# Study on Effect of Vitexicarpin on the Biological Behavior of Colorectal Cancer Cells by Circ\_0000419/MicroRNA-224

YAO HUANG, Y. CAO<sup>1</sup>, P. BO, HONGPING ZHOU<sup>1</sup>, YAN WANG<sup>2</sup> AND GUIMEI KONG<sup>3\*</sup>

Medical school of Yangzhou University, Yangzhou 225009, Jiangsu, <sup>1</sup>Department of Radiotherapy oncology, Nanjing Benq medical center, Jiangsu, Nanjing 210019, <sup>2</sup>Laboratory Department, Yangzhou Center for Disease Control and Prevention, <sup>3</sup>Medical school of Yangzhou University, Yangzhou Center for Disease Control and Prevention & Jiangsu Key Laboratory of Zoonosis, Jiangsu, Yangzhou 225009, China

Huang et al.: Study on Effect of Vitexicarpin on the Biological Behavior

To investigate the effect and molecular mechanism of vitexicarpin on the biological behavior of colorectal cancer cells is the objective of the study. The human epithelial cell line Caco-2 cells were divided into control group, low, middle and high dose groups of vitexicarpin, plasmid cloning DNA-circ 0000419 group, plasmid cloning DNA group, anti-microRNA-224 group, anti-microRNA-224-negative control group, vitexicarpin+small interfering-circ 0000419 group and vitexicarpin+microRNA-224 group. Cell activity was detected by 3-(4,5-dimethylthiazolyl-2)-2,5-diphenyltetrazolium bromide assay. Colony formation number was detected by plate clone formation experiment. Apoptosis was detected by flow cytometry. Scratch test was used to detect the migration distance of cells. Transwell method was used to detect the number of invasive cells; protein expression was detected by western blot; the expression levels of circ 0000419 and microRNA-224 were detected by real-time fluorescence quantitative polymerase chain reaction; dual-luciferase reporter assay was used to detect the targeting relationship between circ 0000419 and microRNA-224. After treatment with low, middle and high doses of vitexicarpin, the viability of Caco-2 cells decreased, the number of colony formation decreased, the apoptosis rate increased, the migration distance decreased, the number of invasive cells decreased, the expression level of E-cadherin increased, the expression level of N-cadherin decreased, the expression level of circ 0000419 increased and the expression level of microRNA-224 decreased (p<0.05). Overexpression of circ 0000419 or inhibition of miR-224 expression decreased Caco-2 cell viability, decreased colony formation, increased apoptosis rate, decreased cell migration distance, decreased invasive cell number, increased expression of E-cadherin and decreased expression of N-cadherin (p<0.05). Interference with circ 0000419 or overexpression of microRNA-224 reverses the effects of vitexicarpin on proliferation, apoptosis, migration and invasion of Caco-2 cells; circ 0000419 targets the regulation of microRNA-224 expression. Vitexicarpin can inhibit the malignant biological behavior of colorectal cancer cells by circ 0000419/microRNA-224.

Key words: Vitexicarpin, circ\_0000419, microRNA-224, real-time fluorescence quantitative polymerase chain reaction

Colorectal cancer is a common malignant tumor in the digestive system, which seriously endangers human health. It is found that Traditional Chinese medicine (TCM) has certain curative effect and value in anticolorectal cancer, so it is of great significance to develop more new TCM for its treatment<sup>[1,2]</sup>. Vitexicarpin/ Casticin, a methoxyl flavonoid extracted from Fructus Viticis, has an anti-tumor effect. It was found that vitexicarpin may block the cell cycle in Growth 2 Phase (G<sub>2</sub>)/Mitosis (M) phase by inhibiting the expression of Cyclin-Dependent Kinase 1 (CDK1), Cellular Myelocytomatosis Oncogene (c-myc) and survivin, thereby inhibiting the proliferation and promoting the apoptosis of human non-small cell lung cancer cell line  $(H322)^{[3]}$ . Vitexicarpin also inhibits the growth of lung cancer xenografts in nude mice<sup>[4]</sup>. Vitexicarpin inhibits the growth of human prostate cancer cell line (PC-3) cells and promotes the apoptosis by blocking the cell cycle of prostate cancer PC-3 cells in G<sub>2</sub>/M phase<sup>[5]</sup>. Hedgehog signaling pathway inhibits Epithelial-to-Mesenchymal

