Phytochemical and Pharmacological Investigation of Flowers of *Hibiscus rosasinensis* Linn

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The flowers of *Hibiscus rosasinensis* Linn. were extracted with three solvents. The extracts were dried and studied for their hypotensive activity. Among the crude extracts, hydroalcoholic extract was found to show most significant activity with reference to the standard minoxidil. Four new phytoconstituents were isolated from hydroalcoholic extract when a study was made to isolate the active constituents responsible for the exhibited activity. The structures of these constituents were assigned on the basis of their IR, NMR and mass spectral data.

Hibiscus rosasinensis Linn. (Family Malvaceae) is a plant with flowers widely distributed throughout the world. As a traditional medicine, the fresh juice of the wild flowers is used to treat gonorrhea, the powdered roots are used to treat menorrhagia, and the infusion of the petals is used as a refrigerant drink in fevers¹. The alcoholic extract of flowers of H. sabdariffa inhibited Angiotensin-I converting enzyme². The alcoholic extract of flowers of H. rosasinesis has been proved to possess anticonvulsant property³. Powdered leaves of *H. rosasinensis* showed lowering of blood pressure⁴. In spite of its use in cardiovascular ailments, the hypotensive activity of the flowers of *H. rosasinesis* has not been explored. Prompted by these findings, in the present study various extracts of flowers of H. rosasinesis have been prepared and studied for their hypotensive activity. In continuation of our previous studies to isolate the active constituent(s) responsible for this activity, four new phytoconstituents were isolated, which are not reported in the literature⁵⁻¹⁰, and their chemical structures were characterized by spectral data (IR, NMR and Mass spectra).

Flowers including buds of *H. rosasinensis* were collected from Japanese Garden, Rohini, New Delhi, in August 2002. They were authenticated by the Department of Botany, Jamia Hamdard, New Delhi. A voucher specimen has been kept in our laboratory for reference.

Melting points were recorded on a Perfit apparatus and are uncorrected. Infrared spectra were recorded on a Jasco-410 Spectrometer by using potassium bromide pellet and nujol mull for solid and semisolid compounds respectively. NMR spectra were recorded on a Jeol JNM FX-100 FTNMR Spectrometer in deuteriated chloroform solvent using tetramethylsilane as internal standard. The FAB mass spectra were scanned on a Jeol SX-102/DA-6000 Mass Spectrometer, and m-nitrobenzyl alcohol (NBA) was used as the matrix for recording mass spectra. The m/z values of intense peaks only have been mentioned.

The powdered flower was extracted with petroleum ether (60-80°), the solvent removed under vacuum and a crude solid mass was obtained. The flowers extracted with petroleum ether were then re-extracted with chloroform and the solvent was removed under vacuum and a crude solid mass was obtained. The same flowers, after extraction with chloroform, were successively extracted with ethanol water (7:3) mixture to get solid crude mass. These dried crude extracts [petroleum ether, CHCl₃, EtOH-H₂O (7:3)] were stored in a desiccators and used for further experiment after suspending in sodium carboxymethylcellulose (CMC) (1% w/w). The chemical constituents of the extract were identified by preliminary qualitative analysis and confirmed by tlc for the presence of steroids, flavonoids, tannins and reducing sugars.

Hydroalcoholic extract obtained from the flowers of *H. rosasinensis* was adsorbed on silica gel (60-120 mesh) for column chromatography. The slurry was air-dried to remove any adsorbed moisture on surface and loaded on the top of the column of silica gel packed with petroleum ether. The polarity of the column solvent was gradually increased with the disappearance/appearance of the existing/new spot, visualized on tlc.

Elution of column with benzene: chloroform (1:1) yielded compound I as yellow semisolid. It formed 2,4–DNP derivative, indicating the presence of a carbonyl

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functional group. The FAB mass spectrometry established its molecular formula $C_{26}H_{52}O_3$ (m/z 412; [M]⁺). The IR spectrum of compound I showed characteristic absorption bands at 3421 (OH) and 1710 (C=O) cm⁻¹. The NMR of compound I displayed two three-proton triplets at δ 0.85 (J=7.2 Hz) and 0.88 (J=7.0 Hz) assigned to C-1 and C-26 primary methyl protons. Two multiplets at δ 1.63 and 2.04 integrated for two protons each, were due to two CH₂ groups at C-2 and C-19 position respectively. The doublet observed at δ 2.32 (J=7.5 Hz) and 2.34 (J= 7.5 Hz) were due to non-equivalent proton attached on C-4 carbon atom, adjacent to keto group. Two one-proton multiplets at δ 3.75 and 4.07 were due to methine protons attached to C-20 and C-21 methine group, containing hydroxyl group.

The mass spectrum showed a molecular ion peak at m/z 412 [M]⁺ corresponding to the molecular formula $C_{26}H_{52}O_3$. The ion peak at m/z 341 was observed due to loss of $C_2H_5CO^+$ fragments. This peak also suggested the presence of keto group at C-3 Position. The ion peaks at m/z 341, 281 and 131 indicated the presence of two hydroxyl groups at C-20 and C-21 position. On the basis of the above spectral data analyses, the structure of compound I was formulated as *n*-hexacosa-3-one-20,21-diol.

