

Simultaneous HPLC-MS Determination of Loganin, Morroniside and Paeoniflorin in Rat Plasma; Pharmacokinetics of Liuwei Dihuang Pills

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Yuan *et al.*: HPLC-MS and Pharmacokinetics of Loganin, Morroniside and Paeoniflorin in Liuwei Dihuang Pills

A novel high performance liquid chromatography-mass spectrometry method for simultaneous determination of loganin, morroniside and paeoniflorin in rat plasma was developed, validated and applied to pharmacokinetic study of Liuwei Dihuang pills. Samples were prepared by liquid-liquid extraction with ethyl acetate. Separation was performed on a Wondasil C₁₈ column (150×4.6 mm, 5 μm) using a mixture of methanol and 0.02 % formic acid water solution (28:72, v/v) as the mobile phase. The flow rate and column temperature were set at 0.7 ml/min and 30°. The compounds were detected in selected ion monitoring mode using an ESI source in the negative mode. The method was linear over the ranges of 5-1000 ng/ml for the three analytes, with all determined correlation coefficients exceeding 0.993. All of the lower limits of quantification of the three analytes were 5 ng/ml. The intra-day and inter-day precisions were less than 7.50 %, and the accuracy ranged from -6.57 to 7.90 %. The mean recoveries of the analytes were higher than 68.86 %, and the matrix effects were between 92.35 and 103.54 %. This method was simple, sensitive and reliable, and could be used to monitor pharmacokinetics of loganin, morroniside and paeoniflorin. Moreover, this study might be helpful for quality control and guiding the clinical application of Liuwei Dihuang pills.

Key words: HPLC-MS, Liuwei Dihuang pill, loganin, morroniside, paeoniflorin, pharmacokinetics

Traditional Chinese medicine (TCM) and its preparations have been used in China for thousands of years and have become increasingly popular around the world in recent years because of their special efficacy, low toxicity and fewer side effects^[1,2]. In the practice of TCM there are few herbal drugs being used alone. Conversely, formulae consisting of several drugs is the dominant administration mode. The complexity of active components and the lack of conclusive drug mechanisms make it difficult to be recognized by other countries. Pharmacokinetic studies of major active ingredients provide a suitable way to well understand the mechanism of drug effects, which are of importance to evaluate and improve the efficacy and safety of TCM.

Liuwei Dihuang (LD) is a well-known classical traditional Chinese formula, which has been clinically used for the treatment of kidney-Yin deficiency syndrome under TCM prescriptive terms in China for a long time^[3], which includes symptoms of soreness of the

loins and the limbs, dizziness, tinnitus, and sweating. The formulation consisted of six Chinese herbal ingredients, including *Radix rehmannide preparata*, *Rhizoma Dioscoreae*, *Fructus corni*, *Cortex moutan*, *Rhizoma alismatis* and *Poria*. According to recent pharmacological studies, LD is effective in maintaining neuroendocrine immunomodulation balance^[4,5], improving cognitive function^[6,7], and improving or restoring the symptoms associated with aging and geriatric diseases^[8]. Phytochemical investigation has found that LD contains many constituents including glycosides, phenols, acids, tannins and so on. Among these, glycosides, such as loganin, morroniside and paeoniflorin, are considered as the major bioactive

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constituents most contributing to the pharmacological efficacy of LD. Therefore, for further development and rational use of LD, it is important to develop a method for quantitative analysis of loganin, morroniside and paeoniflorin *in vivo* and study the pharmacokinetics of LD.

Till date, several papers have described high performance liquid chromatography (HPLC) methods for determination and pharmacokinetic studies of loganin^[9], morroniside^[10] and paeoniflorin^[11] independently, but it is more important to simultaneously determine these bioactive components in biological samples as much as possible due to the complexity of ingredients in herbal medicines. A few articles reported HPLC^[12] or ultra-performance liquid chromatography-mass spectrometry (UPLC-MS)^[13] methods for the simultaneous determination of loganin and morroniside in mouse or rat plasma after intravenous or oral administration of *Cornus officinalis*. However, there are no reports available on the simultaneous determination and pharmacokinetic study of loganin, morroniside and paeoniflorin in rat plasma after oral administration of LD pills. Therefore, in the present study, a sensitive, specific and accurate HPLC-MS method for the simultaneous determination of loganin, morroniside and paeoniflorin in rat plasma was established, validated and successfully applied to the pharmacokinetic study of LD pills in rats.