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Transition (EMT) in vitro by vitexicarpin, thereby reducing migration capacity of ovarian cancer cells<sup>[6]</sup>. However, the effect of vitexicarpin on the biological behavior of colorectal cancer cells and its mechanism are still unclear. MicroRNAs (miRNAs) affect the occurrence and development of colorectal cancer. As an important member of miRNA, miR-224 is significantly upregulated in colorectal cancer. Overexpression of miR-224 promotes the migration and invasion of colorectal cancer cells<sup>[7]</sup>. In addition, miR-224 mediates proliferation of human colon cancer cell line (HCT116) by targeting Smad4<sup>[8]</sup>. Down regulation of miR-224 significantly reduced HCT116 cell viability and promoted apoptosis by modulating Homeobox protein B3 (HoxB3) expression<sup>[9]</sup>. We found that circular RNA (circRNA) is capable of spongy regulation of miRNA and we predicted by online software that circ 0000419 binds to miR-224. Studies have reported significantly reduced levels of circ 0000419 in gastric cancer tissue and plasma and circ 0000419 may be involved in the development and progression of gastric cancer through its interaction with miRNA<sup>[10]</sup>. However, the effect of circ 0000419 on colorectal cancer cells and whether it modulates miR-224 is unknown. The purpose of this study is to investigate whether circ 0000419 and miR-224 are involved in the effects and mechanisms of vitexicarpin on the biological behavior of colorectal cancer cells.

## MATERIALS AND METHODS

### Materials:

Human epithelial cell line (Caco-2) cells were purchased from Wuxi Newgainbio Co., Ltd.; Minimum Essential Medium (MEM), culture medium was purchased from Shanghai Fusheng Industry Co., Ltd.; vitexicarpin (purity >98 %) was purchased from Nanjing Dasf Biotechnology Co., Ltd.; 3-(4, 5-dimethylthiazolyl-2)-2, 5-diphenyltetrazolium bromide (MTT) kit and apoptosis detection kit were purchased from Dojindo Research Institute of Japan; Transwell Cabin and Matrigel were purchased from Corning Company of the United States; Radioimmunoprecipitation Assay (RIPA) protein lysate was purchased from Shanghai Bangyi Biotechnology Co., Ltd.; SYBR Premix ExTaq<sup>TM</sup> kit was purchased from Takara Company of Japan; dual-luciferase reporter gene detection kit was purchased from Shenzhen Zike Biological technology Co., Ltd.

#### Treatment and grouping of cells:

Caco-2 cells were cultured in MEM medium containing 10 % fetal bovine serum and treated with 0.1 µmol/l, 0.3 µmol/l and 1.0 µmol/l vitexicarpin as low, middle and high dose groups of vitexicarpin and those not treated were taken in control group. Circ\_0000419 overexpression vector and Negative Control (NC), miR-224 inhibition expression vector and NC were transfected into Caco-2 cells, which were recorded as Plasmid Cloning DNA (pcDNA) circ\_0000419 group, pcDNA group, anti-miR-224 group and anti-miR-NC group. Circ\_0000419 inhibition expression vector or miR-224 overexpression vector were transfected into Caco-2 cells and treated with 1.0 µmol/l vitexicarpin, designated as vitexicarpin+small interfering (si)-circ\_0000419 group and vitexicarpin+miR-224 group.

#### MTT assay for cell proliferation activity:

To the culture cells of each group after 48 h, add 20  $\mu$ l MTT solution in each well, incubate for 4 h, discard the supernatant, add 150  $\mu$ l Dimethylsulfoxide (DMSO) in each well, shake and react for 10 min and detect the absorbance (Optical Density (OD)) value at 490 nm with a microplate reader.

# Colony formation number by plate clone formation experiment:

Take logarithmic growth phase cells of all groups, prepare cell suspension, inoculate into 6 well plate, culture for 2 w, then fix with methanol for 15 min, then stain with Giemsa for 30 min, count the colonies of >50 cells under light microscope.

#### Apoptosis by flow cytometry:

Collect cells in each group, add binding buffer to resuspend cells after rinsing, then add 10  $\mu$ l of Annexin V-FITC and 5  $\mu$ l of Propidium Iodide (PI), mix well and incubate in the dark for 10 min; detect the apoptosis rate on the apparatus.

