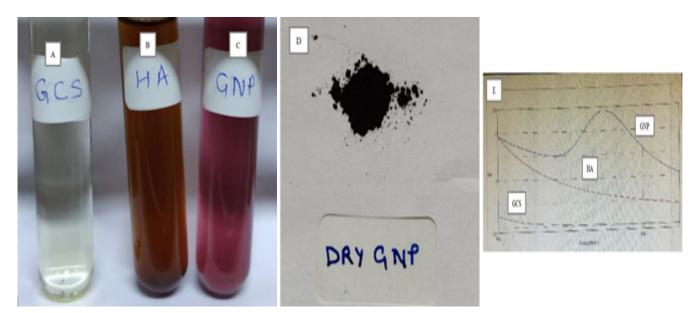


Fig. 1: Visual observation (A) GCS (B) HA Extract (C) GNP solution (D) Dried GNP (E) UV-VIS spectra of GCS, HA and GNP

#### **DPPH radical scavenging activity:**

Free radical scavenging activity of the synthesized GNP was examined by the colorimetric assay using its ability to trap the DPPH free radicals<sup>[25]</sup>. Different concentrations (100-350 ppm) of HA/GNP were treated with 1 ml of 0.1 mM methanolic DPPH solution. The mixture was forcefully vortexed and allowed to reach equilibrium in dark at room temperature for 30 min. The absorbance of the mixture was measured spectrophotometrically at 517 nm. Ascorbic acid was used as standard compound. The percentage radical scavenging activity was calculated using the blank sample absorbance and the HA/GNP samples analysis. For each sample the experiment was done in triplicates.

#### In vitro cytocompatibility assay:

To assess the cytocompatibility of the synthesized GNP, the MTT assay was carried out. MTT assay is a colorimetric assay used in assessing viability and cell proliferation<sup>[26]</sup>. It can also be used to determine cytotoxicity of agents since the agent would stimulate or inhibit cell viability. The Peripheral Blood Mononuclear Cells (PBMCs) were isolated from blood by using Ficoll density gradient method. After isolation, PBMCs at the density of 10 000 cells/well were seeded in 96 well plates and incubated at 37°, 5 % CO<sub>2</sub> for 24 h. After 24 h the cultured cells were treated with different concentrations namely 1, 10, 50, 100 µg/ml of extract and GNP for 48 h. Sterile water and 0.5 % alcohol served as control. After the incubation the proliferation/cytotoxicity rate was determined by MTT assay.

20  $\mu$ l of MTT (5 mg/ml) was added to each well and incubated at 37° for 4 h. Subsequently MTT solution was removed and blue formazan crystals formed were dissolved in 100  $\mu$ l of Dimethylsulfoxide (DMSO). The absorbance was read at 570 nm using a micro plate reader. Percent Viability was calculated by using formula, Percent Viability=OD(Sample)/ OD(Control)×100

#### Statistical analysis:

Statistical analysis was performed using SPSS software version 16. All values were expressed as mean percent viability $\pm$ standard deviation (n=3). One way ANOVA followed by Tukey's multiple comparison test was used to examine differences between means, \*p<0.05 and \*\*p< 0.001 was considered statistically significant.

### **RESULTS AND DISCUSSION**

Green synthesized GNP was confirmed by analyzing the excitation due to applied magnetic field of surface plasmon resonance using UV-VIS spectrophotometer at 546 nm. The change in the colour from light yellow colour of GCS to brown colour of extract to violet colour confirmed the formation of GNP (fig. 1C)<sup>[27]</sup>. The UV-VIS absorption spectra were recorded for GCS, extract and GNP (fig. 1E).

The time taken for reduction of gold ions and hence appearance of violet colour was found to be temperature dependent<sup>[28]</sup>. Time taken for change in the colour visually is presented (Table 1). The colour change took place in 3 h at room temperature to within 3 s at 100°. Formation of GNP at 50° shows a distorted spectra which indicates the formation of polydispersed bigger particles which sediments and does not remain suspended. While GNP formed at room temperature gave a smooth spectrum.