MATERIALS AND METHODS

LD pills produced by Tong Ren Tang Technologies Co. Ltd. (Lot number 7073615, Beijing, China), were purchased from Jianlian Traditional Chinese Medicine Store (Jinan, China). The reference standards of loganin (99.9 %, lot number 111640-200503), paeoniflorin (99.8 %, lot number 110736-200732) and bergenin (IS, 99.9 %, lot number 111532-200202) were obtained from National Institute for the Control of Pharmaceutical and Biological Products (Beijing, China), while the reference standard of morroniside (99.6 %, batch no: 20090106) was provided by Shandong Analysis and Test Center (Jinan, China). HPLC-grade methanol (lot number H02E73) and ethyl acetate (lot number HCQG2H) were obtained from JT Baker Company (USA) and Tedia Company Inc. (USA), respectively. Analytical grade formic acid (lot number T20060124) was provided by Sinopharm Chemical Reagent Co. Ltd (Shanghai, China). Ultrapure water was used for all analyses.

Instrumentation and analytical conditions:

Sample analysis was performed on an Agilent 1200 series HPLC system and Agilent 6410 Triple Quadrupole mass spectrometer equipped with an electrospray ionization source (Agilent technologies, USA). All data were processed with the MassHunter B_01_04 software. The separation was achieved on a Wondasil C₁₈ column (150×4.6 mm, 5 μm, GL Sciences Inc., Japan) at 30°. The mobile phase was a mixture of methanol-0.02 % formic acid water solution (28:72, v/v), which was pumped at a flow rate of 0.7 ml/min. The injection volume was 10 μl. The ESI source was set to negative ion mode using the following parameters: capillary voltage 4000 V, desolvation gas (nitrogen) heated at 350° (9 l/min), nebulizer pressure 50 psi. The fragment voltages were 110 V for loganin, morroniside and IS, and 100 V for paeoniflorin. The quantification was performed in the selected ion monitoring (SIM) mode at m/z 435.2 for loganin, m/z 451.2 for morroniside, m/z 525.2 for paeoniflorin, and m/z 327.1 for IS.

Preparation of LD pills suspension for animal oral administration:

LD pills were ground to a powder and dissolved in 0.4 % carboxymethylcellulose sodium (CMC-Na) solution. The content of loganin, morroniside and paeoniflorin determined by a HPLC method^[14] developed and validated by our lab was 1.44, 1.87 and 0.99 mg/g, respectively.

Preparation of standard and quality control (QC) samples:

Stock solutions were independently prepared by dissolving 10.02 mg loganin, 10.04 mg morroniside, 10.03 mg paeoniflorin and 1.00 mg bergenin (internal standard, IS) in 10 ml methanol. A series of mixed standard working solutions (10000, 1000 and 100 ng/ml) were prepared by appropriate dilution of their respective stock solutions with methanol. The IS working solution was prepared at a final concentration of 100 ng/ml in methanol.

Appropriate volumes of mixed standard working solutions were added to a 10 ml plastic tube, and evaporated to dryness at 40° under a gentle stream of nitrogen. Then 100 μl of rat plasma was added to the tube to obtain the calibration standards. The concentrations of calibration curves of loganin, morroniside and paeoniflorin were all 5, 10, 50, 100, 250, 500 and 1000 ng/ml. The QC samples were similarly prepared

at low, medium and high concentrations of 10, 100 and 750 ng/ml for the three analytes. All the prepared solutions were kept at 4° and brought to room temperature before use.

Plasma sample preparation:

One hundred microlitres of plasma was mixed with 10 µl IS solution (100 ng/ml) and 3.5 ml ethyl acetate. The mixture was vortexed for 2 min and centrifuged at 5000 rpm for 5 min. The organic layer was transferred to another tube, and evaporated to dryness in a thermostatic water bath at 40° under a gentle stream of nitrogen. The residue was reconstituted with 100 µl methanol-0.2 % formic acid water solution (28:72, v/v). And 10 µl of the solution was injected for analysis.