#### Cell migration distance measured by scratch test:

After digesting the cells in each group,  $5 \times 10^5$  cells/well were inoculated and cultured in culture plate. After the cells were spread out, they were scratched with tip to make certain distance between cells. After washing with Phosphate Buffered Saline (PBS), the cells were continuously cultured. Photographs were taken at 0 h and 24 h, respectively. The migration distances of cells in each group were measured by Imageplus software.

#### Transwell assay for the detection of invasive cells:

Each group was cultured for 48 h and resuspended after digestion. Transwell chamber was plated with Matrigel, inoculated with cells and cultured for 24 h. After removal, residual cells were wiped off with a cotton swab, fixed with formaldehyde for 10 min and stained with 0.1 % crystal violet for 10 min. Microscopic observation was performed and it was photographed and counted. Mean value of 5 visual fields was calculated for each group.

#### Protein expression by western blot:

Total protein in each group of cells was extracted, electrophoresed by Sodium Dodecyl-Sulfate Polyacrylamide Gel Electrophoresis (SDS-PAGE), then transferred to Polyvinylidene Fluoride (PVDF) membrane by wet rotation method, blocked in 5 % skim milk solution for 1.5 h, first added primary antibody at 4° for overnight, then added secondary antibody at room temperature for 2 h, developed by Electrochemiluminescence (ECL), analyzed the gray value of protein band and calculated the relative expression amount of protein.

#### Expression levels of circ\_0000419 and miR-224 by Real-Time Fluorescence Quantitative Polymerase Chain Reaction (RT-qPCR):

The total DNA of each group of cells was extracted, the Complementary DNA (cDNA) was synthesized and amplified by RT-PCR at 95° for 5 min, 95° for 30 s, 60° for 30 s and 72° for 30 s for 40 cycles and the relative expression amount was calculated by  $2^{-\Delta\Delta Ct}$  method. Using Glyceraldehyde 3-Phosphate Dehydrogenase (GAPDH) and U6 as internal parameters, the sequence upstream primer of circ 0000419 was 5'-AAGTCGGAAGCAGCTCACAA-3' primer sequence was downstream and the 5'-GTTTCACCGAAACCTCCCGA-3'; GAPDH upstream primer sequence: 5'-TGTTGCCATCAATCACCCCTT-3', primer sequence: downstream 5' - CTCCACCGACGTACTCAGCG-3';miR-224 upstream primer sequence: 5'-GCGAGGTCAAGTCACTAGTGGT-3', sequence: downstream primer 5'-CGAGAAGCTTGCATCACCAGAGAACG-3'; U6 upstream primer sequence: 5'-CTCGCTTCGGCAGCACATATACT-3', sequence: downstream primer 5'-ACGCTTCACGAATTTGCGTGTC-3'; the primer was synthesized by Shanghai Sangon Biotech Co., Ltd.

The Wild Type (wt) and Mutant (mut) luciferase vectors of circ\_0000419 were constructed and cotransfected into Caco-2 cells with miR-NC and miR-224, respectively and cell luciferase activity was tested as described in the kit.

#### Statistical analysis:

**Dual-luciferase reporter assay:** 

Statistical Package for the Social Sciences (SPSS) 20.0 software was used for statistical analysis. The measurement data conforming to normal distribution were expressed as mean $\pm$ Standard Deviation (SD) ( $\bar{x}\pm s$ ), t test was performed for comparison between two groups. One-way analysis of variance was used for comparison among multiple groups, p<0.05 was used as statistical significance.

### **RESULTS AND DISCUSSION**

Effects of vitexicarpin on proliferation and apoptosis of Caco-2 cells were described below. Compared with the control group, the activity of Caco-2 cells decreased in low, middle and high dose groups of vitexicarpin, the colony formation number decreased and the apoptosis rate increased (p<0.05) (fig. 1 and Table 1).

Effect of vitexicarpin on migration and invasion of Caco-2 cells were given below. Compared with the control group, the migration distance of Caco-2 cells decreased, the number of invasive cells decreased, the expression level of E-cadherin increased and the expression level of N-cadherin decreased in the low, middle and high dose groups of vitexicarpin (p<0.05) (fig. 2 and Table 2).

Effect of vitexicarpin on the expression of circ\_0000419 and miR-224 in Caco-2 cells were shown below. Circ\_0000419 expression in Caco-2 cells was increased and miR-224 expression was decreased in the low, middle and high dose groups of vitexicarpin compared with control group (p<0.05) (Table 3).

