## Shikonin Suppresses High Glucose-Induced Cardiomyocyte Damage by Down-Regulating circ\_0000491

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#### Zhou et al.: Action of Shikonin on Cardiomyocyte Damage

To probe the action of shikonin on cardiomyocyte damage triggered by high glucose and its possible mechanism. High glucose was used to induce rat cardiomyocyte H9C2 to establish a cell injury model, and different doses of shikonin were used to treat H9C2 cells. Flow cytometry tested cell apoptosis. The enzyme-labeled method and water-soluble tetrazolium salt method were used to detect superoxide dismutase and malondialdehyde content, respectively. Quantitative reverse transcription polymerase chain reaction assayed circ\_0000491 levels. After shikonin treatment, the apoptosis rate of H9C2 cells, levels of malondialdehyde in cells, and circ\_0000491 contents were declined, and superoxide dismutase content was increased in a dose-dependent manner. After transfection with si-circ\_0000491, the apoptosis rate and malondialdehyde levels were suppressed, but superoxide dismutase content was increased in H9C2 cells. Transfection of plasmid cloning deoxyribonucleic acid-circ\_0000491 could attenuate these inhibitory effects of shikonin on high glucose-induced H9C2 cell apoptosis and oxidative stress. Shikonin could inhibit cell apoptosis and oxidative stress by down-regulating circ\_0000491, thereby improving high glucose-induced cardiomyocyte damage.

Key words: Rat cardiomyocyte H9C2, shikonin, circ\_0000491, apoptosis, oxidative stress

Diabetes is a metabolic disease and can lead to hyperglycemia, which is able to damage heart tissue and then because diabetes cardiomyopathy, moreover, sustained High Glucose (HG) levels in the circulatory system can promote reactive oxygen species generation, proinflammatory factors release, then evoke myocardial damage<sup>[1,2]</sup>. At present, there is no effective treatment for diabetes cardiomyopathy.

Currently, it has been revealed that active ingredients of Traditional Chinese Medicine (TCM) have antioxidant and anti-inflammatory activities, and can slow down the development process of diabetes cardiomyopathy<sup>[3,4]</sup>. Shikonin is a Chinese herbal medicine, and can exert antioxidant action by clearing oxygen free radicals<sup>[5]</sup>. Shikonin could suppress acetaminophen-evoked acute liver injury *via* reducing inflammatory reaction and oxidative damages<sup>[6]</sup>. However, the therapeutic effect of shikonin on diabetic cardiomyopathy and its possible mechanism are unknown. Circular Ribonucleic Acids (circRNA) are one of noncoding RNA molecules formed by covalent bonding that lacks the 5' and 3' ends. Research has shown that circ\_0000491 was elevated in diabetes nephropathy and could promote glomerular mesangial cell damage<sup>[7]</sup>. Whereas, the effects of circ\_0000491 diabetes cardiomyopathy and whether circ\_0000491 can be used as a potential target of shikonin in the treatment of diabetes cardiomyopathy have not been clarified.

Therefore, this study established a cell injury model in rat H9C2 cardiomyocytes that was induced by HG to investigate whether shikonin could regulate circ\_0000491 expression to control HG-induced myocardial cell damage.

## MATERIALS AND METHODS

#### Materials and reagents:

Shikonin (Yili Naique Biotechnology Co., Ltd., purity ≥98 %); H9C2 cells (Shanghai Tongpai

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Biotechnology Co., Ltd); Dulbecco's Modified Eagle Medium (DMEM), Fetal Bovine Serum (FBS), trypsin, and cell apoptosis detection kit (Beyotime, Beijing, China); Lipofectamine 2000 and Trizol reagent (Invitrogen, Camarillo, California, United States of America (USA)); Superoxide Dismutase (SOD) and Malondialdehyde (MDA) detection kits (Nanjing Jiancheng Biotechnology Research Institute); the reverse transcription kit and SYBR Green kit (Beijing Tiangen Biochemical Technology Co., Ltd); si-NC, si-circ 0000491, plasmid cloning Deoxyribonucleic Acid (pcDNA), and pcDNA-circ 0000491 (Geenseed, Guangzhou, China); caspase-3, caspase-9, B-Cell Lymphoma 2 (Bcl-2), Bcl-2 Associated X (BAX), Glyceraldehyde 3-Phosphate Dehydrogenase (GAPDH), and Horseradish Peroxidase (HRP)labeled Immunoglobulin G (IgG) antibodies (Abcam, Cambridge, Massachusetts, USA).