Method validation:

The analytical method was validated for its selectivity, calibration curve, lower limit of quantification (LLOQ), accuracy, intra- and inter-day precision, extraction recovery, matrix effect and stability according to the Food and Drug Administration guidelines^[15]. The selectivity of the method was investigated by analysing six individual blank rat plasma samples. The chromatographic findings of each blank plasma were compared with the spiked rat plasma containing loganin, morroniside, paeoniflorin or IS and rat plasma after oral administration of LD pills to check for interferences.

Calibration curves were prepared by assaying standard plasma samples at seven different concentrations. The linearity of each calibration curve was determined by plotting the peak area ratio (y) of the analyte to the IS against the nominal concentration (x) of the analyte with weighted ($1/x^2$) least squares linear regression. The LLOQ was determined at the lowest concentration point of the calibration curve. Its measured precision, expressed as the relative standard deviation (RSD %), was within $\pm 20\%$, and its accuracy, expressed as relative error (RE %), was also within $\pm 20\%$.

The intra-day precision and accuracy were estimated by determining five replicate QC samples at three different concentration (low, medium and high) levels on the same day. The inter-day precision and accuracy were assessed by analysing five replicate QC samples at three concentrations on three consecutive days using calibration curves obtained daily. The precision and accuracy respectively expressed by RSD and RE

were required no more than 15 % and $\pm 15\%$ at each concentration level.

The extraction recovery and matrix effect of the three analytes were determined by analysing five replicates of the plasma samples at three QC concentrations. The extraction recoveries were evaluated by comparing the peak areas of the analytes spiked in post-extraction samples with those spiked in pre-extraction samples at the same concentration. The matrix effects were calculated by comparing the peak areas of the analytes obtained from post-extraction spiked plasma samples with those obtained from the pure standard solutions at the same concentration. The extraction recovery and matrix effect of IS were similarly evaluated at one concentration.

The stability of the three analytes in rat plasma was studied by analysing five replicate QC samples at three different concentrations under different storage conditions including: storage at room temperature for 6 h after extraction, storage at -20° for 1 day and 7 d and after 3 freeze/thaw cycles. All QC samples were determined by using a calibration curve plotted daily. The analytes were considered stable with the deviation from the nominal concentration within $\pm 15\%$.

Application to a pharmacokinetic study:

Male Wistar rats weighing 280 to 320 g were obtained from the experimental Animal Center of Shandong University, animal certification number was SCXK(Lu)20090001. All animals were housed under standard conditions of temperature, humidity and light with food (laboratory rodent chow) and water provided *ad libitum* and were acclimated in the laboratory for at least one week prior to experiment. Before administration, the animals were fasted overnight with free access of water. Pooled drug-free plasma was obtained from healthy rats and used for preparing calibration curves and QC samples. All of the experiments were carried out according to the Guidelines for the Care and Use of Laboratory Animals, and were approved by the Animal Ethics Committee of Shandong University (Jinan, China).

Six rats were administered an oral dose of 10 g/kg LD pills (containing loganin 14.4 mg/kg, morroniside 18.7 mg/kg and paeoniflorin 9.9 mg/kg) CMC-Na suspension. Venous blood samples (0.3 ml) were collected through jugular sinus in heparinized 1.5 ml tubes before administration and at 0.083, 0.167, 0.25, 0.5, 0.75, 1, 1.5, 2, 3, 4, 6, 8, 12, 24 h

after administration, and then centrifuged at 5000 rpm for 5 min immediately. The plasma samples were withdrawn and stored at -20° for further analysis. The concentration-time data were analysed using Drug and Statistic 2.0 pharmacokinetic software (Chinese Pharmacokinetics Association, Anhui, China) to calculate the main pharmacokinetic parameters with the non-compartment model, such as the area under plasma concentration-time curve (AUC_{0-t}), the area under plasma concentration-time curve to time infinity ($AUC_{0-\infty}$), maximum plasma concentration (C_{max}), time to reach the maximum plasma concentration (T_{max}) and elimination half-life ($t_{1/2}$). C_{max} and T_{max} were obtained directly from the plasma concentration-time curve. Data were expressed in mean and standard deviation (SD).