Phytochemical screening reveals the presence of alkaloids, glycosides, saponins, steroids, reducing sugars, tannins and flavonoids (Table 2)<sup>[29]</sup>. But after forming GNP the phytoconstituents quantity was found to be present in lesser amount indicating that these phytoconstituents are responsible in reducing the GCS and they also help as capping agent as the particle size remains in nanosize even after 2-3 mo. HPTLC fingerprint showed decrease in the intensity of bands at  $R_f 0.1$  and  $R_f 0.5$  indicating the involvement of reacting phytochemicals for the formation of GNP (fig. 2A). Even after the formation of GNP it can be observed that most of the phytochemical constituents of the extract are retained in the GNPs.

pH is a critical factor in the formation of GNP. pH of the extract is 4.6. It was found that GNP was not formed at pH 2 and very little was formed at pH 10 while at pH 4, 6 and 8 GNPs were formed, but there is a difference in colour of GNP solution (fig. 2B). At pH 6 and pH 8 GNPs are blue colored and their scan are uneven indicating formation of polydispersed GNP. Whereas at pH 4 the GNP scan is smooth indicating formation of monodispersed GNP, which is also the pH of the extract<sup>[30]</sup>. Therefore it can be concluded that, it is best to make GNP without adjusting the pH by mixing 20 ml of 1 mM GCS with 2 ml of 1.25 % HA.

The stability of GNP synthesized using *Tinospora cordifolia* was evaluated by monitoring visually and the UV-Vis spectra in 10 % NaCl, 0.9 % NaCl, 0.5 % BSA and various pH of 2, 4, 6, 8, 10 respectively<sup>[31]</sup>.

It can be observed that there is no change in the colour of the synthesized GNP when treated with various pH of 2, 4, 6, 8, 10 and 10 % NaCl, 0.9 % NaCl, 0.5 % BSA at even after 24 h (fig. 2C (i) and (ii)). The absorbance spectra at these various conditions were found to be same as GNP solution. Our results from the *in vitro* stability studies have confirmed that the synthesized GNP were stable at different salt concentrations and pH conditions. This exceptional stability of the green synthesized GNP can be attributed to protection of GNPs by the capping agents present in *Tinospora cordifolia* stem extract<sup>[32]</sup>.

The size and shape of the GNP synthesized was investigated using TEM (fig. 3A). The GNP is well dispersed with *Tinospora cordifolia* matrix surrounding it indicating that *Tinospora cordifolia* matrix acts as a capping agent to separate the GNPs from aggregation. It has been observed that the newly formed nanoparticles are polydispersed having various shapes like spherical, triangular, pentagonal, hexagonal with maximum size of 50 nm. Except for the triangular ones the rest look similar<sup>[33,34]</sup>. This shows that it is an efficient biological method for producing gold particles in nano range. In the Selected Area Electron Diffraction (SAED) pattern (fig. 3B), the ring like pattern with bright circular spots corresponding to Braggs planes, confirmed the crystalline structure of GNP<sup>[35]</sup>.

A SEM image further ascertains that the GNP are predominantly spherical in morphology with their size ranging from 30-60 nm in diameter (fig. 4A)<sup>[36]</sup>. The Energy Dispersive X ray (EDX) spectroscopy is done on SEM instrument itself. It illustrates the chemical nature of synthesized GNP using *Tinospora cordifolia* stem extract. EDX revealed the peak for gold, carbon, nitrogen and chlorine (fig. 4B). The quantitative analysis using EDX showed high gold content of 86.46 %<sup>[37]</sup>. Spectrum also shows the presence of carbon, nitrogen, oxygen and chlorine at 7.39 %, 3.08 %, 2.78 % and 0.29 % respectively (fig. 4C). The colour coordinated elemental analysis reveals the highest percentage of gold depicted by violet colour (fig. 4D).

| Variables              | Time   |
|------------------------|--------|
| Without stirring at RT | 8 h    |
| Shake flask at RT      | 3 h    |
| Magnetic stirrer at RT | 3 h    |
| Refrigerator           | 24 h   |
| Sonication             | 1.5 h  |
| Heat at 50°            | 15 min |
| Heat at 100°           | 3 s    |
| Microwave oven         | 15 s   |

# TABLE 2: PRELIMINARY PHYTOCHEMICAL ANALYSIS OF SYNTHESISED GNP AND STEM EXTRACT OF Tinospora cordifolia

| Phytochemical constituents | HA extract | GNP |
|----------------------------|------------|-----|
| Alkaloids                  | ++         | +   |
| Glycosides                 | ++         | +   |
| Tannins and Flavanoids     | ++         | +   |
| Steroids                   | +          | -   |
| Reducing sugars            | ++         | +   |
| Saponins                   | ++         | +   |