Elution of column with benzene:chloroform (1:3) afforded compound II as cream coloured flakes. Its molecular formula was found to be $C_{30}H_{62}$ (m/z 422, [M]⁺). Its IR spectrum did not show any absorption band in functional group region. The NMR spectrum of compound II displayed two three-proton triplets at δ 0.85 (J=8.9 Hz) and 0.87 (J=7.0 Hz) assigned to terminal C-1 and C-30 methyl protons respectively. A broad signal at δ 1.25 for 54 protons was associated to 27 methylene protons. A twoproton signal at δ 1.56 corresponded to two protons of methylene group. The mass spectrum of compound II exhibited the molecular ion peak at m/z 422 [M]⁺ (5.6) corresponding to the molecular formula $C_{30}H_{62}$. On the basis of the above spectral data, the structure of compound II was characterized as *n*-triacontane.

Elution of column with chloroform gave compound III as a brown semisolid. The FAB mass spectrometry suggested its molecular formula $C_{30}H_{60}O$. It formed 2,4-DNP derivative, indicating the presence of carbonyl functional group. The IR spectrum of compound III showed absorption bands at 2954 cm⁻¹ (CH stretch) and 1760 cm⁻¹, supporting the presence of the carbonyl functional group. The NMR spectrum of the compound III displayed two three-proton triplets at δ 0.85 (J=7.0 Hz) and 0.87 (J= 7.2 Hz), assigned to methyl protons located at C-1 and C-30 position respectively. A 48-proton broad signal at δ 1.25 was associated with 24 methylene groups. Two broad multiplets at δ 1.61 and 2.03 were accounted to methylene protons at C-13 and C-16 position adjacent to carbonyl functional group. Two one-proton doublets at δ 2.32 (J=7.5 Hz) and 2.37 (J=7.5 Hz) were associated to non-equivalent protons attached on same C-14 carbon atom adjacent to keto group.

The mass spectrum of compound III displayed a molecular ion peak at m/z 436 [M]⁺ corresponding to the molecular formula $C_{30}H_{60}O$. The mass fragmentation showed ion peaks at m/z 239 [M- $C_{14}G_{29}$]⁺ and 211 [M- $C_{14}H_{29}CO$]⁺, suggesting the presence of the carbonyl functional group at C-15. A prominent ion peak at m/z 197 was generated due to $CH_3(CH_2)_{13}^{+}$ fragment (Scheme 2). On the basis of the above spectral data, the structure of compound III has been elucidated as *n*-triacontan-15-one.

Compound IV was isolated as brown semisolid from chloroform-methanol (49:1) eluants. The FAB mass spectrometry suggested its molecular formula $C_{31}H_{64}$ corresponding to an acyclic hydrocarbon. Its IR spectrum did not show any absorption band in the functional group region. The NMR of the compound IV exhibited two three-proton triplets at δ 0.87 (J=7.2 Hz) and 0.85 (J=7.1 Hz) assigned to C-1 and C-31 primary methyl protons. Three two-proton broad multiplets at δ 1.62, 1.61 and 1.50 were due to methylene groups. A 52-proton broad signal at δ 1.2 was associated with 26 methylene groups. The mass spectrum of compound IV displayed the molecular ion peak at m/z 436 $[M]^+$ (11.6) corresponding to the molecular formula $C_{31}H_{64}$. Other important peaks were generated at m/z 407, 393, 379, 365, 351, 337, 281, 267, 253, 239, 155, 141, 127 and 113. On the basis of the above spectral data analyses, the compound IV was identified as *n*-hentriacontane.

The Institutional Animal Ethics Committee of Jamia Hamdard, Hamdard University, approved the protocol used for experiments. The crude extracts and isolated compounds were evaluated for hypotensive activity. Student-t-test was performed for exhibited activities to ascertain the significance. Adult Wistar albino rats of either sex, weighing 200-250 g, were used for the screening of extracts for hypotensive activity. The animals were maintained in colony cages at $25\pm2^\circ$, relative humidity of 45-55%, under 12 h light and dark cycle and

