Incidence of Medication Errors in the Use of Biotech Medicines in a Paediatric Hospital Setting

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The paediatric population is more susceptible to medication errors due to factors such as weight, body surface, immaturity of the enzymatic system to metabolize and excrete drugs, and inability to communicate any sign or negative symptom related to a medication. Currently technological advances confront us with new situations or ethical conflicts, the twenty-first century is considered as the century of biotechnology, stem cells, cloning, gene therapy, new drugs, advances not yet adapted to paediatric clinical practice and valued as a relevant factor causing error. Based on case reports on the use and management of biotech medicines, scientific approach was made to understand in depth the problems faced by the medication system, which directly impacts the patients. The objective of the present work was to document, analyse and evaluate medication errors during the use and management of biotech medicines in the paediatric population treated in a highly specialized hospital from September 2017 to April 2018. Prospective, observational design whose main variable is the medication error including potential errors. The taxonomy of the National Coordinating Council for Medication Error Reporting and Prevention was used. The study was carried out for 24 weeks in the medical specialties of oncology, haematology and immunology, as well as in the respective outpatient areas. Three hundred and fifty follow-ups were selected in the use and management of biotech medicines, found 1085 medication errors. The prevalence of measurement errors is, insufficient monitoring of the medication with 35 %; wrong dose with 19 %, wrong frequency and time of administration, with 14.7 and 8.5 % respectively, for preparation, handling and conditioning is 6.3 % and wrong medication with 6.6 %. The data generated would allow the design and implementation of strategies to strengthen the use and safe management of biotech medicines.

Key words: Biotech medicines, medication errors, paediatric patients

Safety of the patient is an essential component in the quality of the healthcare systems, organizations at the international level such as the World Health Organization, the Panamerican Health Organization, the European Council and the institutions in the European Union that have worked on diverse initiatives and promoted numerous studies highlighting the one on the prevalence of adverse effects in Latin-American Hospitals (Study IBEAS) considered as the first study carried out in Latin America in order to measure the adverse events in hospitals, revealing that 8.23 % of the adverse events have a direct relationship with the use of medication, these data have served to elaborate strategic lines and implement interventions oriented towards prevention or mitigation of the unnecessary damage associated with medication use^[1-3].

The processes of selection, acquisition, prescription, validation, dispensation, administration and control of medications imply multiple interactions with activities of elevated risk of causing errors. Medication errors are frequent, seldom reported and their prevention poses a challenge to the health institutions; they occur for several reasons from prolonged work hours, to complex processes and they are independent of skill, knowledge or expertise^[4]. The terminology utilized for the negative effects produced by medications is not unified thus causing confusion, it is convenient

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to clarify the terms used, emphasizing that there is no consensus in that regard. The National Patient Safety Agency defines a medication error as "any incident in which there was an error in the process of prescription, distribution, preparation, administration and supervision, independently if the damage occurred or is possible to occur". The National Coordinating Council for Medication Error Reporting and Prevention (NCCMERP) defines error as "any preventable incident that may cause damage to the patient or give rise to an inappropriate utilization of medications, when these are under the control of health professionals, the patient or consumer^[5]".

New therapies and innovative medicines that are added to the therapeutic arsenal confront us with new situations or ethical conflicts that affect the safety of the patients, these technological advances have allowed to consider this century as the century of biotechnology, stem cells, cloning, gene therapy, new drugs, advances not yet adapted to the clinical practice and valued as a relevant factor causing errors.

The biotech medicines are proteins that have been made from a living cell (bacteria, yeast, animal, vegetable or insect cell) or from a living organism (transgenic animals) using recombinant DNA techniques or hybridoma technology (monoclonal antibodies)^[6,7]. Their biological activity depends on the biological process and the quality of the medication system implemented in the health service; it is essential that a cold chain network be used for storage and conservation which guarantees the maintenance or their activity, specific requirement must be complied with for the manipulation, delivery, and preparation, prior to their administration^[8-11]. The common denominator of biotech medicines is their elevated cost and the growing impact they have on the invoicing of health services which must see to their sustainability and long term viability^[11].