Note: (++): Appreciable amount and (+): Moderately present

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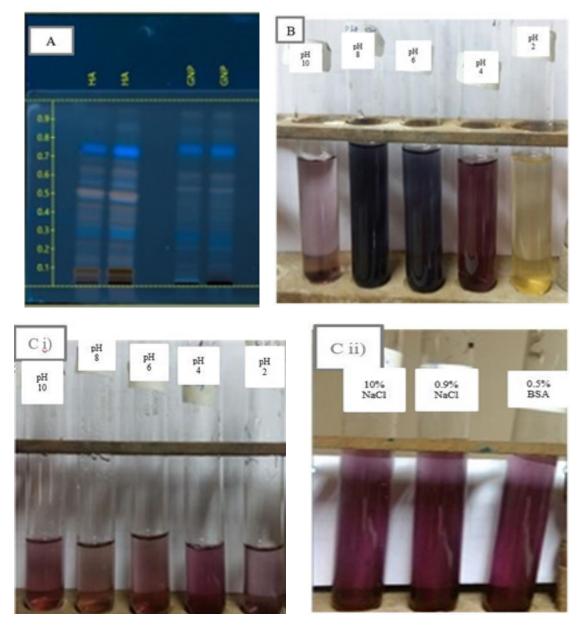


Fig. 2: (A) HPTLC fingerprint of extract and GNP (B) effect of pH on formation of GNP (C) Stability analysis of GNP (i) Effect of pH adjustment and (ii) effect of salts on synthesized GNP

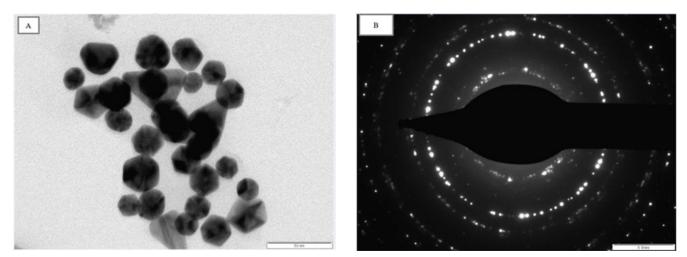


 Fig. 3: (A) TEM and (B) SAED image of GNP synthesized from *Tinospora cordifolia* 

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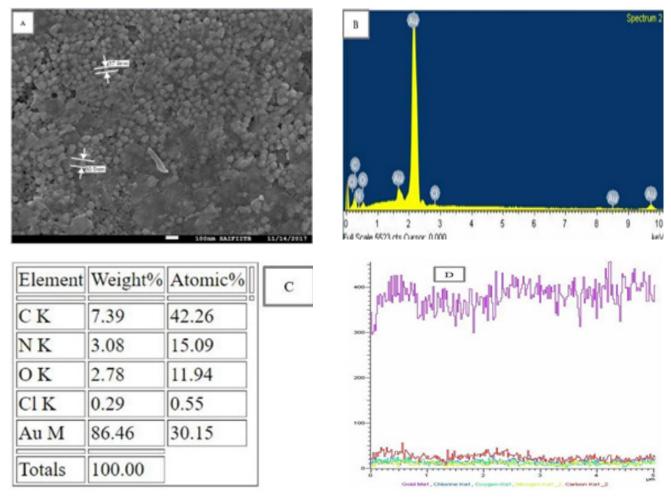


Fig. 4: (A) SEM image (B) EDS analysis (C) Elemental analysis (D) Colour co-ordinated elemental analysis of GNP synthesized from *Tinospora* cordifolia

FTIR analysis was carried out in order to investigate the possible mechanism of the gold nanoparticle synthesis by Tinospora cordifolia stem extract. The main goal was to identify absorption peaks that exhibited prominent shift. The *Tinospora cordifolia* stem extract exhibited a number of absorption peaks, reflecting its complex nature. The stem extract shows characteristic vibrational peaks at 3255, 2351, 1581, 1384 and 1022 cm<sup>-1</sup> which correspond to functional groups -OH stretching, C=C group, -NH amide, -CH stretch, C-O stretching vibrations (fig. 5A) HA. A sharp decrease in the band intensity at 3255 cm<sup>-1</sup> in synthesized gold nanoparticle was found, as compared to stem extract may be due to binding of -OH groups with AuCl<sub>4</sub> ion, which may be responsible for the reduction of metal ion to metal nanoparticles<sup>[26,38]</sup>. After the formation of GNP, the appearance of strong peak at 1725 cm<sup>-1</sup> is attributed to the binding of carbonyl group with nanoparticles (fig. 5A) GNP. More over the FTIR of GNP shows additional signal at 2837 cm<sup>-1</sup> signifying

the formation of new bonds between metallic nanoparticles and functional groups of biomolecules present in *Tinospora cordifolia*. The presence of most of the peaks of stem extract in the FTIR of GNP suggests the presence of phytochemicals on the surface of GNP. The capping behavior and stability of the synthesized GNP could be due to the presence of alkaloid, glycoside, saponins, phenols and steroid phytochemicals present in the stem extract.