Effect of circ\_0000419 on the migration and invasion of Caco-2 proliferation and apoptosis is explained below. Compared with the pcDNA group, the pcDNAcirc\_0000419 group had higher levels of circ\_0000419 expression, lower levels of miR-224 expression, lower Caco-2 cell viability, lower numbers of colony formation, higher rates of apoptosis, lower cell migration distances, lower numbers of invasive cells, higher levels of E-cadherin expression and lower levels of N-cadherin expression (p<0.05) (fig. 3 and Table 4).

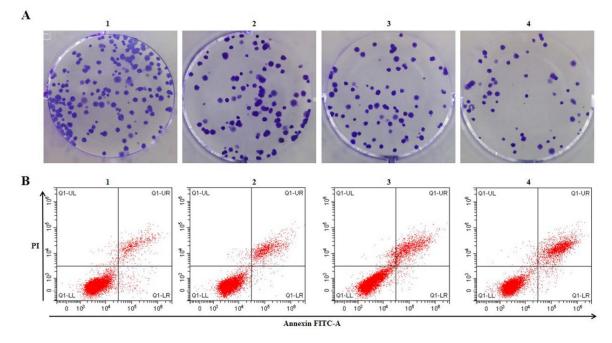


Fig. 1: The effect of vitexicarpin on Caco-2 colony formation and apoptosis, (1) Control; (2) low dose of vitexicarpin; (3) middle dose of vitexicarpin; (4) high dose of vitexicarpin

TABLE 1: VITEXICARPIN INHIBITS CACO-2 PROLIFERATION AND INDUCES CACO-2 APOPTOSIS (x+	,
n=3)	

Grouping	OD value	Number of colony formation (nos.)	Apoptosis rate (%)
Control	1.34±0.09	134.33±6.24	7.02±0.36
Low dose of vitexicarpin	1.10±0.06*	107.00±5.72*	11.59±0.47*
Middle dose of vitexicarpin	0.84±0.05*	76.67±4.64*	15.86±0.85*
High dose of vitexicarpin	0.57±0.03*	53.67±2.49*	22.33±0.99*
F	87.543	149.626	247.853
р	0.000	0.000	0.000

Note: Compared with control group, \*p<0.05

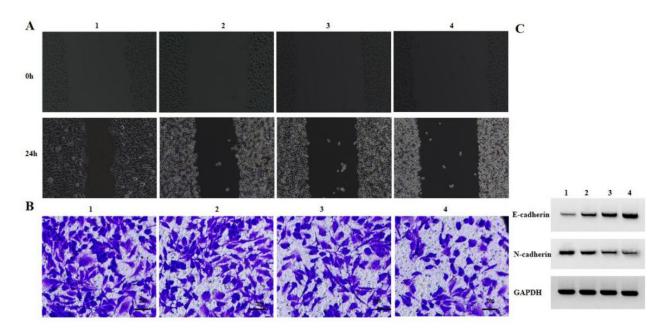


Fig. 2: The effect of vitexicarpin on the migration distance of Caco-2, the number of invasive cells and the expression of E-cadherin and N-cadherin, (1) Control; (2) low dose of vitexicarpin; (3) middle dose of vitexicarpin; (4) high dose of vitexicarpin

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#### TABLE 2: VITEXICARPIN INHIBITS CACO-2 MIGRATION AND INVASION (x±s, n=3)

Grouping	Migration distance (µm)	Number of invasive cells (nos.)	E-cadherin	N-cadherin
Control	185.75±7.49	155.00±5.72	0.14±0.02	0.75±0.06
Low dose of vitexicarpin	149.84±5.60*	129.33±4.50*	0.36±0.03*	0.46±0.04*
Middle dose of vitexicarpin	114.82±5.16*	97.33±3.30*	0.58±0.05*	0.27±0.03*
High dose of vitexicarpin	83.31±3.54*	65.33±2.05*	0.80±0.06*	0.13±0.01*
F	185.283	266.959	130.811	139.274
р	0.000	0.000	0.000	0.000

Note: Compared with control group, \*p<0.05

#### TABLE 3: DETECTION OF CIRC\_0000419 and miR-224 EXPRESSION (x±s, n=3)

Grouping	Circ_0000419	miR-224
Control	1.00±0.00	1.00±0.00
Low dose of vitexicarpin	1.65±0.07*	0.78±0.05*
Middle dose of vitexicarpin	2.28±0.09*	0.47±0.04*
High dose of vitexicarpin	4.19±0.13*	0.19±0.02*
F	760.321	335.111
р	0.000	0.000