The joint commission estimates that 7000 deaths occur annually in all of the patient populations in hospital centres in the United States^[12]. In hospital environments medication errors are common^[13]; having an incidence rate 3 times higher in paediatric populations and potentially more harmful as compared to an adult population. The factors which increase risk are, weight, body surface and the immaturity of the enzymatic system, which affect their capacity to metabolize and excrete medications and their inability to communicate if they suffer an adverse effect, which precludes their early detection^[14]. Dosages in paediatric medications are based on body weight thus requiring a dose calculation which may lead to dosage errors. The incorrect dose is the medication error with a greater report incidence^[15]. Other reports state that more than half of the medication errors are produced during the prescription phase (49 %) or the transcription phase (11 %) of the process of use of medications^[16,17]. It is important to generate data on the use and handling of biotech medicines for the paediatric area, which needs specific investigation and decisions that require extreme caution^[18,19]. The objective of this investigation was to document, analyse and evaluate the medication errors during the use and handling of biotech medicines on the paediatric population in a high-specialty hospital.

MATERIALS AND METHODS

A systematic review based on the patient-interventioncomparison-outcomes methodology was carried out in order to identify studies on the use of medications in paediatric populations and the medication errors of biotech medicines identified in clinical practice, by performing a qualitative or quantitative synthesis of those studies in order to take them into account as references. The review was carried out through the following browsers, Cochrane, Medline, and PubMed. The keywords used were, paediatric patients, biotech medicines, medication errors; no evidence was found that studies relating to these 3 variables had been carried out before^[20-22].

This is an observational, cohort, prospective and crosssectional study in the medication system of a paediatric hospital, the main variable is the medication error related to the use and handling of biotech medicines. Process variables such as errors in prescription, transcription, preparation, dispensing, administration, follow-up, storage and acquisition were considered. Secondary variables relating to the number of patients reached, type of error, consequences and seriousness have been included, as well as incidents with the potential of causing error.

Study population and data collection:

The study was carried out in a paediatric third level hospital that admits patients from all regions of the country. The study lasted a period of 24 w in the clinical services of oncology, haematology and immunology in hospitalized paediatric patients/population and their respective ambulatory care units. Intensive care unit patients were not included. The incidence for each group was, hospitalized paediatric patients- 55 % and ambulatory paediatric patients- 45 %. It also included the area of ambulatory chemotherapy and short stay immunotherapy, these were chosen based on the hospital's annual report^[23]. A sample of 350 follow-ups of the medication system (interrelated processes whose objective is the use of medications in a safe, appropriate and efficient manner) was selected. It includes prescription, transcription, preparation, dispensation, administration, follow-up and acquisition of the biotech medicines in a daily fashion during the morning and night shifts.

The institutional format, pharmacotherapeutic profile was used for recording the data, the required information was: active substance, indication, administration schedule (dose interval between doses, starting date and conclusion) pharmaceutical form, prescription motive, preparation conditions and storage.

The actual use conditions were analysed along with the recommended ones, based on the institutional medications catalog, the medications catalog of the general health council^[24], the handbook of medical prescriptions Lexicom^[25] and the electronic data base Micromedex^[26,27]. A data base was drawn up using Microsoft Office Professional Excel Plus 2016.

The main researcher was allowed full access to each area of the medication system, general warehouses, preparation areas, administrative area, access to the clinical and electronic file, nursing area and to accompany in the process of applying medications.

Variables:

The identification and reporting of medication errors was done in an observational manner in the paediatric patients and in each medication process, the activities were supported by the health personnel (pharmacist, doctor and nurse). The information was completed by means of electronic file, nursing sheets for hospitalized paediatric patients/population, in the case of ambulatory patients, we had access to the areas where the medication was applied and the entire process was observed until the application, the follow-up data were completed in the subsequent visits.

It required that the principal investigator to review medical records, nursing care sheets, and physician instructions in order to complete follow-up data. The reference taken for the definition, evaluation and classification of error was that of the NCCMERP^[28] and the good practices guide regarding recording, codification, reporting and evaluation of medication errors of the European Medications Agency

EMA/762563/2014. A work team was formed to evaluate the medication errors, it consisted of specialist physicians, pharmacist, resident physicians, nurses, risk manager, and a representative of the management team for the resolution of cases, and to characterize the medication errors as well as settling discrepancies of opinion in their classification. According to their nature, errors were classified as, wrong medication that include inappropriate selection of the medicine, wrong medication, previous history of allergy, contraindicated medication, inappropriate medication for the patient due to his age or clinical condition and therapeutic duplication; failure to indicate dose of medication such as failure in the prescription, transcription, dispensation and administration; incorrect dose that may include higher than the correct dose or extra dose; wrong administration frequency, wrong pharmaceutical form, error in the preparation or handling or conditioning, wrong administration, route of administration, wrong rate of administration, wrong administration time, wrong patient, incorrect duration of treatment either greater or lower, lack of treatment follow-up that include, lack of clinical revision, analysis and interactions; deteriorated medication, patient non-compliance and others^[29].

