Preparation of Ibuprofen-loaded Geonanohybrids Using a Facile Grinding Process

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Dhanasekar et al.: Controlled-release from Ibuprofen-loaded Geonanohybrids

In the present investigation, a controlled release system for ibuprofen was prepared using a newly synthesized nanodrug carrier. The nanodrug carrier was made by blending montmorillonite and chitosan by forming an intimate mixture of geomaterial of montmorillonite clay and chitosan. Ibuprofen was then loaded into the montmorillonite-chitosan nanohybrid and the resulting montmorillonite-chitosan/ibuprofen nanoparticles were characterized using Fourier-transform infrared spectroscopy, X-ray diffraction, thermogravimetric analysis and transmission electron microscopy. The in vitro release profiles of ibuprofen from montmorillonite-chitosan/ibuprofen was studied at 37°±0.5° under simulated gastric and intestinal media at pH 1.2 and 7.4, respectively. Controlled drug release was observed at both pH conditions. Kinetic of the release of ibuprofen at pH 1.2 and 7.4 was studied to find that the release followed Korsmeyer-Peppas and first-order kinetic models, respectively.

Key words: Montmorillonite, ibuprofen, chitosan, release kinetics, controlled release, first-order

The need for benign, therapeutically effective and patient-compliant drug delivery systems has led researchers to design novel tools and strategies. Clays and clay minerals are naturally occurring materials of well-known scientific and technological interest and are considered as raw pharmaceutical materials. However, once evaluated and/or modified to fulfill regulatory pharmacopeial requirements, the materials could achieve the status of pharmaceutical substances suitable for use in the manufacture of medicinal products[1,2]. Among the clay minerals, montmorillonite (MMT) finds tremendous potential due to its higher cation exchange capacity, large surface area, good sorption behavior, outstanding adhesive ability and drug carrying capability compared to other pharmaceutical silicates such as talc, kaolin and fibrous clay minerals. MMT functions as both excipients and active substances in pharmaceutical products[3]. MMT is a potentially useful material, especially in the field of controlled release of drugs, where it acts as a vehicle. MMT is able to absorb dietary and bacterial toxins associated with gastrointestinal disturbances, protons in acidosis and metabolic toxins such as steroidal metabolites associated with pregnancy[4]. MMT finds moderate use in the treatments such as diarrhea and constipation through local application, it also acts on all unhealthy organs, which emit anions and is subjected to immediate elimination from the body[5-7]. MMT is used as an ideal excipient and also in the field of pharmaceutical technology and dermopharmacy clay minerals, due to its applicability in the formulation of solid dosage forms such as tablets, capsules and powders; semi-solids like ointments and creams, and liquids like suspensions and emulsions[8-10]. MMT has proven to be biologically safe and non-toxic as a drug carrier, when studied with yeast and in a Wistar rat model[11].

Chitosan (CS) is bio-degradable, biocompatible, non-immunogenic, inexpensive and nontoxic polymer exhibiting high mechanical strength, hydrophilicity and good adhesion properties. CS, composed mainly of β-(1,4)-linked 2-deoxy-2-amino-D-glucopyranose units is a linear cationic biopolymer of high molecular weight and an important derivative of chitin. The biochemical properties of CS made it an excellent bio-adhesive polymer material, since it performed
well for sub-cutaneous, oral, ocular and transdermal drug delivery\(^{[12]}\). Recently, Li et al. showed enhanced antibacterial activity due to the combined effect of CS/MMT\(^{[13]}\). Chang et al. also reported the use of CS as a novel biomaterial that enhanced the growth of human fibroblast cells\(^{[14]}\). Benefitting from the biocompatible properties of the CS, it was modified with MMT to obtain MMT-CS nanohybrid that would enhance interlayer spaces within the clay layers in order to improve the suspension behavior of the carrier during release of the drug.