RESULTS AND DISCUSSION

Initially, the previously developed HPLC method^[14] reported from our laboratory for determination four ingredients in LD pills was adopted to determine loganin, morroniside and paeoniflorin. But, at the end, HPLC-MS method was employed in this study since the sensitivity of HPLC instrument could not meet the analytical requirement to detect the low plasma concentration of the three analytes in rats. To obtain the best mass spectrometry conditions, the standard solutions of the three analytes and IS were separately infused into the mass spectrometer, and were studied in both positive and negative ion modes. The results showed that the response of the analytes was much stronger in negative ion mode than that in positive ion mode. Due to the instability and low ion response, no product ion of the analytes could be used for quantification. So the SIM mode and precursor ion were used for quantification because of the high response, which could satisfy the requirement of the detection. The selected precursor ions were as follows: m/z 435.2 for loganin, m/z 451.2 for morroniside, m/z 525.2 for paeoniflorin, and m/z 327.1 for IS. The full scan mass spectrometry with the information of fragmentation pattern is shown in fig. 1. The fragment voltages for each analyte were further optimized, which were 110 V for loganin, morroniside and IS, and 100 V for paeoniflorin.

Chromatographic conditions were optimized to improve the peak shape, increase the signal response of the analytes, and shorten the run time. The mobile phase systems of methanol-water and acetonitrile-water in different proportions were tested. The response

of the analytes was obviously higher with methanol-water as the mobile phase than that with acetonitrile-water. Different buffers, including ammonium acetate and formic acid, were tested to determine the optimal mobile phase. The results indicated that the peak strengths of the analytes increased dramatically when formic acid was added to the mobile phase, while ammonium acetate could inhibit the response of the analytes in negative ion mode. Different concentrations of formic acid in mobile phase were investigated. It was demonstrated that 0.02 % formic acid could make higher response and better peak shape. Therefore, methanol-0.02 % formic acid water was selected.

In order to minimize the matrix effect and increase the extraction recovery, liquid-liquid extraction (LLE) and protein precipitation (PPT) were compared for sample preparation. PPT method (methanol or acetonitrile as precipitant) was not selected because of its high MS noise level, while LLE could produce a clean and concentrated sample. Different organic extracting solvents, including acetone, chloroform and ethyl acetate, were used, and ethyl acetate could offer satisfactory extraction efficiency for the analytes and IS.

A suitable IS is crucial for biological sample analysis, controlling for the variability in the extraction, HPLC injection and ionization. Bergenin was chosen as the IS because it exhibited a good response, peak shape and appropriate retention time. And no significant direct interference was observed.

Six blank plasma samples respectively from six rats were used to investigate the selectivity of the method. Typical chromatograms obtained from blank plasma, spiked plasma sample with the analytes (100 ng/ml) and IS, and plasma sample collected after 45 min after oral administration of LD pills are shown in fig. 2. All the analyte and IS peaks were detected with excellent resolution and good peak shapes, and no interference from the endogenous substances was observed at the retention time of the analytes and the IS. The retention time of loganin, morroniside, paeoniflorin and IS was 16.5, 8.4, 18.6 and 6.7 min.

Calibration curves of the three analytes exhibited good linearity in the ranges of 5-1000 ng/ml. The Eqns for loganin, morroniside and paeoniflorin were $y=0.0171x+0.0026$ ($r^2=0.996$), $y=0.0072x+0.0044$ ($r^2=0.998$), and $y=0.0095x-0.0122$ ($r^2=0.993$), respectively. The LLOQs of loganin, morroniside and paeoniflorin were all 5 ng/ml, with RSD and