Definition of results and statistical analysis:

The statistical analysis was carried out using the statistics software IBN SPSS version 25 (SPSS, Inc. Chicago, IL, USA) by means of descriptive statistics. The qualitative variables were expressed via absolute frequencies and percentages, the quantitative variables were described by measures of central tendency, arithmetic mean (Kolmogórov-Smirnov test), dispersion and standard deviation. The statistical significance was defined as a value of p \leq 0.05 and the confidence interval of 95 % (CI 95 %).

Ethical aspects:

The study was presented to the general management, the education area and heads of services of medical areas. The principal investigator submitted the project for evaluation and approval to the ethics and investigation committee of the high-specialty hospital, with a registration number 048/2016 with a duration of 20 mo. The follow-up was carried out by the pharmacist and was based according to the reports of New Delhi and Tokyo and good practices in pharmacy^[30]. During the duration of the project the privacy of the information was guaranteed in an atmosphere of cordiality, considering the voluntary participation of the health personnel and taking into account respect, benefit and fair treatment

according to the Belmont report and the declaration of Helsinki^[31,32] as well as to the laws related to research of the Health Department in Mexico^[33].

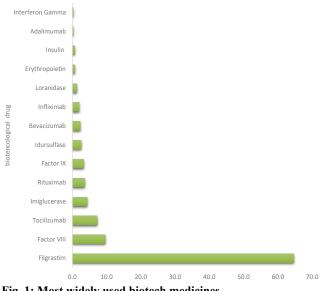


Fig. 1: Most widely used biotech medicines

RESULTS AND DISCUSSION

The study was conducted in a paediatric population in which the gender distribution was 67 % male and 33 % female, the ages ranged from new born (younger than 28 d), 1.64 %, to lactating (less than 1 y) 15.7 %, preschool (1 to 5 y old) 21.31 %, school age (5 to 13 y old) 27.87 %, and teenagers (13 a 18 y old) 32.79 %, respectively^[34]. The medications with higher incidence of medication errors were, filgrastim 64.7 %, factor VIII 9.7 %, tocilizumab 7.3 %, imiglucerase 4.3 %, rituximab 3.7 %, factor IX 3.3 %, idursulfase 2.7 %, bevacizumab 2.3 %, infliximab 2.0 %, loranizase 1.3 %, adalimunab and gamma interferon less than 1 % (fig. 1).

Globally, 2789 adverse effects were documented from a professional practice that produces or may produce medication errors in the use and handling of biotech medicines in a paediatric population; identifying the proximate causes and system failures that have contributed to their occurrence. By determining the