Note: Compared with control group, \*p<0.05

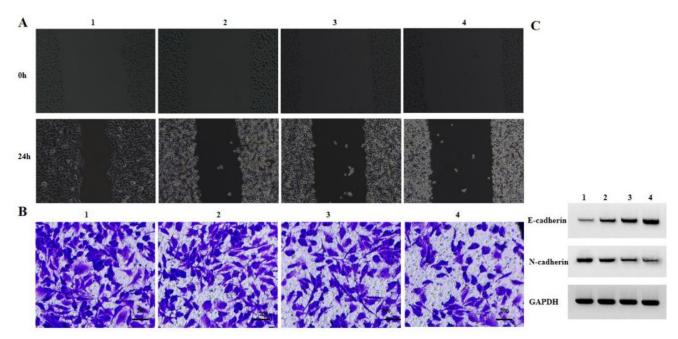


Fig. 3: The effect of circ\_0000419 on Caco-2 colony formation, apoptosis, migration distance, number of invasive cells and expression of E-cadherin and N-cadherin

# TABLE 4: CIRC\_0000419 INHIBITS CACO-2 PROLIFERATION, MIGRATION AND INVASION AND INDUCES CACO-2 APOPTOSIS ( $\bar{x}\pm s$ , n=3)

Grouping	Circ _0000419	miR-224	OD value	Number of colony formation (nos.)	Apoptosis rate (%)	Migration distance (µm)	Number of invasive cells (nos.)	E -cadherin	N -cadherin
pcDNA	1.00±0.00	1.00±0.00	1.34±0.09	134.67±7.13	7.04±0.46	186.03±7.92	155.67±6.60	0.14±0.01	0.76±0.06
pcDNA- circ_0000419	3.85±0.07*	0.23±0.02*	0.66±0.03*	59.33±3.40*	20.47±0.94*	97.18±4.12*	74.33±2.62*	0.68±0.06*	0.23±0.02*
t	4.924	66.684	12.415	16.250	22.227	17.238	19.840	15.376	14.515
p Noto: Compared	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000

Note: Compared with pcDNA group, p<0.05

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Effect of miR-224 inhibition on migration and invasion of Caco-2 proliferation and apoptosis is given below. Compared with the anti-miR-NC group, the antimiR-224 group had lower levels of miR-224 expression, lower levels of Caco-2 cell viability, lower numbers of colony formation, higher rates of apoptosis, lower cell migration distances, lower numbers of invasive cells, higher levels of E-cadherin expression and lower levels of N-cadherin expression (p<0.05) (fig. 4 and Table 5).

Verification of target relationship between circ\_0000419 and miR-224 is explained here. The circ\_0000419 and miR-224 had complementary sequences (fig. 5); the luciferase activity of cells co-transfected with wtcirc\_0000419 and miR-224 was lower than that of Caco-2 cells co-transfected with wt-circ\_0000419 and miR-NC (p<0.05); while the luciferase activity of cells co-transfected with mut-circ\_0000419 and miR-224 or miR-NC was not significantly different (Table 6).

Effect of interference with circ\_0000419 or overexpression of miR-224 on proliferation, apoptosis

and migration of Caco-2 induced by vitexicarpin is shown below. Compared with vitexicarpin group, vitexicarpin+si-circ\_0000419 group and vitexicarpin+miR-224 group had higher expression level of miR-224, higher activity of Caco-2 cells, higher number of colony formation, lower apoptosis rate, longer migration distance, higher number of invasive cells, lower expression level of E-cadherin and higher expression level of N-cadherin (p<0.05) (fig. 6, Table 7 and Table 8).

Recent studies have shown that TCM has unique advantages in the adjuvant treatment of colorectal cancer, can improve the prognosis of patients with colorectal cancer and improve the quality of life of patients and plays an important role in the treatment of colon cancer<sup>[11,12]</sup>. It has been reported that vitexicarpin inhibits rat pituitary tumor cell line (GH3), pituitary adenoma cell proliferation through mitochondria-mediated apoptosis<sup>[13]</sup>. Vitexicarpin inhibits cell proliferation and reduces gastric cell migration and invasion by down-regulating the expression of G protein subunit alpha O1