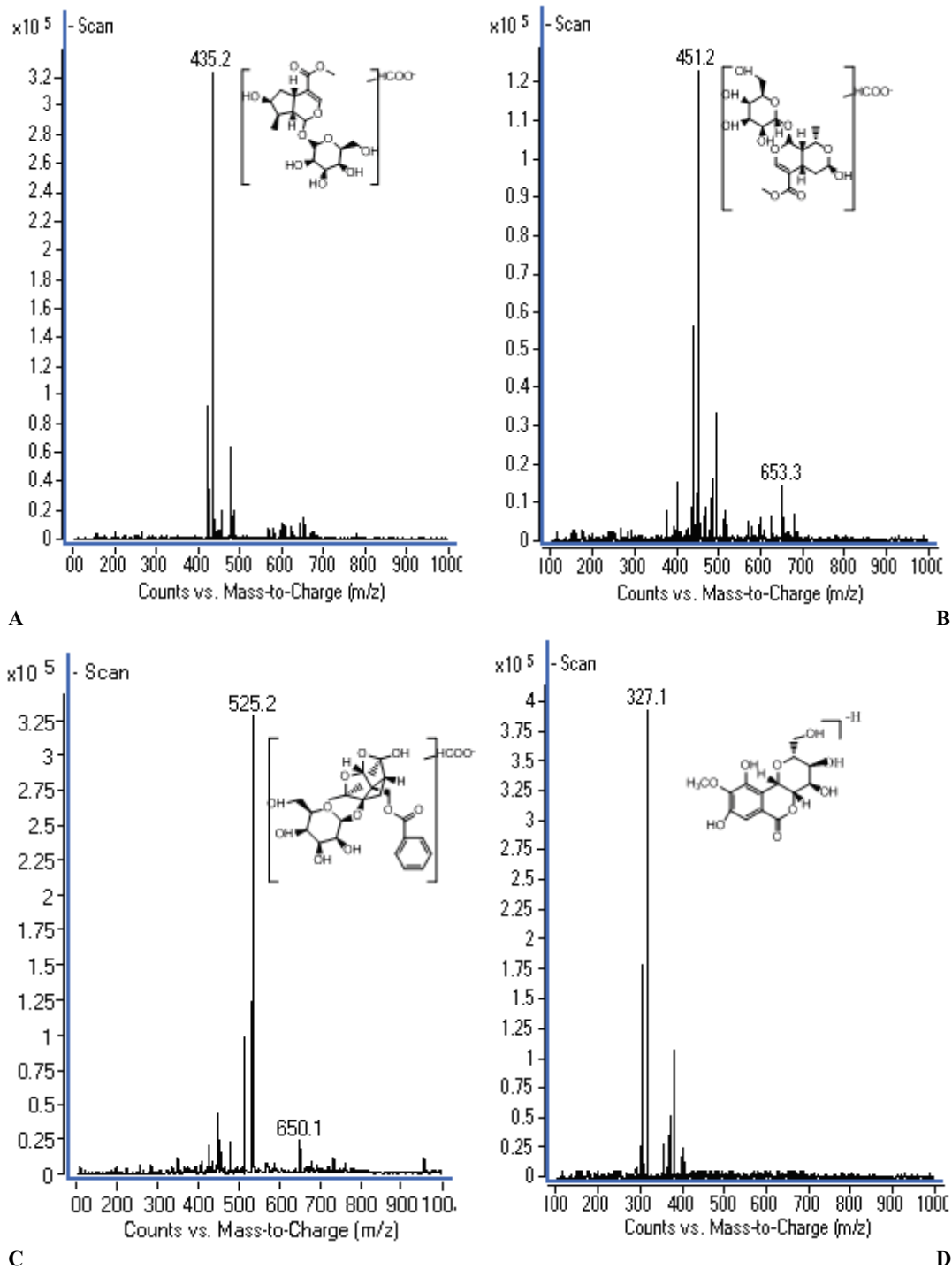


Fig. 1: Full scan mass spectrometry with fragmentation pattern
Full scan mass spectrometry with information of fragmentation pattern of (A) loganin, (B) morroneiside, (C) paeoniflorin and (D) bergenin

RE 1.817 and 1.02 %, 1.215 and 0.6 %, 1.091 and 0.42 %, respectively.