were fed with standard animal feed. All the animals were acclimatized for a week before use. Various extracts, viz., petroleum ether, chloroform and ethanol-water (7:3) extract of the flowers of H. rosasinensis Linn. were tested for hypotensive activity in normotensive rats, noninvasively, by tail-and-cuff method using LE 5001 Pressure Meter¹¹. Suspension of all the three extracts was prepared by using 1% sodium carboxymethyl cellulose and was administered orally at dose levels 50, 100 and 200 mg/kg of animal body weight to different groups of rats, each containing five. Control group received an equivalent quantity of sodium carboxymethyl cellulose suspension. Blood pressure was measured in stepwise manner as follows. After 3 h of administration of the extract, the animal was shifted to the restrainer, which restricts the movement of animal. The tail was cleaned with moist cotton to remove the dirty matter and cotton to remove the dirty material, and talcum powder was sprayed on the tail to make its surface smooth. A tail-cuff and pulse transducer was fixed around the tail. Initially, the animal showed a particular pulse level. When this pulse rate was within the normal range, the start button was pressed, initiating recording of systolic BP, diastolic BP and mean arterial BP that was displayed on monitor. The pressure can be easily read from the precaliberated monitor. Once all the values were displayed, the recorder was switched off, and for the next measurement, the same procedure was followed, once sufficient pulse level was attained. Percent reduction in blood pressure was calculated in comparison to minoxidil, which was used as standard, at the same dose levels. Results were analyzed

by using student's t-test. Percent reduction in blood pressure after administration of the extracts are shown in Table 1. The same procedure was adopted for determining percent reduction in blood pressure for isolated constituents, and the results are depicted in Table 2.

The results of hypotensive activity studies of crude extracts (Table 1) indicate that the hydroalcoholic extracts exhibited prominent activity when compared to the standard minoxidil followed by chloroform extract. In an attempt to isolate the active constituents responsible for the activity, four new compounds I-IV (Fig. 1) were isolated and structurally characterized on the basis of spectral data. The isolated constituents were subjected to hypotensive activity (Table 2). All the new compounds (I-IV) showed moderate activity. In contrast, the hypotensive activity shown by the ethanol-water (7:3) extract was more when compared to the isolated constituents. These findings suggested that there must be

$$\begin{array}{c} O & OH & OH \\ CH_3 - CH_2 - C - (CH_2)_{16} - CH - CH - (CH_2)_4 - CH_3 \\ Compound I \end{array} \qquad \begin{array}{c} CH_3 - (CH_2)_{28} - CH_3 \\ Compound II \end{array}$$

Fig. 1: Chemical structures of the isolated new compounds. Compound I. n-Hexacosa-3-one-20,21-diol; Compound II. N-Triacontane; Compound III. N-Triacontane-15-one; Compound IV. N-Hentriacontane

TABLE 1: HYPOTENSIVE ACTIVITY OF CRUDE EXTRACTS (PERCENTAGE REDUCTION OF BLOOD PRESSURE \pm SEM)

Extract	50 mg/kg body weight			100 mg/kg body weight			200 mg/kg body weight		
	SBP	DBP	MABP	SBP	DBP	MABP	SBP	DBP	MABP
Petroleum ether	4.3±0.7	6.1±0.6	5.8±0.6	11.3±0.8	12.4±1.1	12.6±1.1	13.9±1.5	15.4±1.0	14.6±1.1
Chloroform	17.1±0.8	7.9±0.9	10.7±8.2	25.3±0.8	20.3±1.1	21.9±1.1	26.7±1.5	23.0±1.0	25.0±1.1
Ethanol-water (7:3)	8.7±0.7	7.2±0.8	7.5±0.8	20.6±0.7	16.7±1.0	17.9±0.9	26.9±1.2	22.9±1.3	24.5±0.8
Standard	6.35±0.8	8.24±1.0	6.60±1.0	46.0±0.8	32.0±1.4	43.39±1.5	58.7±1.2	57.7±0.6	58.4±0.3

Each value represents the mean ± SEM (n=5). Significance levels P< 0.01. SBP - Systolic blood pressure, DBP- Diastolic blood pressure, MABP - Mean arterial blood pressure

TABLE 2: HYPOTENSIVE ACTIVITY OF ISOLATED CONSTITUENTS (PERCENTAGE REDUCTION OF BLOOD PRESSURE \pm SEM)

Constituents	2	5 mg/kg body weig	ght	50 mg/kg body weight				
	SBP	DBP	MABP	SBP	DBP	MABP		
	1.9±0.2	2.7±0.3	2.3±0.2	4.3±0.4	5.4±0.6	4.8±0.6		
11	1.7±0.7	0.6±0.2	1.3±0.2	3.8±0.3	2.0±0.4	2.7±0.4		
111	2.3±0.3	3.3±0.5	2.9±0.4	4.8±0.3	7.6±0.4	6.6±0.4		
IV	3.0±0.4	2.9±0.4	2.5±0.5	2.3±0.3	1.6±0.4	2.0±0.3		
Minoxidil	14.1±0.7	14.5±1.1	14.7±0.9	29.4±0.8	32.4±1.1	31.4±0.9		

Each value represents the mean ± SEM (n=5). Significance levels P< 0.01. SBP -Systolic blood pressure, DBP- Diastolic blood pressure, MABP - Mean arterial blood pressure

synergistically acting constitutent(s) present in crude extract, responsible for its hypotensive activity, and these compounds are only effective in combination with each other, and not alone. Hence further pharmacological investigations are required to find out proper combination of two or more constituents, which may show the expected hypotensive activity.

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