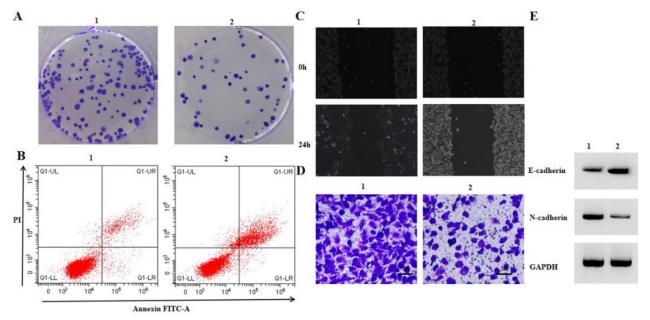


Fig. 4: The effect of inhibiting miR-224 on Caco-2 colony formation, apoptosis, migration distance, number of invasive cells and expression of E-cadherin and N-cadherin

TABLE 5: INHIBITION OF miR-224 CAN INHIBIT CACO-2 PROLIFE	RATION, MIGRATION AND INVASION
AND INDUCE CACO-2 APOPTOSIS (x±s, n=3)	

Grouping	miR-224	OD value	Number of colony formation (nos.)	Apoptosis rate (%)	Migration distance (µm)	Number of invasive cells (nos.)	E-cadherin	N-cadherin
Anti-miR-NC	1.00±0.00	1.36±0.09	134.33±6.02	7.04±0.47	185.49±9.99	154.67±7.41	0.13±0.02	0.75±0.07
Anti-miR-224	0.12±0.01*	0.53±0.03*	45.00±1.63*	25.03±1.03*	74.52±2.71*	54.33±1.70*	0.89±0.06*	0.05±0.02*
t	152.420	15.154	24.808	27.522	18.569	22.860	20.813	16.654
р	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000

Note: Compared with anti-miR-NC group, \*p<0.05

#### wt-circ\_0000419 5'

#### miR-224 3' UUGCCUUGGUGAUCACUGAAC 5'

## mut-circ\_0000419 5'

#### 3' GCGACAAGU

GCUGACUUAU 3'

Fig. 5: The complementary sequence of circ\_0000419 and miR-224

#### TABLE 6: DUAL-LUCIFERASE REPORTER ASSAY (x±s, n=3)

Group	Wt-circ_0000419	Mut-circ_0000419
miR-NC	1.01±0.10	0.99±0.08
miR-224	0.36±0.03*	0.93±0.06
t	10.784	1.039
р	0.000	0.357

Note: Compared with miR-NC group, \*p<0.05

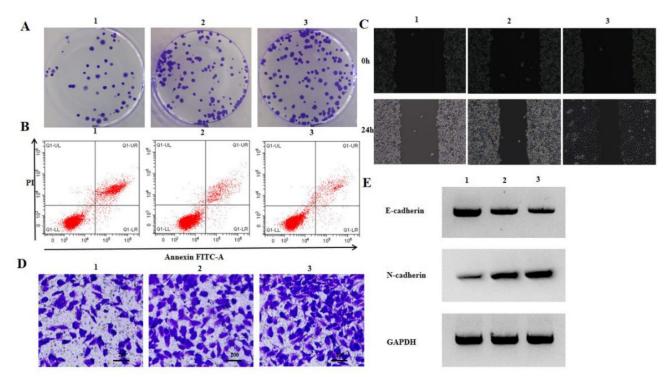


Fig. 6: The effect of interference with circ\_0000419 or overexpression of miR-224 on Caco-2 colony formation, apoptosis, migration distance, number of invasive cells and the expression of E-cadherin and N-cadherin induced by vitexicarpin

#### TABLE 7: INTERFERENCE WITH CIRC 0000419 OR OVEREXPRESSION OF miR-22 CAN REVERSE THE EFFECT OF VITEXICARPINE ON THE PROLIFERATION AND APOPTOSIS OF CACO-2 (x±s, n=3)

Grouping	Circ_0000419	miR-224	OD value	Number of colony formation (nos.)	Apoptosis rate (%)
Vitexicarpin	4.20±0.16	0.19±0.03	0.57±0.04	53.67±2.36	22.38±1.00
Vitexicarpin+si-circ_0000419	1.28±0.07*	0.84±0.05*	1.15±0.06*	115.33±4.92*	9.48±0.63*
Vitexicarpin+miR-224	-	0.93±0.05*	1.25±0.08*	125.67±5.31*	7.77±0.32*
F(t)	28.960	248.695	104.586	235.274	382.965
p	0.000	0.000	0.000	0.000	0.000

Note: Compared with the vitexicarpin group, the \*p<0.05

(GNAO1)<sup>[14]</sup>. Vitexicarpin inhibits esophageal cancer cell proliferation and promotes apoptosis by modulating mitochondrial apoptosis and c-Jun N-terminal kinase September-October 2021

(JNK) signaling pathways<sup>[15]</sup>. Vitexicarpin impairs the growth of oral cancer cellosaurus cell line (SCC-4) cells and induces apoptosis through cell cycle arrest<sup>[16]</sup>.