Ibuprofen (IBU), \(\alpha\)-methyl-4-(2-methylpropyl)benzene acetic acid, is a non-steroidal antiinflammatory drug used to treat rheumatoid arthritis and osteoarthritis\(^{[15]}\). Li et al. reported that IBU was used as a model drug for producing IBU-bovine serum albumin (BSA)-dextran nanoparticles, through hydrophobic and electrostatic interactions between the IBU and BSA\(^{[16,17]}\), while sustained release behavior of IBU from IBU/MMT particles have been observed\(^{[18]}\). Nevertheless, fabrication of MMT-CS nanohybrids and their use as carriers for the release of the IBU provided key insights into achieving controlled release patterns for drugs. In the present study, MMT-CS/IBU formulations were prepared in the form of capsules and the release profiles of IBU through different kinetic models.

**MATERIALS AND METHODS**

MMT (K10), with a specific surface area of 274 m\(^2\)/g and a cation exchange capacity of 1.2 mEq/g and CS from crab shells were purchased from Sigma Aldrich, USA. IBU (melting point 76\(^\circ\)) was kindly supplied by Medrich Pharmaceuticals, India, and was used without further purification. Deionized water (resistance of 18.2 mΩ/cm) was used throughout the experiments.

**Preparation of MMT dispersion:**

MMT nanoclay (0.10, 0.25 or 0.5 g) was dispersed in deionized water (100 ml) and allowed to stand for 24 h at 30\(^\circ\) for swelling. The swollen MMT was stirred mechanically and sonicated for 30 min to form a colloidal dispersion. The upper layer of the colloidal solution was collected, and the stability of the colloids was assessed visually by allowing the upper layer of the colloidal dispersion to stand for 24 h. Since all dispersions appeared to be colloidally stable for 24 h, the high concentrated dispersion of 0.5 % w/w preparatory mix was chosen for fabricating MMT-CS nanohybrids.

**Preparation of MMT-CS nanodispersion:**

One percent w/v CS solution was prepared by dissolving in 1 % (v/v) acetic acid. The solution was stirred continuously for 4 h to dissolve the CS completely\(^{[19]}\). To the acidified CS solution, 0.5 % MMT colloidal solution was blended in the ratio of 1:0.0001 (MMT:CS, w/w). The blend was sonicated for 20 min at 20\(^\circ\) with an amplitude of 20 % and centrifuged at 4×1000 rpm for 20 min. Free CS was removed by washing the pellet with 1 % glacial acetic acid (v/v). The final solid phases of MMT-CS nanohybrids were recovered by filtration and dried at 50\(^\circ\) for 24 h. A similar procedure was adopted for the preparation of MMT-CS nanohybrid formulations in the ratios 1:0.001 and 1:0.01, respectively.

**Preparation of MMT-CS/IBU nanoparticles:**

The grinding technique is a simple and facile method to prepare MMT-CS/IBU nanoparticles. The MMT-CS and IBU ratios of 1:0.5 and 1:1 was mixed (20 min) by grinding thoroughly using a mortar and pestle. The MMT-CS/IBU mixture was washed repeatedly with acetone to remove the free drug. The final MMT-CS/IBU mixture thus obtained was dried at room temperature and stored in a desiccator\(^{[20]}\).

**Formulation of capsules of IBU-loaded MMT-CS nanohybrid with excipients:**

IBU-loaded MMT-CS capsules were prepared using carboxymethyl cellulose sodium salt as a disintegrating agent. MMT-CS/IBU was further blended with carboxymethyl cellulose sodium and the average weight of the capsule was adjusted to 100 mg using lactose. The capsules were then stored in a tightly closed glass container.

**In vitro release of IBU from MMT-CS/IBU formulations:**

In vitro drug release studies were conducted in a constant temperature bath fitted with a round bottom flask charged with 900 ml buffer solution using the dialysis bag technique. A buffer solution of pH 1.2 was prepared by mixing 0.2 M KCl (147 ml) and 0.2 M HCl (250 ml) to simulate gastric fluid. Similarly, a buffer solution of pH 7.4, to simulate intestinal fluid, was prepared by mixing 0.1 M KH\(_2\)PO\(_4\) (250 ml) with 0.1 M NaOH (195.5 ml). The dialysis sacs were washed with the dissolution medium for 1 h prior to conducting the experiments. The dialysis bag containing the pre-weighed capsule was suspended in buffer solution...
that was stirred constantly at 100 rpm. At regular
time intervals, 5 ml of the dissolution medium was
withdrawn and analyzed for IBU content using UV/Vis
spectroscopy. The withdrawn quantity of dissolution
medium was replaced immediately with fresh buffer
solution to maintain the initial volume. UV analysis
was conducted in triplicates and the results represent
the average value.