TABLE 1: ACTIVITIES WITH THE POTENTIAL TO PRODUCE MEDICATION ERRORS

Area in the medication system	Detected incidents	%					
	Medical Indication (as a document)						
	Indication by trade name of the MBT						
	Illegible or unclear writing.						
	Omission or error of dose/route/infusion rate/administration schedule						
	Verbal indication						
	Omission of information about allergies and/or precautions for the patient. Medical Indication (as a medical act)						
Prescription	Incorrect choice of MBT according to the patient's pathology or						
	inappropriate use	29.5 %					
	Omission of the prescription of the MBT						
Transcription	Prescription of MBT with interactions between them						
	Incorrect interpretation of MBT/dose/route/dosing interval						
	Order error from the nursing center to the pharmacy storage	3.7 %					
	There is no aseptic preparation area						
Preparation	Inadequate hand washing for drug preparation						
	Incorrect labeling of the medication	22.1 %					
	There is no compatibility check	ZZ.1 %					
	Double prescription						
	Delivery of a different MBT than prescribed, or dose or concentration						
Dispensation	Omission of delivery of some MBT						
	Incorrect delivery of the requested quantity						
	Sending the order for the wrong patient						
	Error in the schedule						
	Administration of a different MBT to the patient						
	Error in the dose and the route						
Administration	Error in dilution	19.6 %					
	Omission of the administration	17.0 /0					
	Lack of expiration control						
Storage	Inadequate storage conditions or lack of control in them						
	Incorrect, confusing or disorderly location						
	Lack of stock	11.5 %					
	Incomplete anthropometric, physiological and metabolic data in Kardex in the						
Follow-up	infirmary. Incomplete file or medical indications						
	Failure to record relevant patient data, ADR	11.8 %					
Purchase	MBT that are used, but not in the basic list	0.30 %					
	at are previously purchased and stored until they are used. Kardex: registration of chi						
	nized manner. MBT: biotech medicines, ADR: adverse drug reaction						
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error causing incidents in each phase, and based on the relevant process, we obtained the following data as shown in Table 1. The prescription process stands out with 29.5 %, the more frequent incidents were: unclear writing, incomplete information on the administration rate of the medication, failure to inform about allergies, or prescriptions without verifying drug interactions. The process of preparation represents 22.1 % of the incidents, highlighting areas that are not suitable to ensure good medicine preparation practices, insufficient sources of information to consult incompatibilities between medicines-solutions and incomplete data on the labelling of the medications. In the administration process, non-compliance with the administration schedules was documented, imprecise dosage and incorrect infusion rate; accounting for 19.5 %, the follow-up process represented 11.8 %, additionally incomplete anthropometric, physiological or metabolic data were documented, incomplete relevant data such as the presence of a previous ADR was also observed.

The storage process represented 11.5 % of the incidents, resulting from the lack of equipment needed for their conservation, also lack of knowledge of handling such as adequate temperature control and exposure to light are worth mentioning^[35].

The classification into medication errors is based on the Spanish adaptation of the NCCMERP classification, the total number of medication errors associated with the use and management of biotech drugs was 1085 in a total of 300 patients, which means an incidence rate of 3.61 errors per patient (Tables 1-3). The higher prevalence was found in the categories of insufficient monitoring of medication (35 %); incorrect dose (19 %), frequency (14.7 %), wrong administration time (8.5 %), preparation, manipulation and conditioning

 TABLE 2: TAXONOMY-BASED MEDICATION ERRORS FROM THE NATIONAL COORDINATING COUNCIL

 FOR MEDICATION ERROR REPORTING AND PREVENTION (NCCMERP)

No.	Medication errors types	%	Include
1	Wrong medication	6.6	 1.1.1 Medicine not indicated / appropriate for the diagnosis that is intended to be treated 1.1.2 Previous allergy history or similar adverse effect with the same medication or similar 1.1.3 Contraindicated medication 1.1.4 Medications Inappropriate for the patient because of their age, clinical situation or underlying pathology 1.1.5 Therapeutic Duplicity 1.2 Unnecessary medication 1.3 Transcription / dispensing / administration of a medication different from that prescribed
2	Omission of dose or medication	2.6	 2.1Lack of prescription of a necessary medication 2.2 Omission in the transcription 2.3 Omission in the dispensation 2.4 Omission in the administration
3	Incorrect dose	19	3.1 Higher dose than the correct one 3.2Lower dose than the correct one 3.3 Extra dose
4	Wrong administration frequency	14.7	
5	Wrong pharmaceutical form	-	
6	Preparation, handling and/or conditioning error	6.3	
7	Wrong administration technique	0.8	
8	Wrong route of administration	0.6	
9	Incorrect administration rate	2.6	
10	Incorrect administration time	8.5	
11	Wrong patient	0.1	
12	Incorrect treatment duration	2.6	12.1 Longer duration than the correct 12.2 Lower duration than the correct
13	Insufficient monitoring of the treatment	35	13.1 Lack of clinical review 13.2 Lack of analytical controls 13.3 Medication-medication interaction 13.4 Drug-food interaction
14	Deteriorated medication	-	
15	Lack of compliance by the patient	-	
16	Others	0.5	