Powder X-ray diffraction pattern shows that GNP synthesized using HA extract of *Tinospora cordifolia* has crystalline structure (fig. 5B). A number of Bragg reflections with 2θ values of 38.44°, 44.60°, 64.75°, 77.70° and 82.10° which corresponds to the (111), (200), (220), (311) and (222) sets of lattice planes are detected proving the structure of the GNP to be of face center cubic crystal structure of gold<sup>[39]</sup>. The data achieved matched with file No. 04-0783 of the Joint Committee on Powder Diffraction Standards (JCPDS) database. The intensity of the peak of (111) at 38.44° diffraction was found to be the strongest

indicating extreme reactivity due to high rate of electron transfer.

The XRD results were consistant with the SAED pattern recorded for GNP (fig. 3B). The peak height, Full-Width at Half-Maximum (FWHM) left, d-spacing and relative intensity of the synthesized GNP<sup>[40]</sup> were also recorded (Table 3).

The stability of synthesized GNP was performed using zeta potential. Clear disposable zeta cell was used to measure zeta potential of the particles at  $25^{\circ}$ . A zeta value of  $\pm 30$  mV is needed for a suspension to be physically stable. A high zeta potential value indicates a high electric charge on the surface of nanoparticles, resulting in strong repellant forces which prevent aggregation amongst the particles<sup>[2,30]</sup>. Zeta potential value of the synthesized GNP was found to be -29 mV (fig. 5C). It can be concluded that *Tinospora cordifolia* is a good capping agent for the formed GNP.

The DPPH assay is widely used to evaluate the properties of compounds for scavenging free radicals such as antioxidants. DPPH is a stable synthetic free radical that is easily reduced by antioxidants, either by accepting or donating electrons, formation of hydrazine molecules changes the colour of DPPH from purple to yellow. The method is based on the spectrophotometric measurement of the DPPH concentration change resulting from the reaction with an anti-oxidant<sup>[41,42]</sup>. The antioxidant activity of the HA and GNP was estimated by comparing the percentage inhibition of DPPH radicals of standard ascorbic acid. The DPPH scavenging activity of HA increased with increasing concentrations namely  $57\pm1.13$  %, 100 µg/ml;  $65\pm3.34$  %,150 µg/ml;

74±1.54 %, 200 µg/ ml; 79±1.39 %, 250 µg/ml; 82±3.43 % 300 µg/ml and 85±3.13 1%, 350 µg/ml whereas, GNPs showed the same trend but at a very slow rate of  $4\pm1.02$  %, 100 µg/ ml; 15 $\pm3.72$  %, 150 μg/ml; 25±3.57 %, 200 μg/ml; 42±3.73 %, 250 μg/ ml; 72±3.30 %, 300 µg/ml and 83±4.47 %, 350 µg/ ml due to the less solubility of GNP. The DPPH scavenging activity of ascorbic acid used as standard was found to be 98 % at all the concentrations. Both HA and GNP showed dose dependant activity (fig. 6). Many kinds of antioxidants in the extract could perform synergistically. During the synthesis of the GNPs, these bio-compounds are adsorbed onto the surface of the GNPs. Thus antioxidant effects of the GNP might be the result of an active physicochemical interaction of Au atoms with the functional groups of the HA.

The MTT dye conversion assay is a colorimetric assay performed to assess the cell metabolic activity. Viable cells mitochondria are able to produce NADPH dependent oxidoreductase enzyme which can reduce MTT to a violet-coloured insoluble crystals of farmazan. But in case of metabolically inactive cells the violet colour change will not occur. When treated with different concentrations namely 1, 10, 50, 100 µg/ml of extract and GNP, no toxicity was noticed. After 48 h it was found that, treatment with HA extract and GNP did not significantly p<0.05 and p<0.001 respectively, decrease proliferation of PBMCs. Almost 80 % of PBMCs retained their viability on treatment with HA extract at 100 µg/ml and with GNP all the concentrations retained their viability (fig. 7). Thus suggesting that the synthesized GNP were non-toxic and biocompatible providing an excellent platform for various biomedical applications<sup>[43]</sup>.