#### Experimental grouping:

H9C2 cells were inoculated onto a 6-well plate (1×105 cells/well) and incubated for 24 h in DMEM with 5.5 mmol/l glucose, namely NG group. Cell incubated for 24 h with 33 mmol/l glucose in DMEM were named as HG group. Cells in HG group were treated with 2.5 µmol/l, 5 µmol/l or 10 µmol/l for 24 h, namely HG+low shikonin, HG+medium shikonin, and HG+high shikonin groups. The si-NC or si-circ 0000491 were transfected into H9C2 cells using Lipofectamine 2000, and then incubated in DMEM medium with HG for 24 h, named as HG+si-NC or HG+si-circ 0000491 group. In addition, pcDNA and pcDNA-circ 0000491 were also transfected into H9C2 cells, then treated with shikonin 10 µmol/l, followed by incubating with HG, named as HG+shikonin+pcDNA group or HG+shikonin+pcDNA-circ 0000491.

### Flow cytometry:

H9C2 cells were added with 500  $\mu$ l binding buffer containing Annexin V-Fluorescein Isothiocyanate (FITC) (5  $\mu$ l) and Propidium Iodide (PI) (5  $\mu$ l) and incubated avoiding light for 10 min. Then flow cytometry was adopted to detect cell apoptosis rate.

### Detection of SOD activity and MDA level:

Digest H9C2 cells in each group with 0.25 % trypsin, then the levels of intracellular MDA and

SOD activity were assayed using enzyme-linked assay and Water-Soluble Tetrazolium Salt (WST-1) assay strictly following the instructions of the reagent kits.

#### Quantitative Reverse Transcription Polymerase Chain Reaction (qRT-PCR):

The total RNA of H9C2 cells was extracted using Trizol, and the purity of RNA were detected using NanoDrop<sup>TM</sup> 2000c spectrophotometer. The Optical Density (OD) 260/OD280 range of RNA was between 1.8 and 2.0. Then complementary DNA (cDNA) generation by reverse transcription and qRT-PCR reaction were performed. qRT-PCR reaction conditions; 95° 2 min, 95° denaturation 15 s, 60° 30 s, 72° 30 s, a total of 40 cycles. The normalization control we used was GAPDH, and levels of circ\_0000491 were assayed by  $2^{-\Delta\Delta Ct}$  method.

### Western blot:

Following measuring the concentration of isolated protein by Radioimmunoprecipitation Assay (RIPA) lysis buffer in H9C2 cells, the protein samples (about 40  $\mu$ g per lane) were subjected to 10 % separating gel. After shifting onto the Polyvinylidene Difluoride (PVDF) membranes, BAX (1:800), caspase-3 (1:1000), caspase-9 (1:800), Bcl-2 (1:800) and GAPDH (1:3000) diluents were applied to incubate with PVDF membrane all night at 4°. After secondary incubation with second antibody diluent (1:5000), Enhanced Chemiluminescence (ECL) solution was employed to observe the combined signals.

### Statistical analysis:

The data were presented by  $(\bar{x}\pm s)$ . The comparison of the two groups or multiple groups was conducted using t-test or Analysis of Variance (ANOVA). p<0.05 indicated significant difference.

### **RESULTS AND DISCUSSION**

The HG group showed increase in cell apoptosis rate and proteins of BAX, caspase-3, and caspase-9, and a decrease in Bcl-2 protein level in H9C2 cells relative to NC group. In addition, compared with HG group, shikonin treatment dose-dependently suppressed H9C2 cell apoptosis, decreased BAX, caspase-3, and caspase-9 contents, and increased Bcl-2 content (fig. 1 and Table 1). www.ijpsonline.com



Fig. 1: Effects of shikonin on HG-induced apoptosis in H9C2 cells. (A): Flow cytometry detected cell apoptosis and (B): Measurement of apoptosis-related proteins by Western blot

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Group	Apoptosis rate/%	Caspase-3	Caspase-9	BAX	Bcl-2
NG	6.80±0.31	0.22±0.02	0.13±0.02	0.22±0.03	0.80±0.07
HG	24.31±1.47*	0.76±0.07*	0.74±0.05*	0.81±0.06*	0.18±0.02*
HG+low shikonin	21.16±1.07#	0.56±0.05#	0.52±0.05#	0.66±0.04#	0.36±0.06#
HG+medium shikonin	17.71±0.97 <sup>#&amp;</sup>	0.40±0.05 <sup>#&amp;</sup>	0.38±0.04 <sup>#&amp;</sup>	0.43±0.04 <sup>#&amp;</sup>	0.60±0.05 <sup>#&amp;</sup>
HG+high shikonin	12.42±0.83 <sup>#&amp;@</sup>	0.25±0.03 <sup>#&amp;@</sup>	0.21±0.02 <sup>#&amp;@</sup>	0.25±0.03 <sup>#&amp;@</sup>	0.75±0.06 <sup>#&amp;@</sup>
F	435.785	203.786	363.831	345.506	207.96