TABLE 3: DESCRIPTIVE STATISTICS OF THE CLASSIFICATION OF MEDICATION ERRORS IN BIOTECH
MEDICINES

Descriptive statistics of medication errors														
Categories of medication	1	2	3	4	6	7	8	9	10	12	13	15		
errors														
n	126	50	360	280	120	15	12	50	162	50	665	3		
Mean	5	10	14	17	19	20	21	22	23	26	29	34		
Standard error of mean	0.16	0.21	0.04	0.00	0.00	0.00	0.00	0.00	0.00	0.12	0.04	0.00		
Mode	5	8	15	17	19	20	21	22	23	25	28	34		
Standard deviation	1.81	1.51	0.77	0.00	0.00	0.00	0.00	0.00	0.00	0.88	1.02	0.00		
Variance	3.29	2.27	0.59	0.00	0.00	0.00	0.00	0.00	0.00	0.78	1.03	0.00		
1. Wrong medication							9. Wrong administration rate							
2. Omission of dose or medication						10. Incorrect administration time								
3. Incorrect dose						11. Wrong patient								
4. Wrong administration frequency						12. Incorrect duration of treatment								
5. Wrong pharmaceutical form						13. Insufficient monitoring of treatment								
6. Preparation, handling and / or conditioning error						14. Damaged medication								
7. Incorrect administration technique						15. Lack of compliance by the patient								
8. Flawed administration route						16. Others								

Medication errors types (Spanish adaptation of the classification of the NCCMERP). The types of medication errors (5,14 and 16) are not included in Table 3 due to the absence of cases in these categories



Fig. 2: Severity of medication errors

(6.3 %; Table 2). The severity of the medication errors is represented in fig. 2, the category of error with damage represents 13 % of the medication errors analysed, no fatal errors were reported during the progress of the study.

At the beginning of the 20th century, the development of scientific research was able to double the life expectancy through the use of antibiotics and vaccines. Now humankind is on the threshold of reaching an age of more than 100 y with the use of biotech medicines, which have a greater therapeutic capacity than conventional drugs for the control of serious ailments such as cancer, heart conditions and diabetes. The tendency towards the use of this type of products made by genetic engineering from living cells is clear; however, it is also essential to guarantee the quality, safety and effectiveness of the molecules that make up such medications in clinical practice^[36].

Nowadays in Mexico, biotech medicines represent around 15 % of the therapeutic arsenal available and its experimental and clinical research duplicates

that of medications obtained by chemical synthesis worldwide. It is expected that the most used therapies in the coming years, including biosimilars, which face quality and safety challenges. Therefore, it is essential to establish the transcendence in the short and medium term of the consequences of their use, not only in terms of incidence, but also in its clinical consequences. The incidents derived from the use and handling of biotech medications has been investigated in order to generate the basis for their future prevention. They have been grouped into preventable, produced by an error (the objective of this study) and not preventable ADR. In the hospitals of our country, the detection and notification of ADR is more relevant, without giving medication errors their relevance due to the more serious consequences which can be avoided^[37]. In the ENEAS study, the incidence of errors derived from health care that was found through the review of medical records is 1.4 per 100 patient-days, a lower figure than our results, which have combined the observational identification of each process of the biotech medicines system and the review of medical records. The difference may be due to the fact that the review of medical records underestimates the frequency of errors, and has not developed a reporting culture among the health personnel. In addition, there is no permanent reporting program, which is essential for identification of errors. The way to solve and systematize the analysis of incidents through the use of common language must be standardized. The internationally recognized NCCMERP criteria have been applied; however, they are not used universally. the overall results obtained showed an incidence rate

of 3.6 errors per patient-day, a high figure compared to other authors' reports. Other investigations have yielded results between 0.15 to 0.24 errors per patient.

In hospital environments, medication errors are common; having an incidence rate 3 times higher in the paediatric population and potentially more harmful compared to the adult population^[38]. Biotech medicines being large protein structures with immunogenic potential related to the process of obtaining, producing and nature of the protein, which constitutes a relevant problem in clinical practice in relation to its efficiency and safety. Antibodies can be developed by the patient throughout the therapy and their quantification is essential; however, this point is often omitted due to the fact that the test method is not available, or due to the ignorance of the medical staff that it does exist and must be quantified periodically. The use of medications in conditions other than those authorized in paediatric patients is a common practice perhaps due to the limited therapeutic options. The riskbenefit must be assessed, even when the patient has developed antibodies or presented an adverse reaction without discontinuing therapy, which would otherwise make clear classification and long term consequences difficult to assess. In the study by Bond et al.^[39], one in every 20.32 errors causes injury and 0.35 % in observations made in paediatric patients; results obtained in this investigation showed that 13 % of the errors have caused a detrimental effect in the paediatric population; however, the way in which these have been evaluated and identified makes the difference^[40]. The errors not only transcend the patient's health, but also the hospitalization costs, slowing their improvement, not to mention the complaints or reclamations that may be generated, Bates et al.[41]. calculated that it takes 8 min to correct an error of omission and believed that the other medication errors take the same time.