In vitro drug release kinetics:

Release profiles of IBU from the in-house prepared
MMT-CS/IBU capsules were studied at pH 1.2 and
7.4 and were tested with 4 mathematical models. The
relationships included zero-order i.e., cumulative
percent drug released versus time, first-order i.e.,
logarithmic cumulative percent drug remaining versus
time, Higuchi’s i.e., cumulative percent drug released
versus square root of time and Korsmeyer-Peppas i.e.,
logarithmic cumulative percent drug released versus log
time. All the release kinetic studies were performed
in triplicates and the results presented as average value.

Zero-order release kinetic model:

In the zero-order kinetic model, the release of the drug
from a dosage form occurs in a planned, predictable
and/or slower manner than the norm, and it is
particularly pertinent to sustained/controlled release
dosage forms. On dissociation from the carrier, the
drug gets release in a slow manner and the zero-order
release model best represented by Eqn. 1, \( Q_t = Q_0 + K_0 t \),
where, \( Q_0 \) is the amount of drug dissolved in time \( t \),
\( Q_t \) is the initial amount of drug in the solution \( (Q_0 = 0) \)
and \( K_0 \) is the zero-order release constant expressed in
units of concentration/time. The release kinetics have
been studied using the data obtained from in vitro drug
release studies and have been plotted as cumulative
content of drug released versus time. The zero-order
rate equation wherein the drug release concentration of drug, \( k \) is the first-order rate constant,
and \( t \) is the time. A plot of log cumulative percent
drug remaining versus time would exhibit linear
plot. Eqn. 2 provides the release of drug from dosage
formulations where the rate of release is dependent on
the concentration of the dissolution.

Higuchi’s model:

The Higuchi model describes the release of drug from
an insoluble matrix and is only dependent on the square
root of time (Eqn. 3). Hence, the data obtained were
plotted as cumulative percent drug release versus
square root of time. The model is given by the Eqn. 3,
\( Q_t = K_{H} t^{1/2} \), where, \( K_{H} \) is the constant that reflects the
proposed variable of the Higuchi release kinetic model
and is called the Higuchi dissolution constant and ‘\( t \)’
is the time. A plot of cumulative percent drug released
versus square root of time would give a linear plot.

Korsmeyer-Peppas model:

Korsmeyer et al. derived a simple relationship as shown
in Eqn.4 dealing with drug release from polymeric
matrices. The model is best satisfied for the release of
the first 60 % of the formulation. Eqn. 4, \( \frac{M_t}{M_\infty} = K_t^n \),
where, \( M_t/M_\infty \) is a fraction of drug released at time
‘\( t \)’, \( k \) is the release rate constant and ‘\( n \)’ is the release
exponent. The release kinetics were studied by plotting
the data as log cumulative percent drug release versus
log time to yield a linear plot, for the initial portion of
the graph.

Characterization:

X-ray diffraction (XRD) patterns were recorded using
a Siemens D-500 diffractometer using CuKα radiation
(\( \lambda = 1.5305 \text{ Å} \)). Diffraction angle patterns were recorded from 3 to 30°. Fourier-transform infrared (FTIR)
spectral analysis for the samples was carried out using
KBr pellet on a Perkin-Elmer spectrophotometer
(Spectrum RX1, FTIR V.200). Thermogravimetric
analysis (TGA) was carried out in a platinum crucible
with 10 mg sample size from room temperature to 800°
on TGA Q50, TA instruments, under nitrogen (flow
rate: 100 ml/min) atmosphere at a heating rate of 10 K/
min. The transmission electron micrographs (TEM)
were taken for morphological analysis using Jeol 3010
field emission electron microscope with an accelerating
voltage of 300 kV. UV/Vis absorbance of IBU solutions
were measured using UV/Vis spectrophotometer
(Shimadzu UV-240) equipped with a quartz cell having
a path length of 1 cm in the acetone medium (99.0 %).
RESULTS AND DISCUSSION