0.000

TABLE 1: EFFECTS OF SHIKONIN ON HG-INDUCED APOPTOSIS IN H9C2 CELLS

Note: Relative to NG group, p<0.05; relative to HG group, p<0.05; relative to HG+low shikonin group, p<0.05 and relative to HG+medium shikonin group, p<0.05

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Compared with NG group, SOD activity in HG group was declined, while an elevated MDA level was observed in HG group; compared with HG group, SOD activity in HG+low shikonin group, HG+medium shikonin group and HG+high shikonin group was dose-dependently increased, while MDA level was dose-dependently decreased as shown in Table 2.

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Relative to NG group, levels of circ\_0000491 in HG group was increased. Relative to HG group, levels of circ\_0000491 in HG+low shikonin group, HG+medium shikonin group and HG+high shikonin group was dose-dependently decreased as shown in Table 3.

Relative to HG+si-NC group, the apoptosis rate and the levels of BAX, caspase-3 and caspase-9 protein in HG+si-circ\_0000491 group were decreased, while Bcl-2 protein level was increased, moreover, SOD activity was increased and MDA content was decreased (fig. 2 and Table 4).

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Compared with HG+shikonin+pcDNA group, cells in HG+shikonin+pcDNA-circ\_0000491 group showed increased apoptosis rate and contents of BAX, caspase-3, and caspase-9 protein, as well as declined Bcl-2 content (fig. 3 and Table 5).

Relative to HG+shikonin+pcDNA group, H9C2 cells in HG+shikonin+pcDNA-circ\_0000491 group showed decreased SOD level and increased MDA level as shown in Table 6.

HG induced myocardial cell injury is a key process in the occurrence and progression of diabetic cardiomyopathy, sustained HG environment results in oxidative injury in myocardial cells, importantly, TCM has been revealed that can impair HG-evoked cardiomyocyte damage<sup>[8-10]</sup>. Some circRNAs have

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been discovered that can regulate the proliferation, apoptosis and other biological behaviors of cardiomyocytes, which may also be a potential drug for diabetes cardiomyopathy therapy<sup>[9,11]</sup>. However, whether circRNA can be used as a target of TCM in diabetes cardiomyopathy therapy has not been clarified.

Shikonin is a type of TCM, it was found to reduce the death and oxidative injury of cardiomyocyte induced by hypoxia/reoxygenation, and promote cell viability<sup>[12]</sup>. Guo et al.<sup>[13]</sup> showed that shikonin treatment improved the cardiac function and survival rate, and repress inflammatory reaction in the mouse model with cardiac dysfunction. In addition, shikonin could recover cardiac function, reduce myocardial infarction, and inhibit autophagy in rats with myocardial ischemia/ reperfusion damage<sup>[14]</sup>. Here, we speculated shikonin might also have protective effects on HG-induced myocardial cell. In our work, we found HG evoked cardiomyocyte apoptosis and oxidative stress by increasing MDA level and reducing SOD activity, indicating the successful establishment of a cardiomyocyte injury model. Then we found shikonin could dose-dependently reduce HG-induced apoptosis in cardiomyocytes, moreover, shikonin also could reduce MDA levels and promote SOD activity in HG-treated cardiomyocytes in a concentration dependent manner, implying the anti-oxidative stress action of shikonin in cardiomyocytes.

Circ 0000491 was elevated in HG-induced mouse mesangial cells, and circ 000049 deletion could reversed HG-evoked apoptotic, inflammatory, and oxidative damages as well as fibrosis in cells<sup>[15]</sup>. Here, the results of this study showed that HG elevated circ\_000049 levels in cardiomyocytes, which were reduced by shikonin treatment in cells, suggesting that shikonin might inhibit circ 0000491 expression to slow down the development of diabetes cardiomyopathy. Meanwhile, we discovered that circ 0000491 deficiency restrained HG-evoked cardiomyocyte apoptotic and oxidative damages. Moreover, circ 0000491 overexpression abolished the protective effects of shikonin on HG-treated cardiomyocytes, hinting that shikonin inhibited circ 0000491 expression to ameliorate HG-evoked cardiomyocyte damage.