Precision and accuracy results are shown in Table 1. Five replicates of the QC samples were analyzed at 3 concentration levels of the analytes on the same day and on 3 different days. The intra-day precision (RSD) ranged from 0.033 to 7.50 %, and accuracy (RE) ranged between -6.57 and 3.11 %. Inter-day precision

(RSD) ranged from 0.031 to 6.39 %, and accuracy (RE) ranged between -2.35 and 7.90 %. Thus, this developed method was precise and accurate for satisfying the related rules of guidelines for biological sample analysis method.

The extraction solvent used in this method showed good extraction efficiency. The mean extraction recoveries of the three analytes in rat plasma at low, middle and

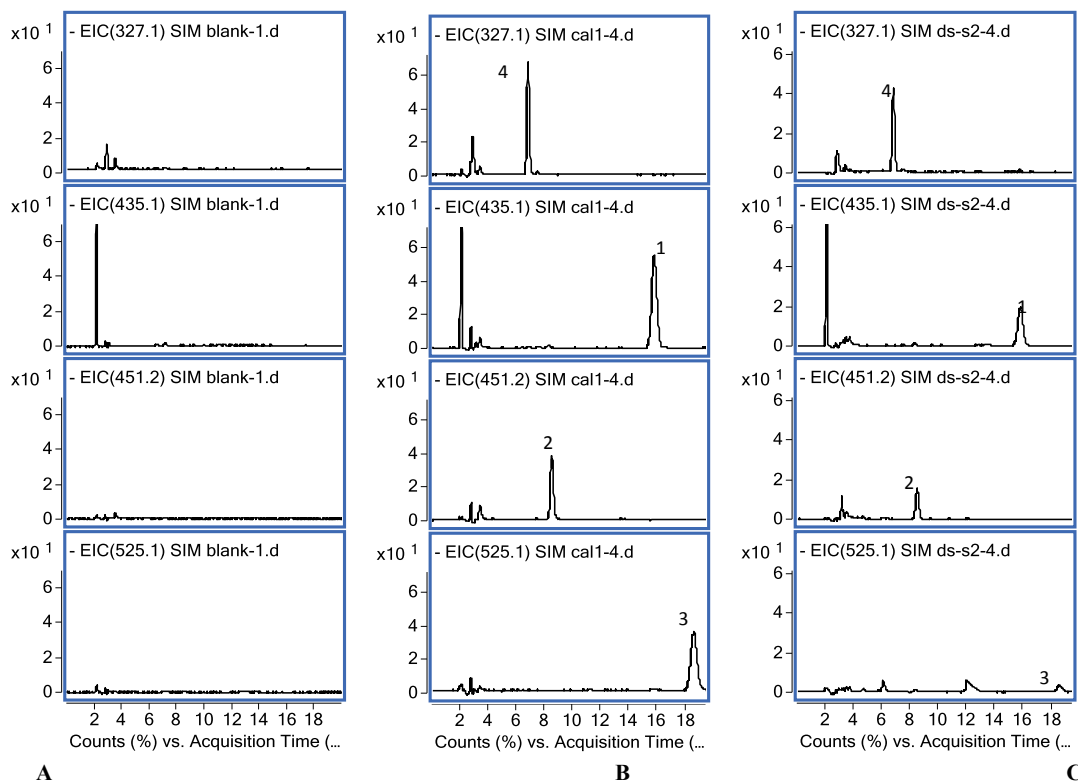


Fig. 2: Typical chromatograms (A) Blank plasma, (B) spiked plasma with the analytes (1-loganin, 2-morrnositide and 3-paeoniflorin) and IS (4-bergenin), and (C) plasma sample collected after 45 min after oral administration of LD pills

TABLE 1: PRECISION AND ACCURACY OF THE THREE ANALYTES IN RAT PLASMA

Compounds	Spiked concentration (ng/ml)	Measured concentration (Mean±SD, ng/ml)	Intra-day precision (%)	Intra-day accuracy (%)	Inter-day precision (%)	Inter-day accuracy (%)
Loganin	10	10.79±0.64	5.32	3.07	5.88	7.90
	100	97.65±4.48	3.27	-4.41	4.59	-2.35
	750	770.40±23.52	1.98	2.79	3.05	2.72
Morrnositide	10	9.94±0.56	4.17	-4.80	5.62	-0.60
	100	98.06±5.24	4.06	-6.57	5.34	-1.94
	750	772.85±28.08	2.88	3.11	3.63	3.05
Paeoniflorin	10	10.50±0.61	7.50	2.10	5.81	5.00
	100	103.21±6.60	4.85	0.24	6.39	3.21
	750	757.35±9.11	1.50	0.46	1.20	0.98