Fig. 1 presented the FTIR spectra of MMT, CS, IBU and MMT-CS/IBU. The spectrum of MMT was characterized by the stretching vibration of the –OH group at 3626 cm⁻¹ due to the increased level of aluminium present in the octahedral sheets[27]. The presence of Si moiety in the two tetrahedral sheets of the MMT was accessed through a sharp and broad stretching vibration of Si–O–Si corresponding to 1053 cm⁻¹. On the other hand, the peak at 1639 cm⁻¹ represents the deformation vibration of the OH group[28]. In the case of CS, a sharp narrow peak at 1049 cm⁻¹ corresponds to the C-N stretching vibrations of aliphatic amine. The peaks at 1041 and 3629 cm⁻¹ were attributed to the C-N and O-H stretch, respectively, confirmed the intercalation of CS with MMT. In the spectrum of pure IBU the CH₃ asymmetric stretch, the C=O stretch and the C–C stretch were observed at 2955, 1721 and 1231 cm⁻¹, respectively. In addition, the strong peak at 779 cm⁻¹ was dominant due to the rocking vibration of CH₂. It was noted that these four bands at 2955, 1721, 1231 and 779 cm⁻¹ were considered as the fingerprints of IBU[29].

Fig. 2 shows the TGA curves of MMT-CS nanocomposites, MMT-CS/IBU (1:0.01:0.5), MMT-CS/IBU (1:0.01:1), MMT-CS/IBU (1:0.001:0.5) and MMT-CS/IBU (1:0.001:1), respectively. For MMT-CS/IBU (1:0.001:0.5) and MMT-CS/IBU (1:0.001:1), the rate of degradation was decreased compared to IBU alone. This characteristic could be attributed to the presence of the MMT moiety. The thermogram of MMT-CS nanohybrid initially exhibited 5 % mass loss at a heating rate of 10⁰/min over the temperature range of 10-60⁰. This mass loss was due to the desorption of water molecules from MMT. Further gradual loss in the mass could be explained by the corresponding dehydration behavior contributed from the CS molecules. This was also consistent with the MMT-CS/IBU, which could have arised due to the partial decomposition of IBU. The MMT crystal lattice was arranged parallel to the surface which resulted in the hindrance of oxygen and thus enhanced the transfer of the decomposed products. Nevertheless, the amount of drug/g of MMT-CS/IBU (1:0.001:1), MMT-CS/IBU (1:0.001:0.5), MMT-CS/IBU (1:0.01:0.5) and MMT-CS/IBU (1:0.01:1) systems were found to be 277, 343, 199 and 317 mg, respectively and the temperatures for the onset of degradation at 184, 176, 218 and 184⁰,
respectively (Table 1). The presence of clay platelets restricted the decomposition of MMT-CS nanohybrid as apparent from the MMT-CS/IBU curves. The weight loss was found to vary with increasing quantity of IBU added to the nanohybrids.

Fig. 3 represents the XRD patterns of MMT, MMT-CS nanohybrid and MMT-CS/IBU ratios (1:0.001:1, 1:0.001:0.5 and 1:0.01:1). The XRD pattern of MMT exhibited a diffraction angle of 8.57º (2θ), but the MMT-CS nanohybrid revealed a strong signal at 5.22º. According to Bragg’s law (nλ=2dsinθ), the peak shifting from higher diffraction angle to lower diffraction angle was interpreted as the increase in d-spacings[31,32]. Thus, compared with MMT, the basal space for CS at 1.69 nm (Table 2), suggested the intercalation of CS into the MMT layers. The interlayer distances of 1:0.001:1, 1:0.001:0.5 and 1:0.01:1 was characterized by respective basal spacing values of 1.35, 1.39 and 1.47 nm, respectively. The increase in the basal spacing during the formation of MMT-CS/IBU nanohybrid offered direct evidence of the intercalation of IBU into the MMT-CS nanohybrid. Increased breadth and reduced intensity of the basal reflections were further recorded in all the three systems including the MMT-CS nanohybrid. Captivatingly, the grinding technology-based formulation caused the successful intercalation of IBU into the MMT-CS nanohybrid as depicted in the schematic (fig. 4). Fig. 5 shows the successful intercalation of IBU into the MMT interlayers. The layered pattern of MMT with the insertion of CS and IBU nanoparticles was also noted. The size of the integrated particle ranged between 20 and 30 nm whose interlayer distance was in the range of 4-8 nm.