In summary, shikonin could reduce HG-evoked cardiomyocyte apoptosis and oxidative stress, and its mechanism of action was related to the inhibition of circ\_0000491 expression, which laid an experimental foundation for further research on the protective effect of shikonin on diabetes cardiomyopathy and for determination of the molecular mechanism of cardiomyocyte damage caused by hyperglycemia. Nevertheless, further experiments in animals are needed to investigate the molecular mechanism of shikonin on HGinduced myocardial injury.

Group	SOD/U·l <sup>-1</sup>	MDA/nmol∙ml <sup>-1</sup>
NG	341.04±29.01	116.84±8.94
HG	45.18±2.91*	627.69±42.49*
HG+low shikonin	98.46±7.49 <sup>#</sup>	529.39±25.74 <sup>#</sup>
HG+medium shikonin	165.21±13.00 <sup>#</sup>	361.70±34.04 <sup>#</sup>
HG+high shikonin	270.01±14.29 <sup>#&amp;@</sup>	193.74±17.89 <sup>#&amp;®</sup>
F	518.821	522.319
р	0.000	0.000

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Note: Relative to NG group, \*p<0.05; relative to HG group, #p<0.05; relative to HG+low shikonin group, <sup>®</sup>p<0.05 and relative to HG+medium shikonin group, <sup>®</sup>p<0.05

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Group	circ_0000491
NG	1.00±0.00
HG	3.48±0.13*
HG+low shikonin	3.02±0.12 <sup>#</sup>
HG+medium shikonin	2.45±0.11 <sup>#&amp;</sup>
HG+high shikonin	1.39±0.12 <sup>#&amp;@</sup>
F	865.394
р	0.000

Note: Relative to NG group, \*p<0.05; relative to HG group, p<0.05; relative to HG+low shikonin group, p<0.05 and relative to HG+medium shikonin group, p<0.05



Fig. 2: The effects of circ\_0000491 silencing on HG-induced H9C2 cell injury. (A): Flow cytometry detected cell apoptosis and (B): Measurement of apoptosis-related proteins by Western blot

TABLE 4: THE EFFECTS OF circ_0000491 SILENCING ON HG-INDUCED H9C2 CELL INJUI
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Group	circ_ 0000491	Apoptosis rate/%	Caspase-3	Caspase-9	BAX	Bcl-2	SOD/U·L <sup>-1</sup>	MDA/nmol∙ml⁻¹
HG+si-NC	1.00±0.00	24.19±1.34	0.75±0.07	0.76±0.06	0.82±0.06	0.19±0.03	47.36±5.04	607.26±42.03
HG+- si-circ_ 0000491	0.42±0.05*	13.62±0.52*	0.32±0.05*	0.25±0.02*	0.32±0.03*	0.66±0.07*	233.38±17.35*	236.52±21.56*
t	34.8	22.061	14.996	24.191	22.361	18.514	30.888	23.545
Р	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000

Note: Relative to HG+si-NC, \*p<0.05



Fig. 3: Effect of circ\_0000491 on the apoptosis of HG-induced H9C2 cells treated with shikonin. (A): Flow cytometry detected cell apoptosis and (B): Measurement of apoptosis-related proteins by Western blot

## TABLE 5: FUNCTIONS OF circ\_0000491 ON THE APOPTOSIS OF HG-INDUCED H9C2 CELLS TREATED WITH SHIKONIN

Group	circ_0000491	Apoptosis rate/%	Caspase-3	Caspase-9	BAX	Bcl-2
HG+shikonin+pcDNA	1.00±0.00	12.30±0.77	0.26±0.04	0.21±0.03	0.27±0.02	0.74±0.07
HG+shikonin+pcD- NA-circ_0000491	2.63±0.14*	20.85±1.31*	0.50±0.05*	0.44±0.04*	0.54±0.04*	0.40±0.03*
t	34.929	16.880	11.245	13.800	18.112	13.393
р	0.000	0.000	0.000	0.000	0.000	0.000

Note: Relative to the HG+shikonin+pcDNA, \*p<0.05

# TABLE 6: EFFECT OF circ\_0000491 ON THE LEVELS OF MDA AND SOD IN HG-INDUCED H9C2 CELLS TREATED WITH SHIKONINWITH SHIKONIN

Group	SOD/U·l <sup>-1</sup>	MDA/nmol·ml <sup>-1</sup>
HG+shikonin+pcDNA	262.89±22.13	202.97±22.57
HG+shikonin+pcDNA-circ_0000491	125.04±13.03*	449.03±17.68*
t	16.103	25.747
р	0.000	0.000

Note: Relative to HG+shikonin+pcDNA group, \*p<0.05

#### Author's contributions:

Le Zhou and Xiaohong Geng have contributed equally to this work.

#### **Conflict of interests:**

The authors declared no conflict of interests.

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