high concentration were 76.91±3.77, 78.40±3.18, 79.17±5.95 % for loganin, 79.89±9.06, 68.86±2.60, 73.04±6.92 % for morrnositide, and 78.52±9.86, 82.77±2.66, 82.91±7.48 % for paeoniflorin, respectively, whereas 50.32±6.83 % for IS. With regard to matrix effect, all the calculated values were between 92.35 and 103.54 %. No obvious matrix effect was observed, indicating that no co-eluting substance influenced the ionization of the analytes and IS. All of these results were in acceptable ranges.

Stability data of the 3 analytes are summarized in Table 2. The results indicated that the 3 analytes in rat plasma were stable at least for two freeze-thaw cycles

or at -20° for 7 d. In addition, the three analytes were also stable for 6 h after extraction at room temperature.

To the best of our knowledge, few studies have focused on the pharmacokinetics of LD pills, especially studies for its multi components. In this study, a validated HPLC-MS method was successfully applied to the pharmacokinetic studies of loganin and morrnositide following oral administration of LD pills to male rats (n=6), but to a lesser extent for determining pharmacokinetics of paeoniflorin, because most times the plasma levels of paeoniflorin in rat were below the LLOQ (5 ng/ml), especially those samples from 2 to 24 h after administration. The following reasons might

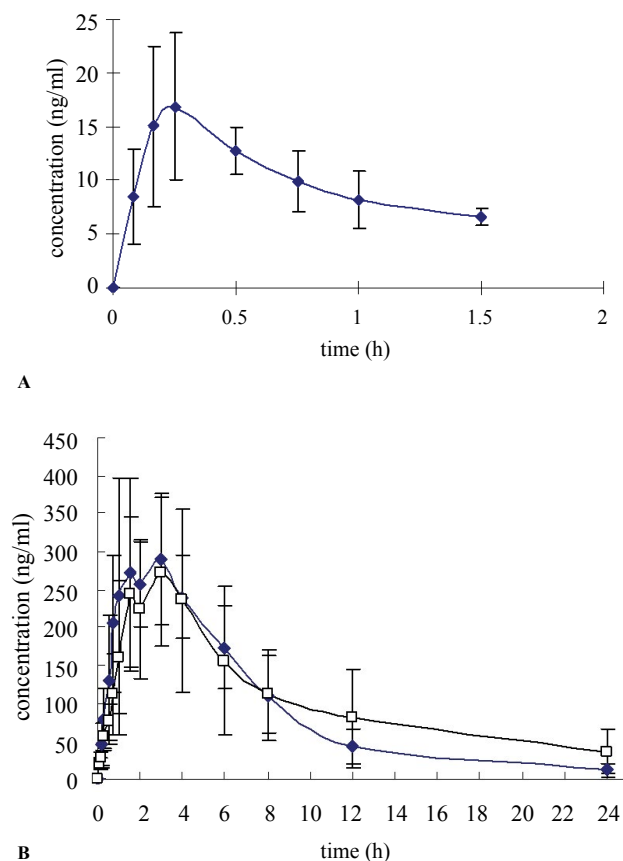


Fig. 3: Mean plasma concentration-time profiles of paeoniflorin, loganin and morroniside

Mean plasma concentration-time curves of (A) paeoniflorin, (B) loganin and morroniside in rats after oral administration LD pills (n=6). A: (—◆—) Paeoniflorin; B: (—◆—) loganin, (—□—) morroniside