The nanohybrid (MMT-CS) and lactose played the role of a diluent. The carboxymethyl cellulose sodium salt was used as a disintegrant due to its macerating properties (5-10 %). The powder mixtures were prepared by mixing IBU (22.29 %), MMT-CS (27.81 %), lactose (49.60 %) and carboxymethyl cellulose sodium salt (0.40 %) using a mortar and pestle. The prepared mixtures (100 mg) were introduced into empty white capsule shells manually (Table 3). Twenty capsules were weighed individually and the average weight was determined. Following the IP standards, no more than 2 of the individual weights should deviate from the average weight by more than the percentage as shown in the Table 4 and none deviated by more than twice that percentage. The average weight of content

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**TABLE 1: ESTIMATED AMOUNT OF IBU LOADED INTO MMT-CS NANOHYBRIDS**

<table>
<thead>
<tr>
<th>Different compositions of MMT-CS (mg)</th>
<th>Total decomposition under the scanned temperature (%)</th>
<th>Initial decomposition IBU (mg)</th>
<th>Final decomposition IBU (mg)</th>
<th>Decomposition rate (°)</th>
<th>IBU in mg/g of hybrids</th>
</tr>
</thead>
<tbody>
<tr>
<td>IBU</td>
<td>95.70</td>
<td>14.65</td>
<td>221</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>MMT</td>
<td>14.69</td>
<td>1.29</td>
<td>46</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>MMT-CS</td>
<td>17.66</td>
<td>2.24</td>
<td>154</td>
<td>377</td>
<td>-</td>
</tr>
<tr>
<td>MMT-CS/IBU (1:0.01:0.5)</td>
<td>19.93</td>
<td>0.96</td>
<td>218</td>
<td>277</td>
<td>199.30</td>
</tr>
<tr>
<td>MMT-CS/IBU (1:0.01:1)</td>
<td>31.78</td>
<td>1.84</td>
<td>184</td>
<td>242</td>
<td>317.80</td>
</tr>
<tr>
<td>MMT-CS/IBU (1:0.001:0.5)</td>
<td>34.33</td>
<td>1.21</td>
<td>176</td>
<td>232</td>
<td>343.30</td>
</tr>
<tr>
<td>MMT-CS/IBU (1:0.001:1)</td>
<td>28.74</td>
<td>3.07</td>
<td>184</td>
<td>210</td>
<td>277.40</td>
</tr>
</tbody>
</table>

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**TABLE 2: BASAL SPACINGS OF PURE MMT, MMT-CS AND DIFFERENT RATIOS OF MMT-CS/IBU AS DETERMINED BY XRD**

<table>
<thead>
<tr>
<th>Various nanohybrid systems</th>
<th>θ (°)</th>
<th>2θ (°)</th>
<th>d (nm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>IBU</td>
<td>4.29</td>
<td>8.57</td>
<td>1.03</td>
</tr>
<tr>
<td>MMT</td>
<td>2.61</td>
<td>5.22</td>
<td>1.69</td>
</tr>
<tr>
<td>MMT-CS</td>
<td>3.26</td>
<td>6.52</td>
<td>1.35</td>
</tr>
<tr>
<td>MMT-CS/IBU (1:0.001:0.5)</td>
<td>3.17</td>
<td>6.33</td>
<td>1.39</td>
</tr>
<tr>
<td>MMT-CS/IBU (1:0.01:1)</td>
<td>3</td>
<td>6</td>
<td>1.47</td>
</tr>
</tbody>
</table>
present in the capsule was found to be 1943.40/20 = 97.17 mg and the minimum weight deviation was calculated as: (93.8/97.17×100)–100 = –3.47.