In studies coordinated by the Spanish delegation of the Institute for Safe Medication Practices, it was mentioned that medication errors can motivate 4.7 % of the income in medical services, with high costs for health systems. The research by Otero *et al.* found a total of 60 types of errors, 70 % of these originated in the process of prescription and in a proportion of 28.3 % had been originated in the follow-up of the pharmacological treatment^[6]. The most frequent prescription errors were the prescription of medications in higher doses than recommended (21.7 %), the inappropriate selection of the medication necessary to treat the underlying disease or to prevent and adverse effect.

Errors occur frequently in the prescription, dispensing and administration of the medications; the most frequent are due to incorrect calculations of the dose, errors in the dilution and frequency of administration, even the poor and incomplete transcription of an indication, the incorrect wording and its illegibility. Some results on the incidence of prescription errors oscillate between 39 and 62.8 % of the total^[42] and the present result stood at 29.5 %, which is well below the above-mentioned results.

The incidence of preparation errors shows an estimate of 37.93 %^[43], which is much higher compared to results of this investigation, the reason is due to ignorance of the incompatibility of solutions and the time in which the reconstitution can be stable, before moving on to the process of administration.

The direct observation applied in this part of the investigation is the best method to identify errors in the preparation, considering its high cost and that requires the previous training of the personnel^[44]. Present results showed that 19.5 % of administrations represent an error and are different from the observations of Barker et al. They represent 14.6 % in which the time of administration represents 40 % of cases; unlike the current study where it is rare and settles on the lack of knowledge in the rate of infusion^[44]. It should be taken into account that administration errors are the most difficult to avoid due to the lack of constraints, except the patient, the consequences may be slight, the errors of the route or the medication may be serious; or in the worst case, omissions can harm the patient as a result of not receiving the medication they need.

It was possible to verify the limited knowledge and access to the information of the medicines in the different areas, the lack of updating of the medical consultation documents for the doctors and nurses, as well as the constant rotation of the resident medical staff and their incomplete preparation thus increasing the risk of making mistakes with this particular group of medications; there is a great disinformation about the type of ADR and the interactions with other medications, believing that these did not occur, therefore the review of interactions with other medications, solutions or foods is omitted; this has led to improper use, highlighting: prescription and preparation in non-compatible solutions, for topical, oral and mouth rinses, without complying with the specifications of preparation, infusion speed, transport and storage. This puts health professionals and paediatric patients/population at risk, representing a high cost in the hospital health system.

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The pharmaceutical forms for biotech medicines are mostly unsuitable for paediatric patients, dosing errors and preparation are frequent because it is preferable to administer a higher or lower dose in order not to waste medicines. Inaccurate frequency and time of administration are practices that are accentuated as the workload increases being the main cause, or due to delay in dispensing or lack of stock.

In Mexico, the real magnitude of the problem of medication errors is unknown, and consequently, there has been no awareness of its consequences on patient safety or on a population as vulnerable as the paediatric population, except for some groups such as hospital pharmacists. The causes of medication errors are highly complex, multifactorial, and multidisciplinary since they can affect several processes, therefore, the professionals involved in the therapeutic chain, hence the relevance of generating antecedents that serve to combat them. Errors can be combated through the design and implementation of interventions to improve the medication process.

This work has promoted the work in training programs, guidelines for use in the hospital environment and develop material focused on the importance of the proper use and management of biotech medicines. Further research and implementation of a standardized system of medication error definitions and outcomes is required. It would be relevant to generate data on interventions to reduce paediatric mortality that would support politicians and medical leaders in making decisions.

The limitations of the study were, this study was carried out in a high-specialty hospital, only in certain areas with a greater use of biotech medicines, this was due to the difficulty and the cost of extending it to other areas. The observations were not covered-up, which could influence the results of some stages, considering the Hawthorne effect, which consists of improving the activity of a worker when it is.

The difficulty to carry out exhaustive quality controls in the processes of use of biotech medicines was proven. Despite the difficulties presented, this study lays the foundations so that in the future other projects with a similar methodology can be developed and the results will serve to plan the interventions that can reduce the error.

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