TABLE 8: INTERFERENCE WITH CIRC_0000419 OR OVEREXPRESSION OF miR-22 CAN REVERSE THE
EFFECT OF VITEXICARPIN ON THE MIGRATION AND INVASION OF CACO-2 (x±s, n=3)

Grouping	Migration distance (µm)	Number of invasive cells (nos.)	E-cadherin	N-cadherin
Vitexicarpin	84.03±4.12	64.67±1.70	0.80±0.07	0.14±0.01
Vitexicarpin+si-circ_0000419	160.46±5.11*	136.67±4.19*	0.24±0.02*	0.57±0.05*
Vitexicarpin+ miR-224	177.60±5.95*	148.67±5.31*	0.18±0.01*	0.66±0.06*
F	284.575	381.891	194.889	112.113
р	0.000	0.000	0.000	0.000

Note: Compared with the vitexicarpin group, the \*p<0.05  $\,$ 

The above studies indicate that vitexicarpin inhibits the malignant biological behavior of a variety of tumors. In this study, after treatment of Caco-2 cells with different concentrations of Vitein decreased cell viability, the results showed increased apoptosis rate, decreased colony formation and number of invasive cells, decreased cell migration distance, increased expression of E-cadherin and decreased expression of N-cadherin, indicating that vitexicarpin inhibits the proliferation, migration and invasion of Caco-2 cells and promotes the apoptosis of cells.

Inhibition of miR-224 has been reported to reduce colorectal cancer cell proliferation, enhance apoptosis and reduce doxorubicin resistance in cellosaurus cell line SW80 cells<sup>[17]</sup>. Inhibition of miR-224 inhibits proliferation, migration and invasion of cervical cancer cells by targeting pentraxin-related protein PTX3<sup>[18]</sup>. Here we show that inhibition of miR-224 expression decreases Caco-2 cell viability, increases apoptosis rate, decreases colony formation and number of invasive cells, decreases cell migration distance, increases E-cadherin expression and decreases N-cadherin expression, indicating that inhibition of miR-224 expression inhibits Caco-2 cell proliferation, migration and invasion and promotes apoptosis, which is consistent with previous studies of the effects of miR-224 on colorectal cancer.

Furthermore, it has been reported that circ-ITCH [E3 ubiquitin-protein ligase] inhibits the proliferation, migration and invasion of bladder cancer by sponging miR-17/miR-224 and regulating the expression of cyclin-dependent kinase inhibitor p21 and Phosphatase and Tensin Homolog (PTEN)<sup>[19]</sup>. Circ\_0004872 inhibits gastric cancer progression by modulating miR-224<sup>[20]</sup>. These results suggest that circRNA may influence tumor progression by modulating miR-224. Our results show that circ\_0000419 targets the regulation of miR-224 expression. To investigate the effect of circ\_0000419 on the biological behavior of colorectal cancer, we overexpressed circ\_0000419. The results showed that the activity of Caco-2 cells decreased,

the rate of apoptosis increased, the number of colony formation and the number of invasive cells decreased, the migration distance decreased, the expression level of E-cadherin increased and the expression level of N-cadherin decreased, indicating that overexpression of circ 0000419 inhibited the proliferation, migration and invasion of Caco-2 cells and promoted the apoptosis of Caco-2 cells. Gardenoside has been reported to promote apoptosis by down regulating miR-224, which inhibits proliferation, migration and invasion of human liver cancer cell line HepG2 and cellosaurus cell line Huh-7 cells<sup>[21]</sup>. Our results suggest that vitexicarpin increases the expression of circ 0000419 and decreases the expression of miR-224, whereas interference with circ 0000419 or overexpression of miR-224 reverses the effects of vitexicarpin on proliferation, apoptosis, migration and invasion of Caco-2 cells.

In conclusion, vitexicarpin can inhibit the malignant biological behavior of colorectal cancer cells by circ\_0000419/miR-224.

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#### **Conflicts of interest:**

The authors declared no conflict of interest.

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