The results of the in vitro drug release studies were fitted with various kinetic Eqns such as zero-order, first-order, Higuchi and Korsmeyer-Peppas to examine the release mechanism of the drug (Table 5, fig. 6). The regression co-efficient ($r^2$) values obtained from these models were evaluated by comparing their best fit values. In case of pH 1.2, the Higuchi model ($r^2 = 0.9821$) showed the highest $r^2$ values compared with other models. While, in the case of pH 7.4, the zero and first-order models showed higher $r^2$ values when compared with Higuchi and Korsmeyer-Peppas models. The $r^2$ of 0.9852 and 0.9847 for zero- and first-order models exhibits a mixed release mechanism. However, the dissolved drug for the first-order kinetics should not aggregate near the membrane and likely to undergo concentration-dependent release. On the other hand, the release profiles exhibited by the zero-order reaction does not depend on drug concentration[33]. The diffusion exponential ‘$n$’ values obtained from Korsmeyer-Peppas model help to

<table>
<thead>
<tr>
<th>Components</th>
<th>Fill weight of sample capsule (%)</th>
<th>Fill weight of sample/50 capsules (g)</th>
</tr>
</thead>
<tbody>
<tr>
<td>IBU</td>
<td>22.29</td>
<td>1.10</td>
</tr>
<tr>
<td>MMT-CS hybrid</td>
<td>27.81</td>
<td>1.39</td>
</tr>
<tr>
<td>Lactose (diluent)</td>
<td>49.60</td>
<td>2.48</td>
</tr>
<tr>
<td>Carboxy methyl cellulose sodium (disintegrants)</td>
<td>0.40</td>
<td>0.02</td>
</tr>
</tbody>
</table>
**TABLE 5: RELEASE PARAMETERS OF MMT-CS/IBU CAPSULES AT pH 1.2 AND 7.4**

<table>
<thead>
<tr>
<th>pH methods</th>
<th>Zero-order</th>
<th>First-order</th>
<th>Higuchi model</th>
<th>Korsmeyer-Peppas</th>
<th>‘n’ value</th>
<th>Mechanism</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.2, Grinding</td>
<td>0.9675</td>
<td>0.9729</td>
<td>0.9821</td>
<td>0.9613</td>
<td>0.228</td>
<td>Controlled release</td>
</tr>
<tr>
<td>7.4, Grinding</td>
<td>0.9852</td>
<td>0.9847</td>
<td>0.9787</td>
<td>0.9722</td>
<td>0.352</td>
<td>Controlled release</td>
</tr>
</tbody>
</table>

Fig. 6: Zero-order, first-order, Higuchi and Korsmeyer-Peppas kinetic models at pH 1.2 and 7.4
identify the mechanism of transport of a drug. Thus, the ‘$n$’ values showing less than 0.5. *i.e.*, 0.228 for pH 1.2 and 0.352 for pH 7.4 was due to the behavior of non-Fickian diffusion mechanism[34].

MMT-CS nanohybrids were successfully synthesized and IBU was intercalated into these materials by grinding technique. The intercalation was confirmed by FTIR and XRD analyses and the amount of IBU loaded was determined by the TGA method. The release of IBU from the MMT-CS matrix was observed to be pH-dependent and the release rate was higher in the case of pH 1.2 when compared to pH 7.4. The drug release patterns appeared to display first-order release kinetics at pH 7.4, whereas the release pattern at pH 1.2 obeyed the Koresmeyer-Peppas. Further, in all the 4 cases the lower value ($n<$0.5) suggested that the diffusion profile of the drug might be classical, non-Fickian release, which could be the significance of the MMT swelling[35]. The application of kinetic model system was also consistent with the suitability of the MMT-CS nanocomplex to act as an orally administered vehicle for the controlled release of IBU.

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Conflict of interest:

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