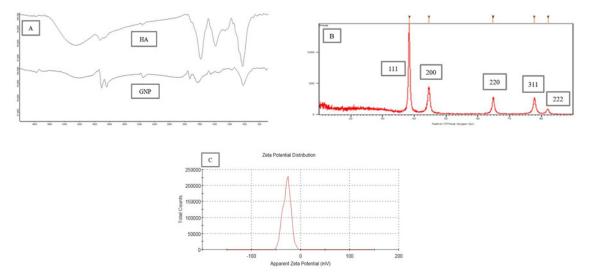


Fig. 5: (A) FTIR spectra of HA and GNP (B) XRD spectra (C) Zeta potential value of GNP formed using stem extract of Tinospora cordifolia

| Pos. (°2Th.) | Height (cts) | FWHM Left (°2Th.) | d-spacing (Å) | Rel.Inst. (%) |
|--------------|--------------|-------------------|---------------|---------------|
| 38.4443      | 1395.98      | 0.1771            | 2.34163       | 100           |
| 44.6067      | 386.22       | 0.5314            | 2.0314        | 27.67         |
| 64.7516      | 250.12       | 0.2952            | 1.43974       | 17.92         |
| 77.7065      | 222.75       | 0.5904            | 1.22892       | 15.96         |
| 82.1073      | 68.11        | 0.4133            | 1.17384       | 4.88          |

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#### TABLE 3: PEAK PARAMETERS OF SYNTHESIZED GNP

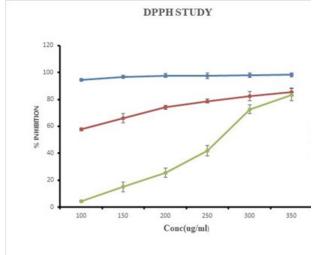


Fig. 6: Antioxidant activity of HA and GNP against DPPH as compared to standard compound Ascorbic acid. Graph was generated using average value of three replicate measurements. Data are expressed as mean±standard deviation; ( ---- ): AA; ( ---- ): HA and ( ---- ): GN

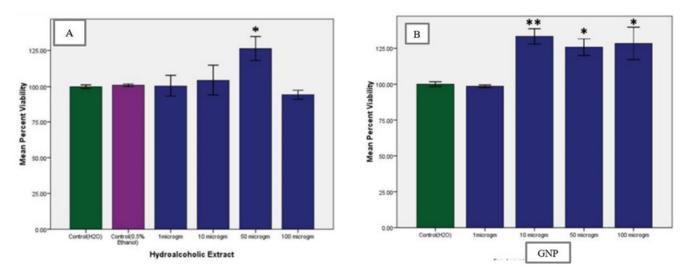


Fig. 7: Percent Viability of (A) HA extract and (B) synthesized GNP after 48 h by MTT assay; The results are expressed as mean±SD; \* indicates significant difference from the control (n=3, \*p<0.05, \*\*p<0.001)

In conclusion *Tinospora cordifolia* extract has shown excellent capability of green synthesis of GNP from gold salt solution. This biosynthesis is a simple, single step, rapid, reproducible and efficient method by which GNP are produced at room temperature. The spectroscopic characterization using various analytical instruments was useful in confirming the formation, size and shape of GNPs. FTIR and HPTLC fingerprint confirmed the presence of bio-reducing organic compounds responsible for nanoparticle synthesis. XRD study shows that the formed GNP is crystalline in nature having good stability with zeta potential value of -29 mV. The DPPH assay shows dose dependant antioxidant activity. The *in vitro* stability test and MTT assay proves that the GNP's are stable to biological fluids and also

biocompatible. More investigations on other *in vitro* activity and *in vivo* toxicity test remain to be done. The present work may support further studies about using the high medicinal values of the biomolecules present in the GNP synthesized from stem extract of *Tinospora cordifolia* for the enrichment of herbal preparations to strengthen their activities. Thus, this is a safe, simple, rapid and highly reproducible green synthesized herbal gold nanoparticle which provides an opportunity to use these GNP for application in drug delivery.

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#### **Conflict of interest:**

Authors declare that there is no conflict of interest.

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