TABLE 2: THE STABILITY OF THE THREE ANALYTES IN RAT PLASMA

Compounds	Spiked concentration (ng/ml)	Relative error (%)		
		Two freeze-thaw cycles	At -20° for 7 days	6 h after extraction
Loganin	10	-2.17	-1.32	-5.03
	100	-0.37	-1.81	-2.70
	750	-0.49	-0.63	-0.06
Morroniside	10	-3.71	-0.79	-3.71
	100	-2.55	-0.93	-3.21
	750	0.42	-0.36	0.10
Paeoniflorin	10	2.25	1.49	2.14
	100	-1.52	3.49	-1.48
	750	0.75	0.26	0.16

explain these results. Firstly the lower administered dosage of LD pills (10 g/kg containing 9.9 mg/kg paeoniflorin) compared to that reported in published pharmacokinetic studies of paeoniflorin, where doses of paeoniflorin employed was 300 mg/kg (C_{max} 3340±1180 ng/ml)^[16], 294.78 mg/kg (1550±530 ng/ml)^[17] or 88 mg/kg (870±240 ng/ml)^[18]. The other reason might

be the drug-drug interaction. Other ingredients existing in LD pills may enhance the metabolic transformation or inhibit the absorption of paeoniflorin, then reduce extremely the concentration of paeoniflorin in rat plasma^[19,20]. But anyway, paeoniflorin can be detected in rat plasma during 0.083-1.5 h after administration. The mean concentration-time curve of paeoniflorin could also show some pharmacokinetic characteristics (fig. 3A). The pharmacokinetic parameters calculated using the detected concentration data are shown in Table 3. It might not be very accurate due to low concentrations detected. But it could still provide some experimental references for other researchers. In addition, the pharmacokinetics of paeoniflorin after oral administration of high dosage of LD pills is also needed to be further investigated.

The profiles of the mean plasma concentration versus time of loganin and morroniside are illustrated in fig. 3B. The main pharmacokinetic parameters calculated using a noncompartmental model are presented in Table 3. The results showed that loganin and morroniside have similar oral absorption behaviours, which might be caused by similar structures. Loganin and morroniside were detected in rat plasma at 5 min after oral administration of LD pills, which indicated loganin and morroniside were absorbed quickly. A double-peak phenomenon was observed for loganin and morroniside after oral administration of LD pills, when the first peak occurred at around 1.33 h and the second at around 4 h. These results were different from those observed in the study of pure loganin^[21] or pure morroniside^[22] administration at a dose of 20 mg/kg, in which unimodality was observed for loganin or morroniside. The double-peak phenomenon might be due to the transformation from other similar ingredients in LD pills^[23]. Because there were a large number of components with the same parent nucleus in LD pills, which could be easily converted to each other. The transformation between components could cause the concentration of a component to rise again and produce double-peak. The half-life of loganin and morroniside in this study was 4.40±1.63 h and 7.71±5.76 h, respectively, which was longer than the study of pure loganin (93.6±36.7 min) or pure morroniside (0.7±0.3 h) administration. The AUC_{0-t} of morroniside (2622.37±864.17 ng·h/ml) was higher than the reported value of pure morroniside (584.7±290.9 ng·h/ml). These results indicated that co-existing ingredients in LD pills could enhance the absorption of morroniside and delay the elimination of loganin and

TABLE 3: PHARMACOKINETIC PARAMETERS OF PAEONIFLORIN, LOGANIN AND MORRONISIDE IN RATS

Parameters	Loganin	Morroniside	Paeoniflorin
C _{max1} (ng/ml)	295.54±123.57	232.59±142.37	19.26±7.62
C _{max2} (ng/ml)	287.17±90.15	306.83±115.68	-
T _{max1} (h)	1.33±0.86	1.33±0.49	0.21±0.05
T _{max2} (h)	4.17±1.94	4.67±1.97	-
t _{1/2} (h)	4.40±1.63	7.71±5.76	1.46±1.30
AUC ₀₋₂₄ (ng·h /ml)	2275.17±553.83	2622.37±864.17	15.18±2.76
AUC _{0-∞} (ng·h /ml)	2343.48±601.31	3191.67±1531.92	29.76±16.38

Pharmacokinetic parameters of paeoniflorin, loganin and morroniside in rats after oral administration of LD pills, mean±SD (n=6)

morroniside. But the AUC_{0-t} of loganin was lower than the reported value, the reason for which needs to be further clarified.

Conflicts of interest:

There is no conflict of interest.

Financial assistance and scholarship:

Nil.

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